



FACULDADE DE
MEDICINA
LISBOA



Functional mitral regurgitation revisited CMR and CT: added value?

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Functional mitral regurgitation

Ischemic

- Inferior MI
- Papillary muscle rupture – LCX/RCA
- Anterior MI and LV remodeling

Non-ischemic

- Dilated CMP
- HCM



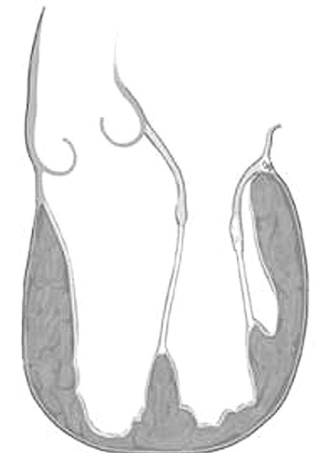
Type I



Type II

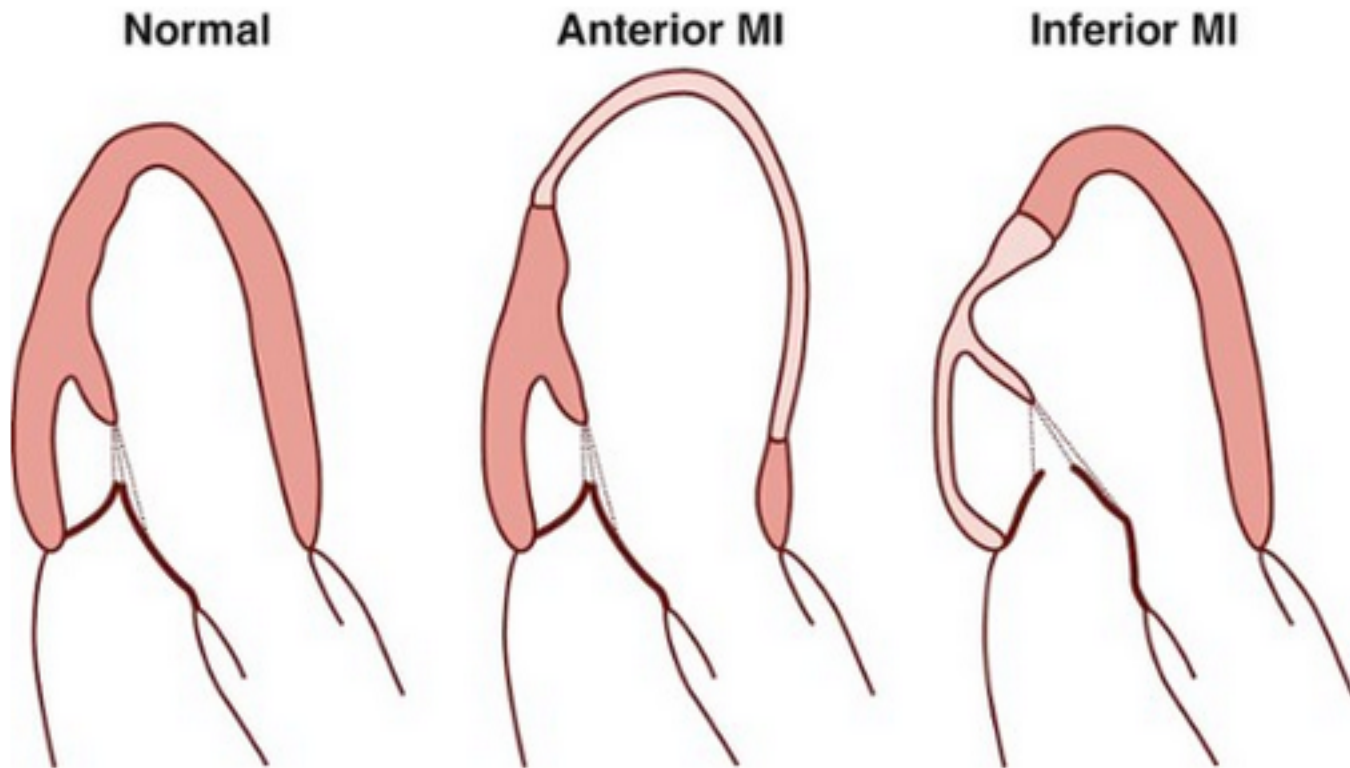


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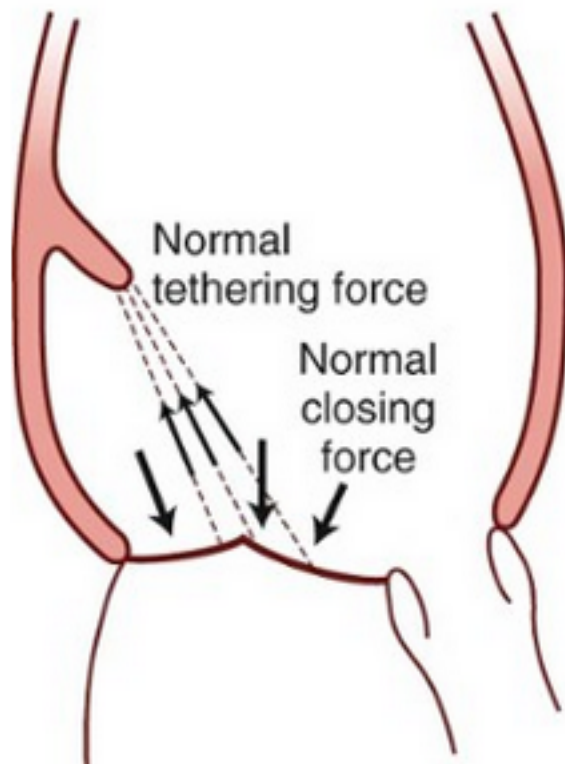


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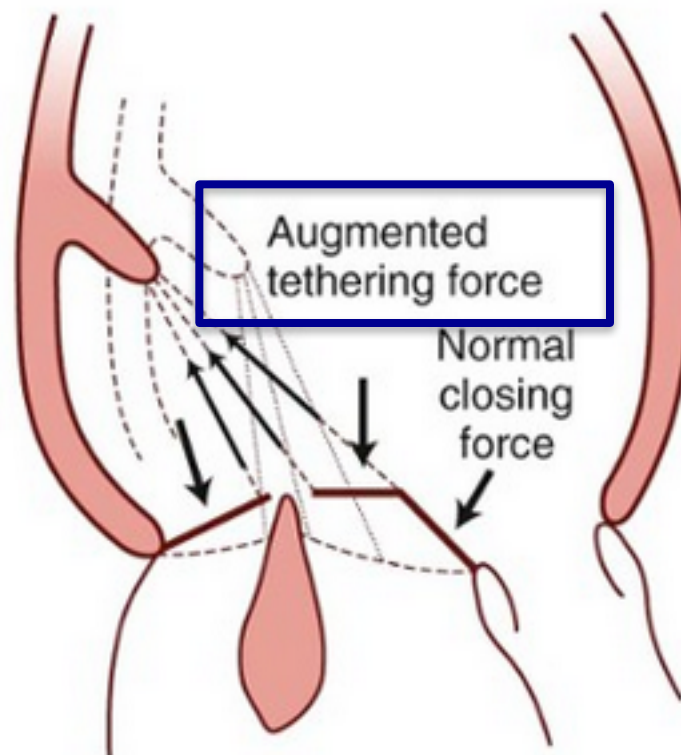
Ischemic mitral regurgitation



Normal



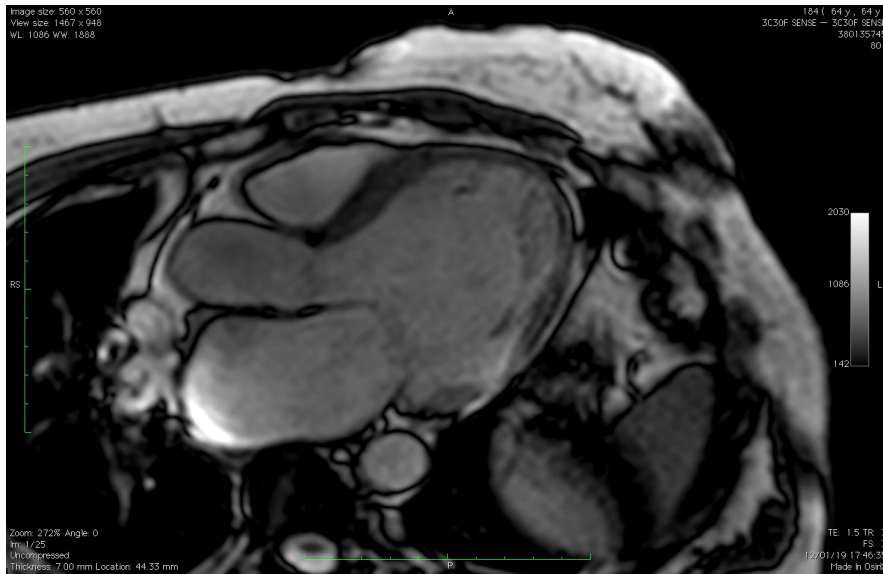
LV dilation



Asymmetric versus Symmetric Tethering

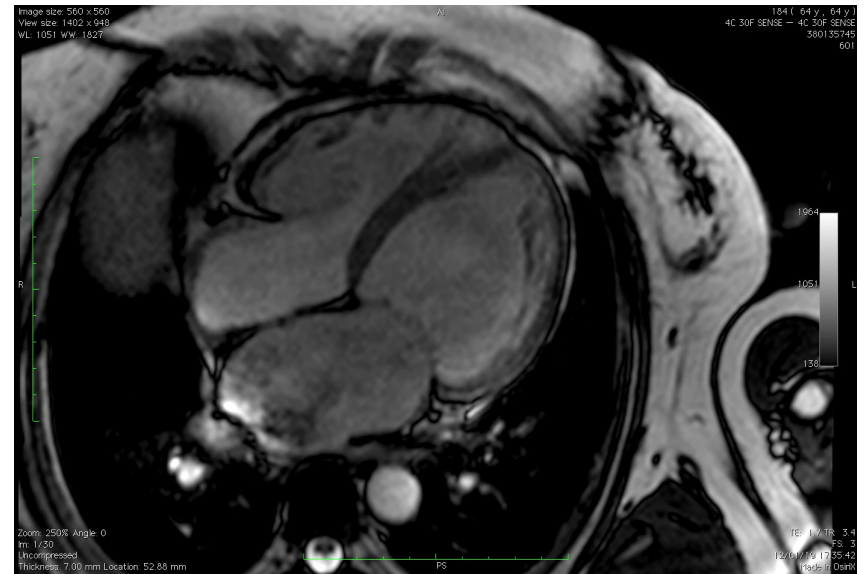
	ASYMMETRIC	SYMMETRIC
Etiology	Inferior myocardial infarction (MI)	Large anterior or multiple MIs Nonischemic cardiomyopathy
Tethering	Posterior leaflet	Both leaflets
Tenting	Increased	Markedly increased
Annulus	Mild to no dilation	Dilated, flattened
Left ventricular remodeling	Inferior wall alone	Global dilation with increased sphericity
Mitral regurgitation jet direction	Posterior	Usually central

Posterior MI



Localized remodelling
PM displacement
Mild annulus dilatation
Asymmetric tethering
Moderate tenting

Ischemic cardiomyopathy



Global remodelling
Annulus dilatation
Symmetric tethering
Severe tenting

➤ **CMR and CT**

➤ Added value to echo assessment?

- ***Mitral regurgitation severity***

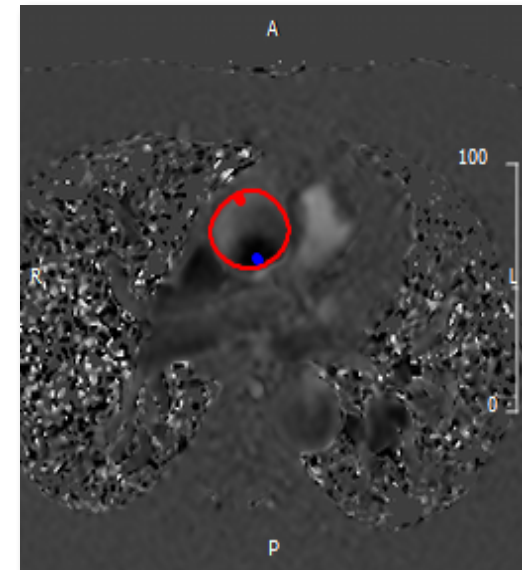
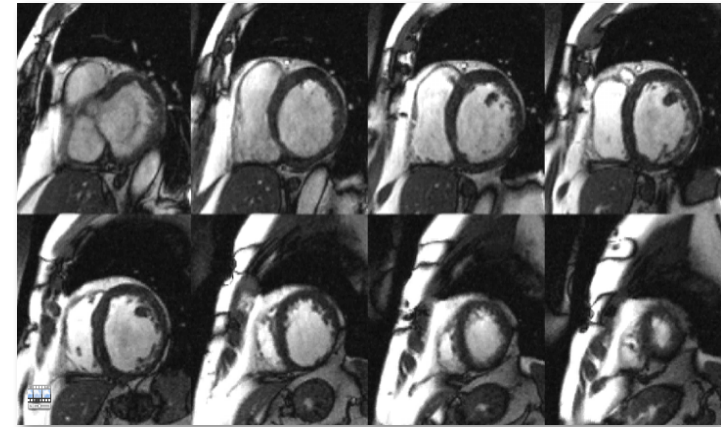
CMR: Qualitative assessment



Quantitative assessment

- LV stroke volume-RV stroke volume = Rvol and RF
- LV stroke volume-aortic forward flow = Rvol/RF

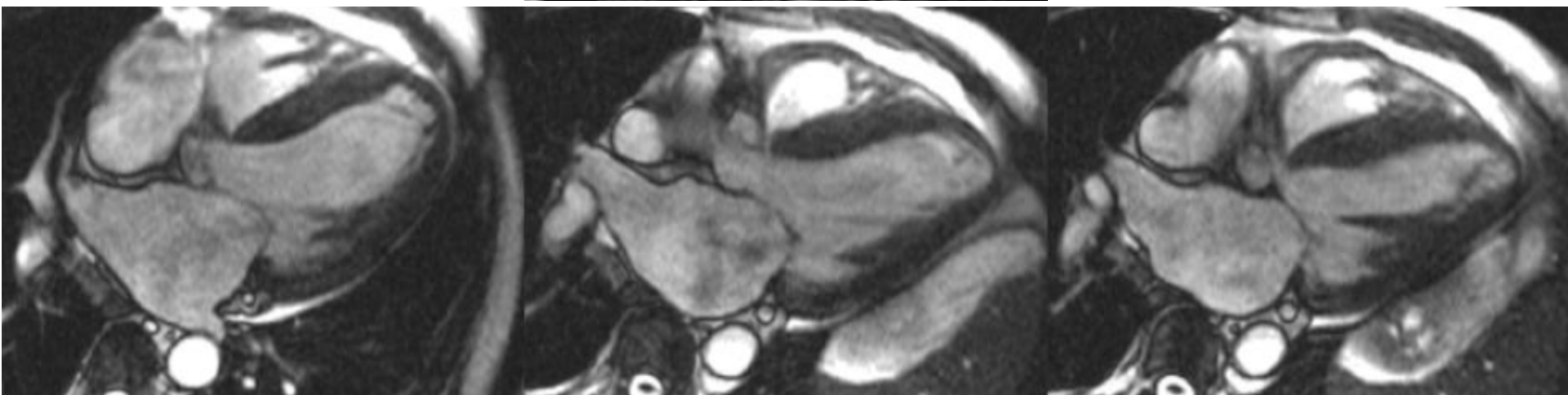
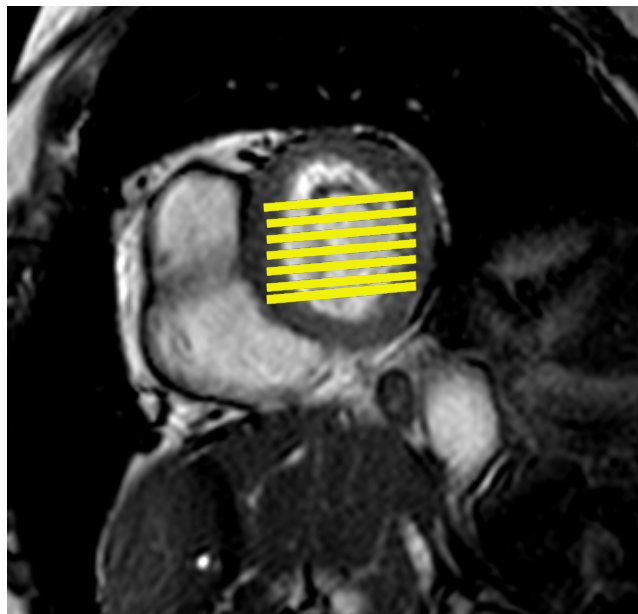
- Accurate and reproducible assessment, independent of jet number and eccentricity
- Reliable when there are 2 associated lesions



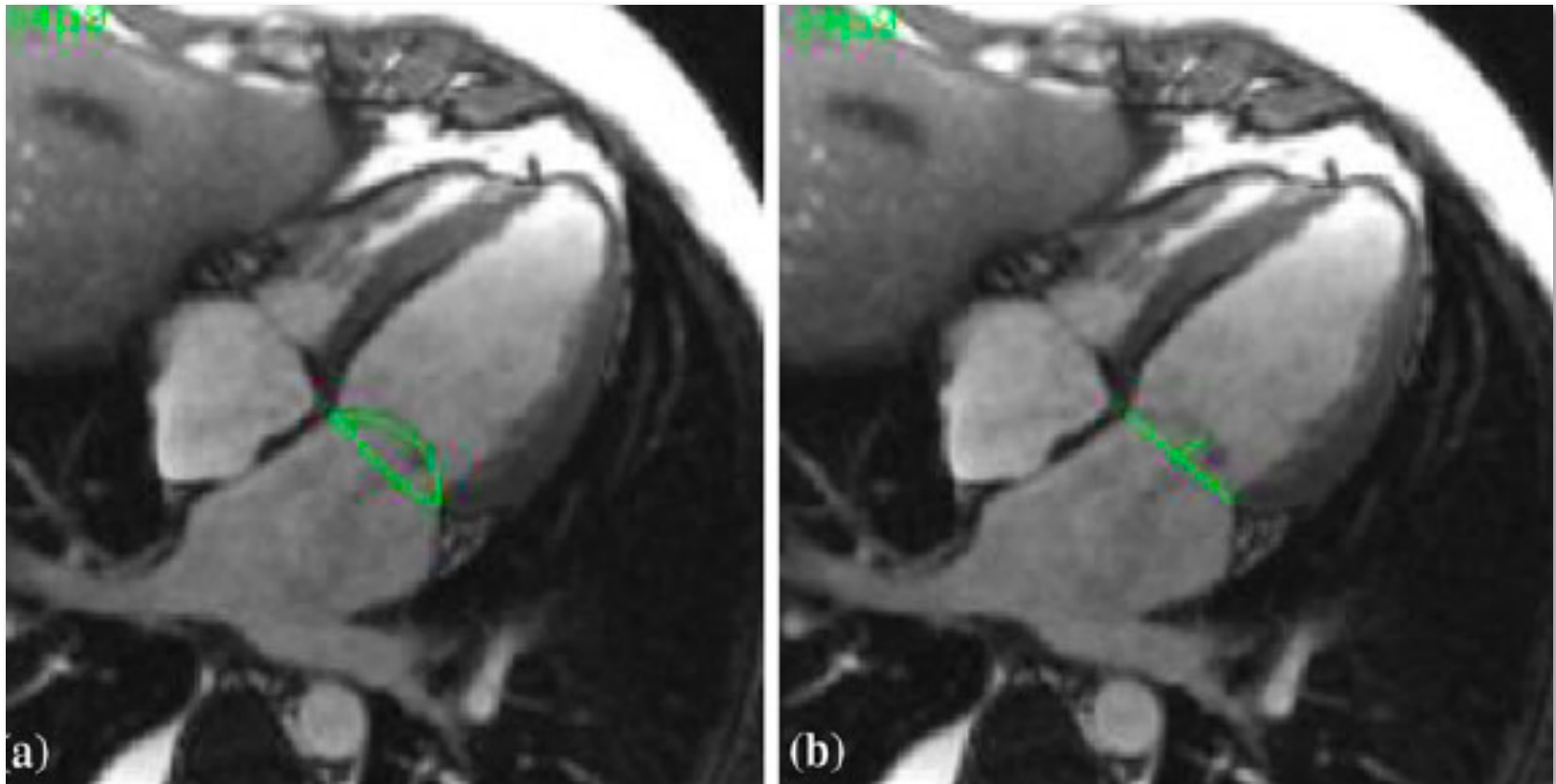
- *Anatomic characterization, etiology and prediction of fMR*

CMR: Mitral valve anatomy

5 mm stack covering
all MV scallops



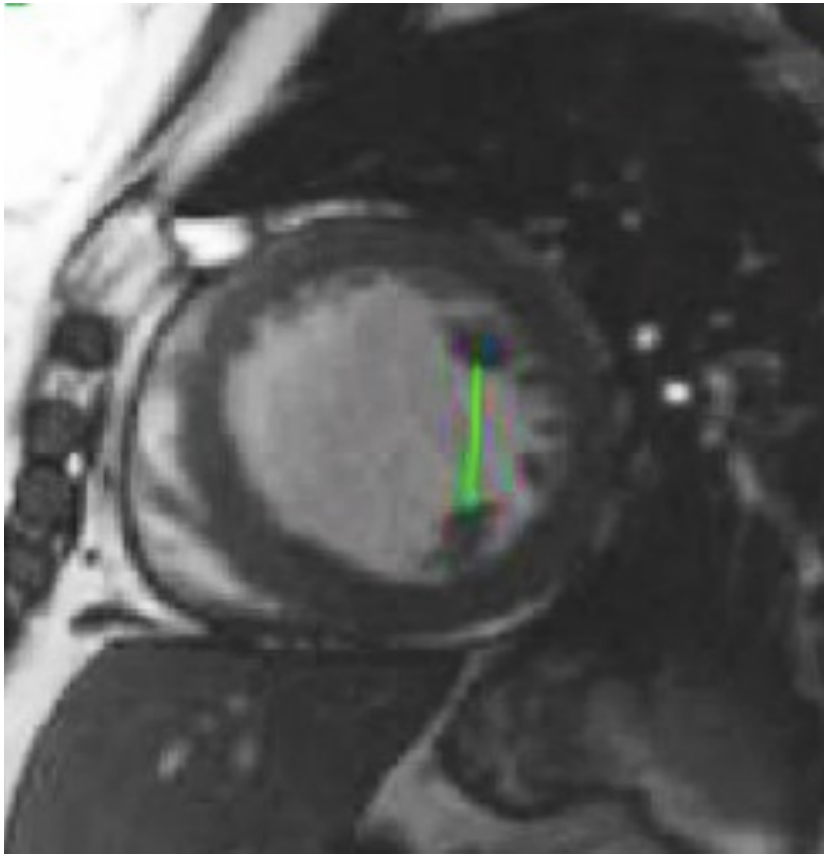
CMR and CT



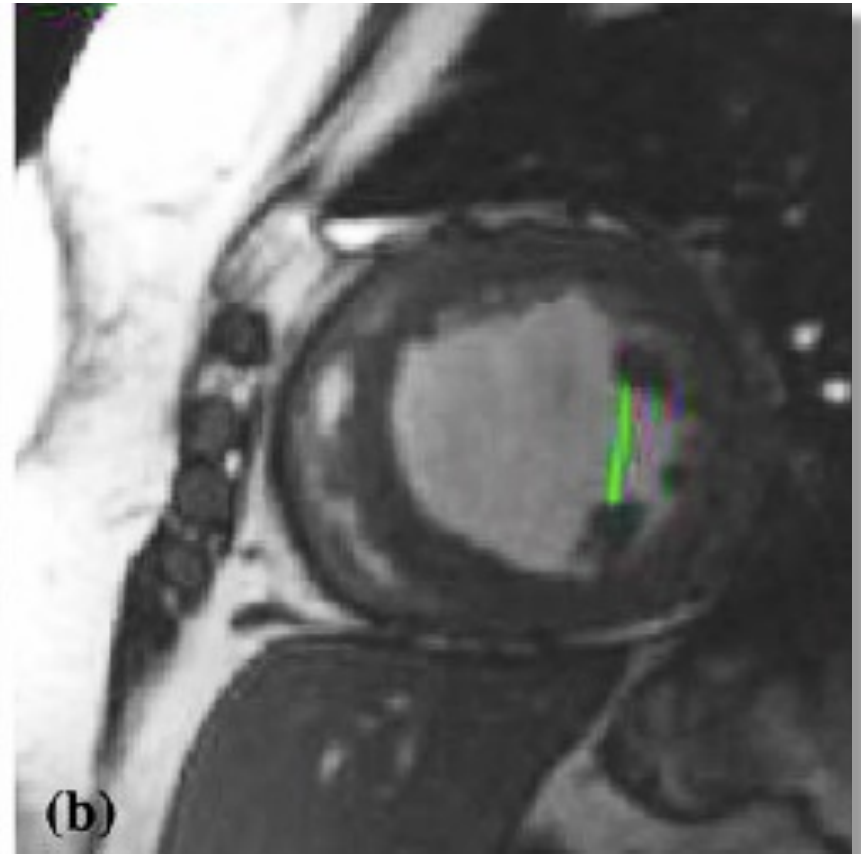
➤ Tenting area, coaptation depth, annulus dimension, leaflet length

CMR better than CT (temporal resolution)

ED inter PM distance



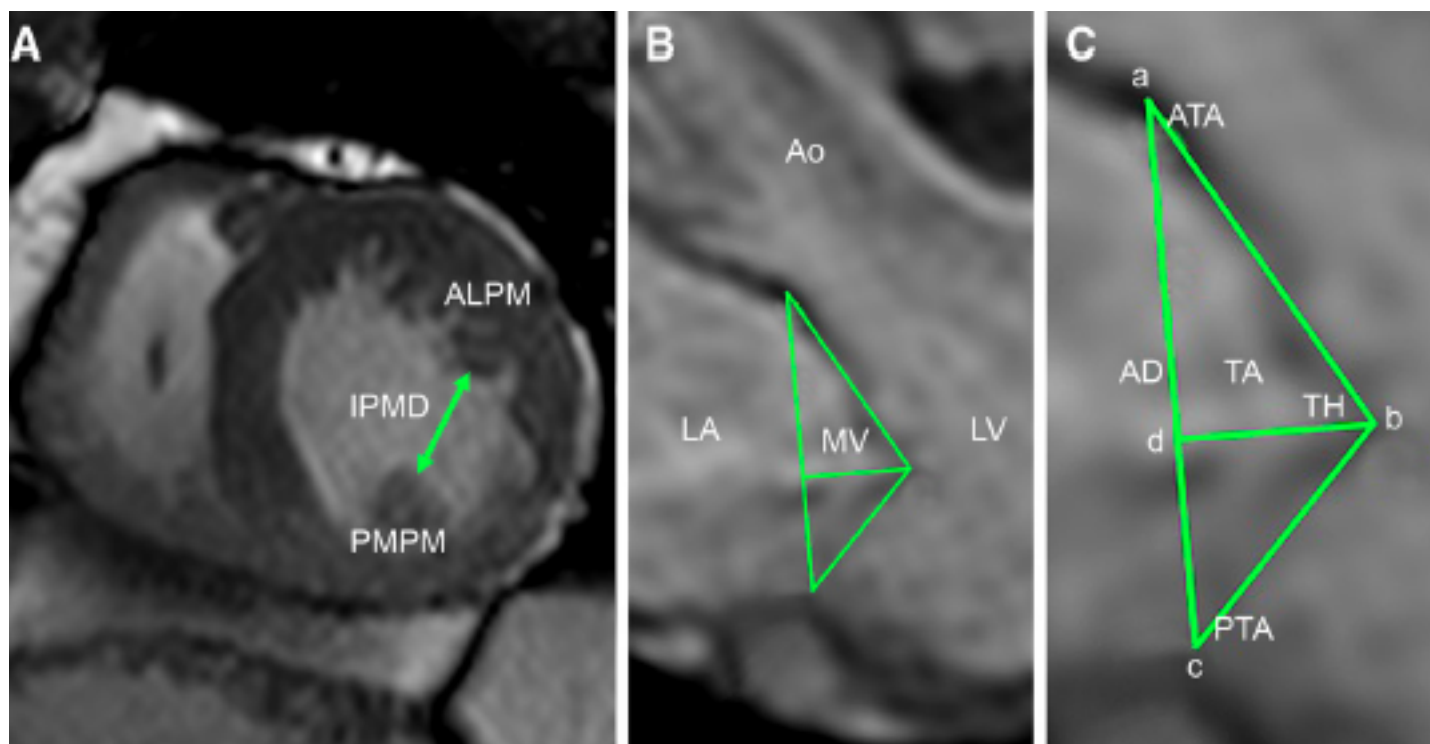
ES inter PM distance



Cardiac magnetic resonance determinants of functional mitral regurgitation in ischemic and non ischemic left ventricular dysfunction

	MR+ (mean $\pm$ SD)	MR- (mean $\pm$ SD)	<i>P</i>
ILVD <i>n</i> = 45			
Tenting area (cm ²)	2.12 $\pm$ 0.77	1.16 $\pm$ 0.69	0.001
Coaptation depth (cm)	1.04 $\pm$ 0.32	0.62 $\pm$ 0.24	<0.001
Mitral annular diameter (cm)	3.57 $\pm$ 0.68	3.10 $\pm$ 0.48	0.007
Anterior MV leaflet length (cm)	2.42 $\pm$ 0.32	1.99 $\pm$ 0.43	0.009
Posterior MV leaflet length (cm)	1.65 $\pm$ 0.36	1.32 $\pm$ 0.29	0.007
ED inter PM distance (cm)	3.44 $\pm$ 0.90	2.72 $\pm$ 0.59	0.006
ES inter PM distance (cm)	2.77 $\pm$ 0.81	2.02 $\pm$ 0.67	0.007
MV ED inter-commissural diameter (cm)	3.84 $\pm$ 0.56	3.60 $\pm$ 0.51	0.243
MV ES inter-commissural diameter (cm)	2.75 $\pm$ 0.47	2.29 $\pm$ 0.45	0.017
NILVD <i>n</i> = 35			
Tenting area (cm ²)	1.75 $\pm$ 0.80	1.35 $\pm$ 0.58	0.105
Coaptation depth (cm)	0.91 $\pm$ 0.28	0.73 $\pm$ 0.24	0.062
Mitral annular diameter (cm)	3.08 $\pm$ 0.72	3.20 $\pm$ 0.47	0.602
Anterior MV leaflet length (cm)	2.15 $\pm$ 0.42	2.07 $\pm$ 0.31	0.541
Posterior MV leaflet length (cm)	1.71 $\pm$ 0.47	1.49 $\pm$ 0.37	0.147
ED inter PM distance (cm)	3.04 $\pm$ 0.47	2.51 $\pm$ 0.51	0.008
ES inter PM distance (cm)	2.19 $\pm$ 0.48	1.60 $\pm$ 0.41	0.001
MV ED inter-commissural diameter (cm)	3.69 $\pm$ 0.28	3.80 $\pm$ 0.41	0.351
MV ES inter-commissural diameter (cm)	2.59 $\pm$ 0.35	2.41 $\pm$ 0.43	0.269

Chronic ischemic mitral regurgitation and papillary muscle infarction detected by late gadolinium-enhanced cardiac magnetic resonance imaging in patients with ST-segment elevation myocardial infarction

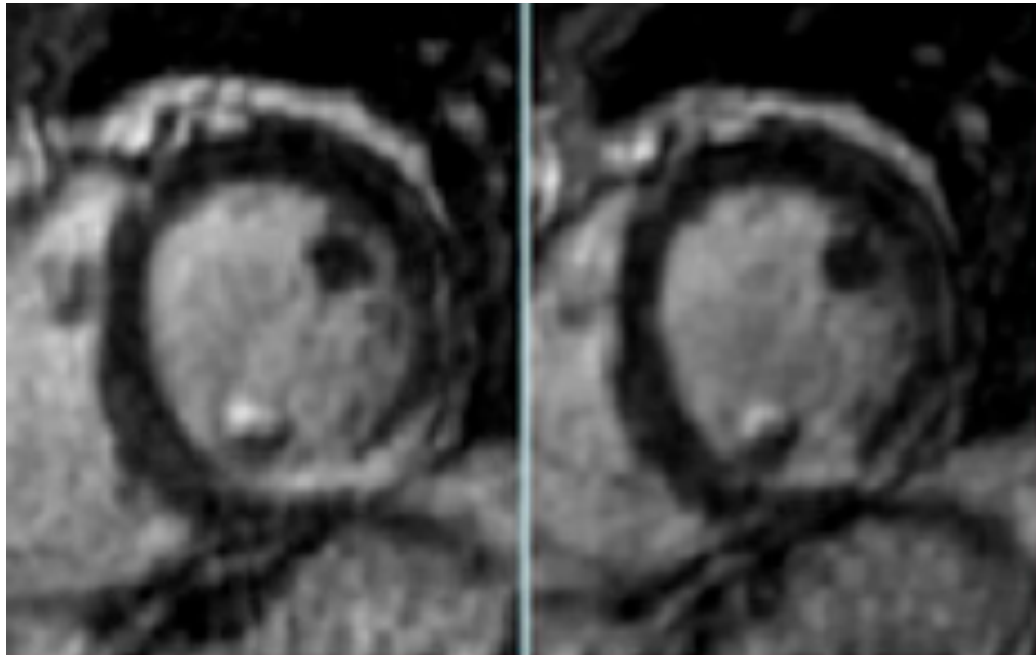


380 pts with MI, 20% with partial PM infarction

Predictors of Functional Mitral Regurgitation

Variable	Univariate analysis		Multivariate analysis	
	OR (95 % CI)	<i>P</i> value	OR (95 % CI)	<i>P</i> value
<u>Age, years</u>	1.07 (1.04–1.10)	<0.001	1.08 (1.04–1.11)	<0.001
Female	1.40 (0.76–2.57)	0.285	—	
Maximum CK level, U/L	1.00 (1.00–1.00)	0.001	—	
Preintervention TIMI flow grade <3	3.03 (1.36–6.79)	0.007	—	
<u>Infarct size, % LV hyperenhancement</u>	1.07 (1.03–1.11)	<0.001	1.09 (1.03–1.16)	0.003
Inferior MI	1.99 (0.97–4.11)	0.062	—	
PMI	3.02 (1.67–5.46)	<0.001	—	
LA volume, ml	1.02 (1.01–1.04)	0.003	—	
LV end-systolic diameter, mm	1.04 (1.00–1.09)	0.058	—	
Systolic sphericity index, %	1.06 (1.01–1.10)	0.012	—	
<u>Interpapillary muscle distance, mm</u>	2.79 (1.54–5.04)	0.001	3.32 (1.31–8.42)	0.011
LVEF, %	0.97 (0.94–1.00)	0.040	—	
Wall motion score index	3.60 (1.38–9.41)	0.009	—	
<u>Tethering height, mm</u>	19.03 (4.57–79.22)	<0.001	19.30 (3.28–113.61)	0.001
Tethering area, mm ²	3.04 (1.56–5.93)	0.001	—	
Posterior tethering angle, °	1.05 (1.02–1.08)	0.003	—	
Anterior tethering angle, °	1.07 (1.02–1.12)	0.004	—	

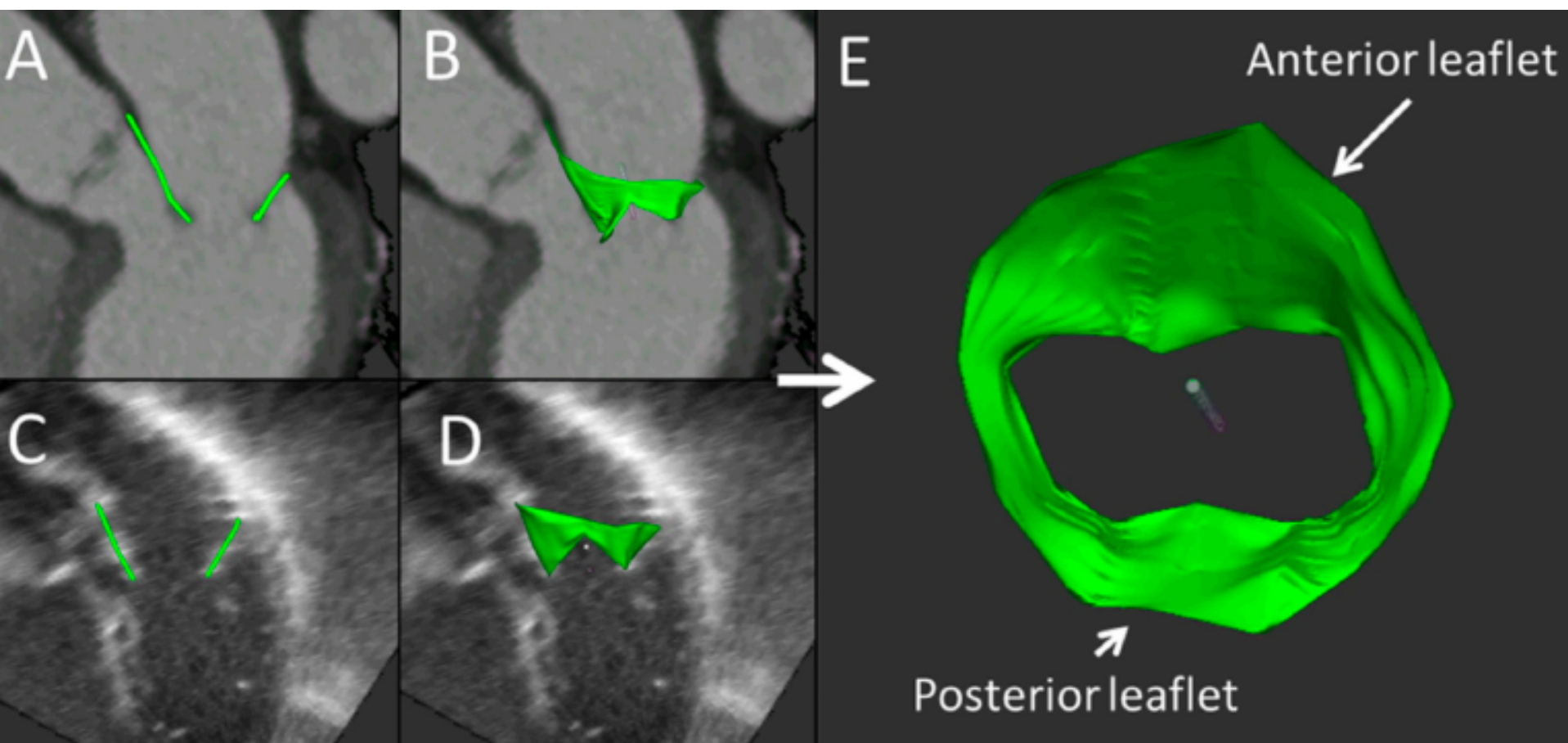
Mitral Apparatus Assessment by Delayed Enhancement CMR – Relative Impact of Infarct Distribution on Mitral Regurgitation



- 153 first MI, PMI 30% - PMI was not independently associated to fMR
- In multivariable analysis, **lateral wall infarct size** was independently associated with $\geq$ moderate fMR

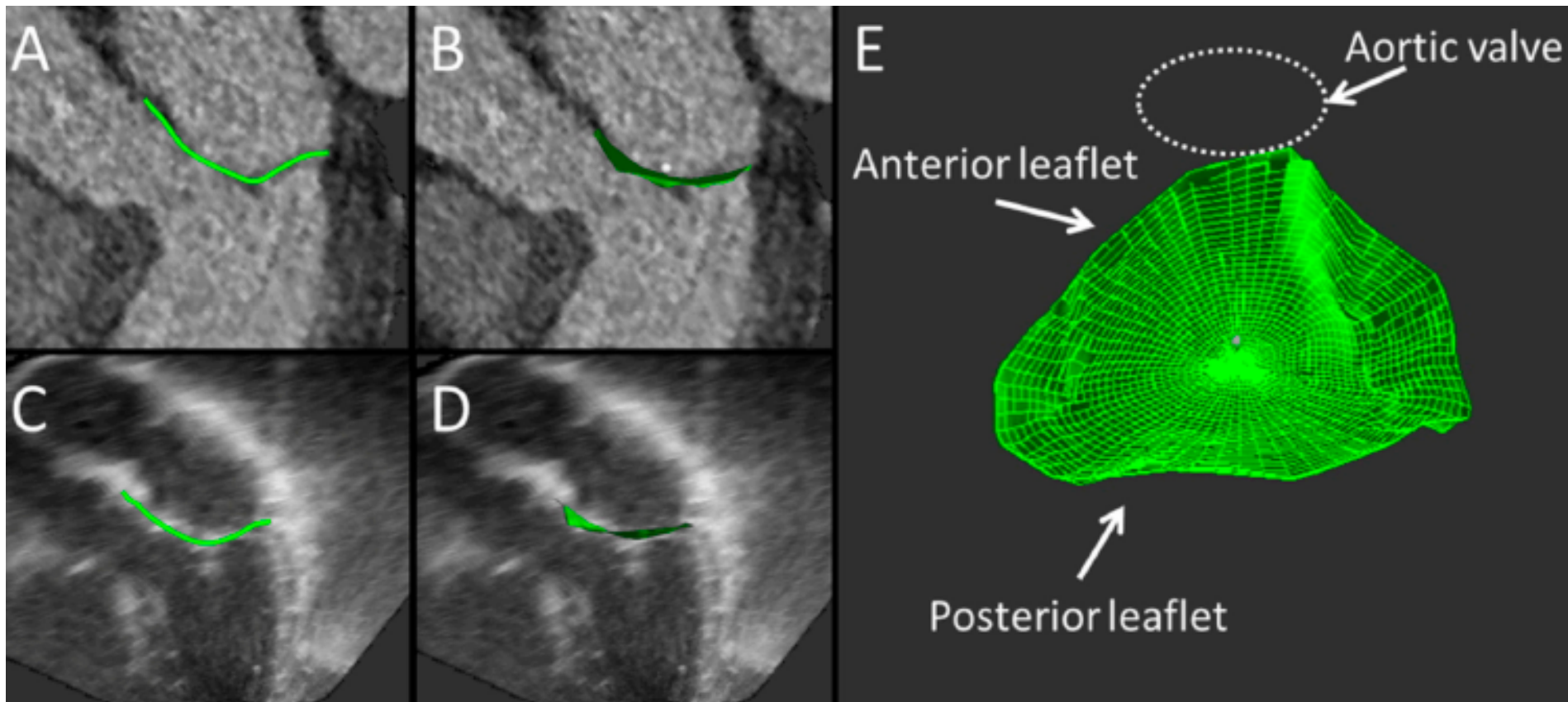
Chinitz et al. JACC Cardiovasc Imaging 2013

Assessment of Mitral Valve Adaptation with Gated Cardiac Computed Tomography: Validation with Three-Dimensional Echocardiography and Mechanistic Insight to Functional Mitral Regurgitation



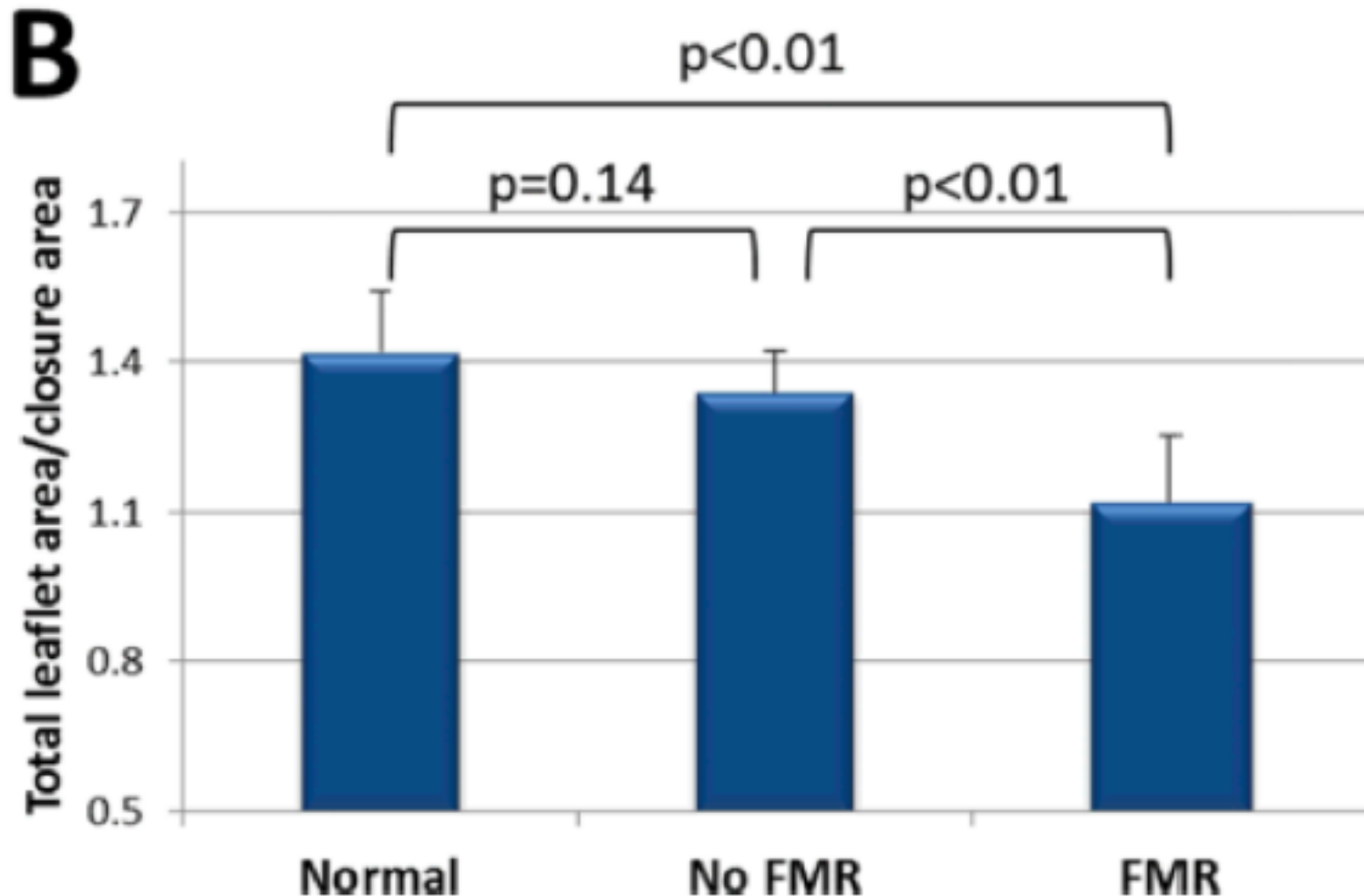
Total mitral leaflet area

Beaudoin et al. Circ Cardiovasc Imaging . 2013



Mitral closure area

NI versus DCM (without MR versus with fMR)



Mitral valve enlargement for adapting to prevent MR in patients with abnormal LV function

Mitral leaflets size - CT reproducibility

Inter- and intra-observer reproducibility of CT mitral valve metrics

	Average difference* (cm ²)	Relative difference (%)	ICC	p value
Interobserver				
Total leaflet area	0.6	4.4	0.974	<0.01
Closure area	0.9	7.6	0.922	<0.01
Annulus area	0.7	6.3	0.944	<0.01
Intraobserver				
Total leaflet area	0.6	4.2	0.979	<0.01
Closure area	0.5	5.1	0.977	<0.01
Annulus area	0.5	5.3	0.976	<0.01

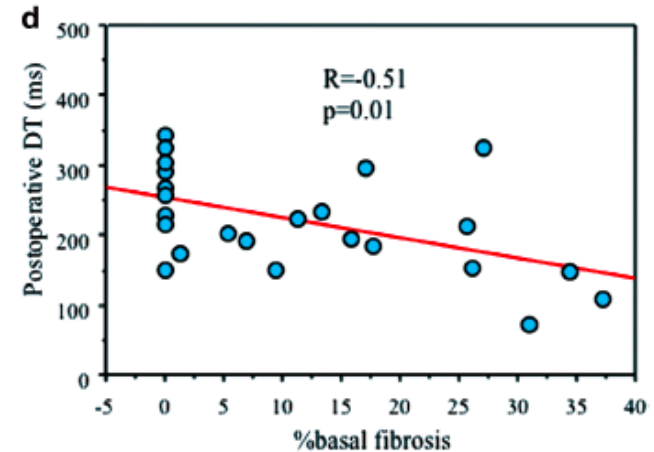
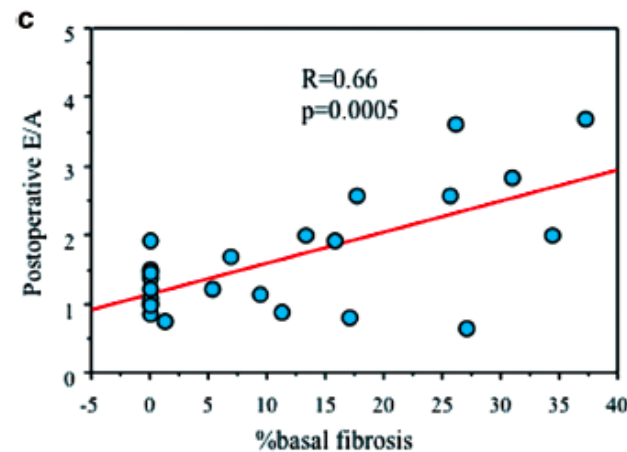
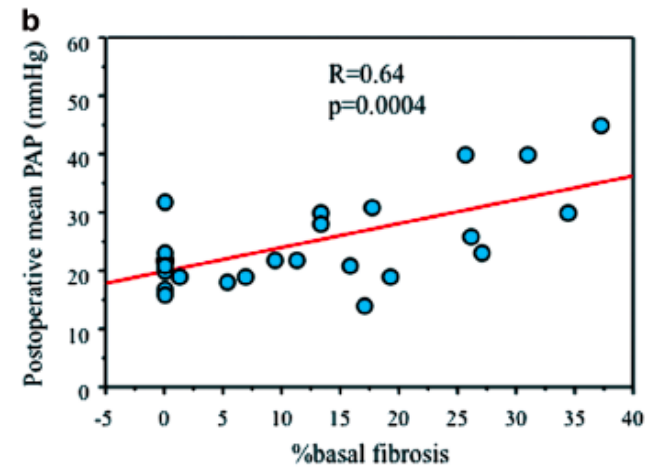
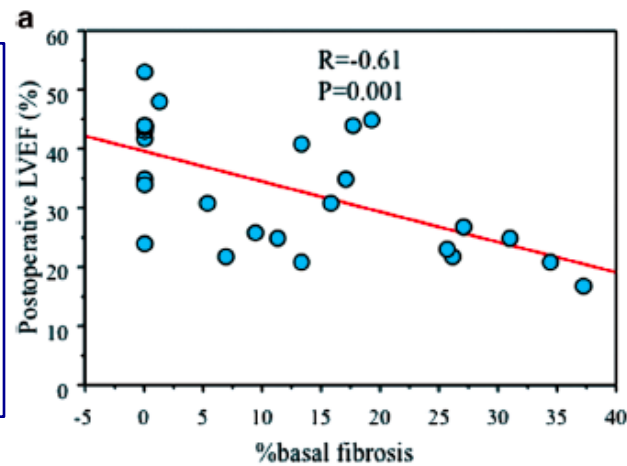
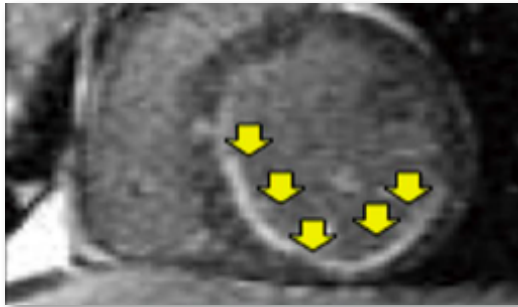
ICC: Intraclass Correlation Coefficient.

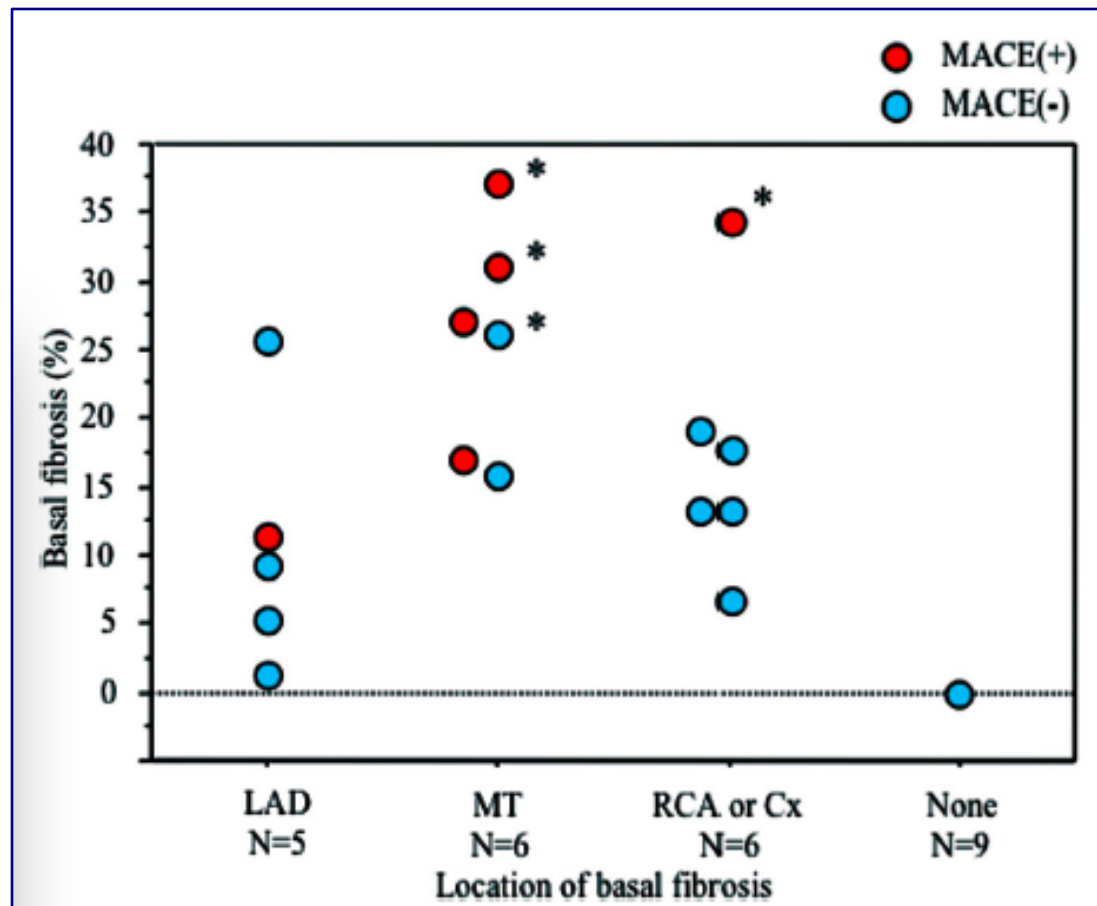
- ***Prognosis***

Left Ventricular Basal Myocardial Scarring Detected by Delayed Enhancement Magnetic Resonance Imaging Predicts Outcomes After Surgical Therapies for Patients With Ischemic Mitral Regurgitation and Left Ventricular Dysfunction

Pts with IMR and annuloplasty

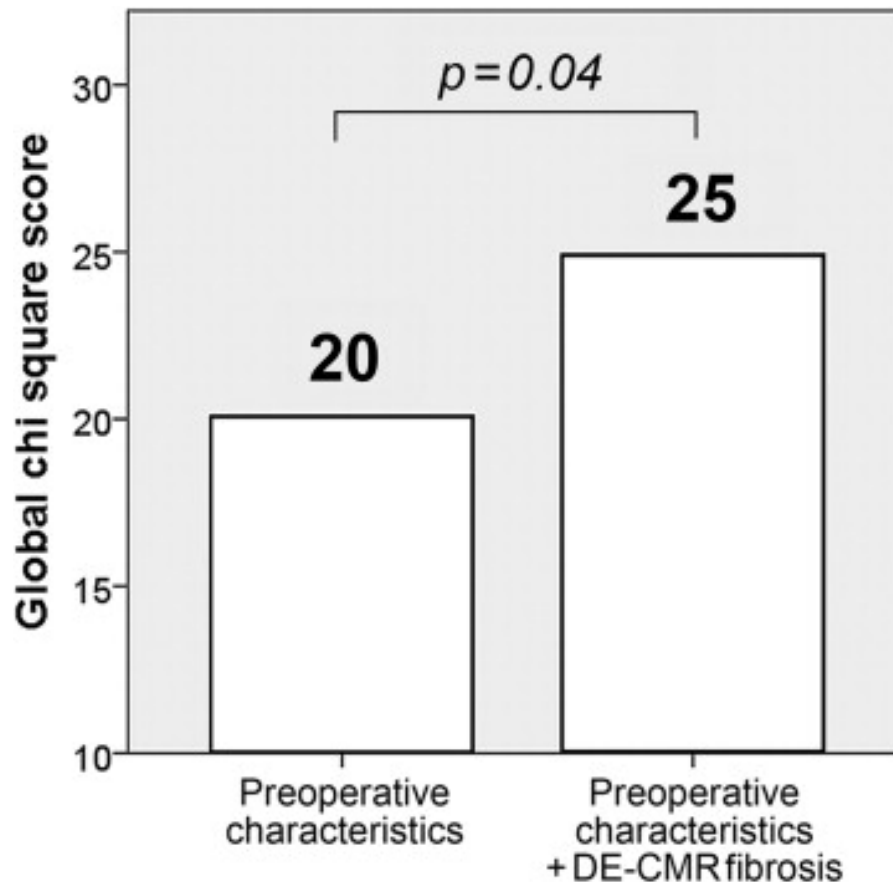
Extent of fibrosis was related to postop LVEF





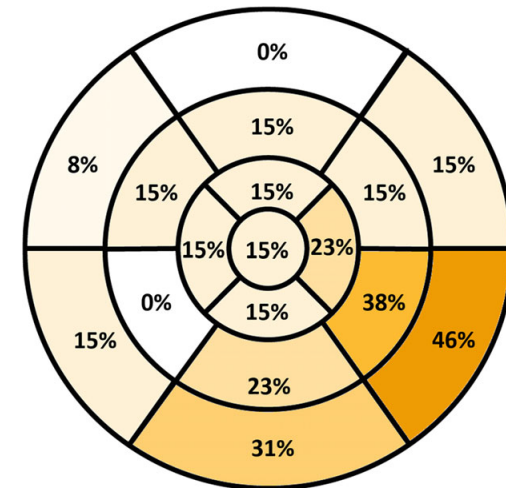
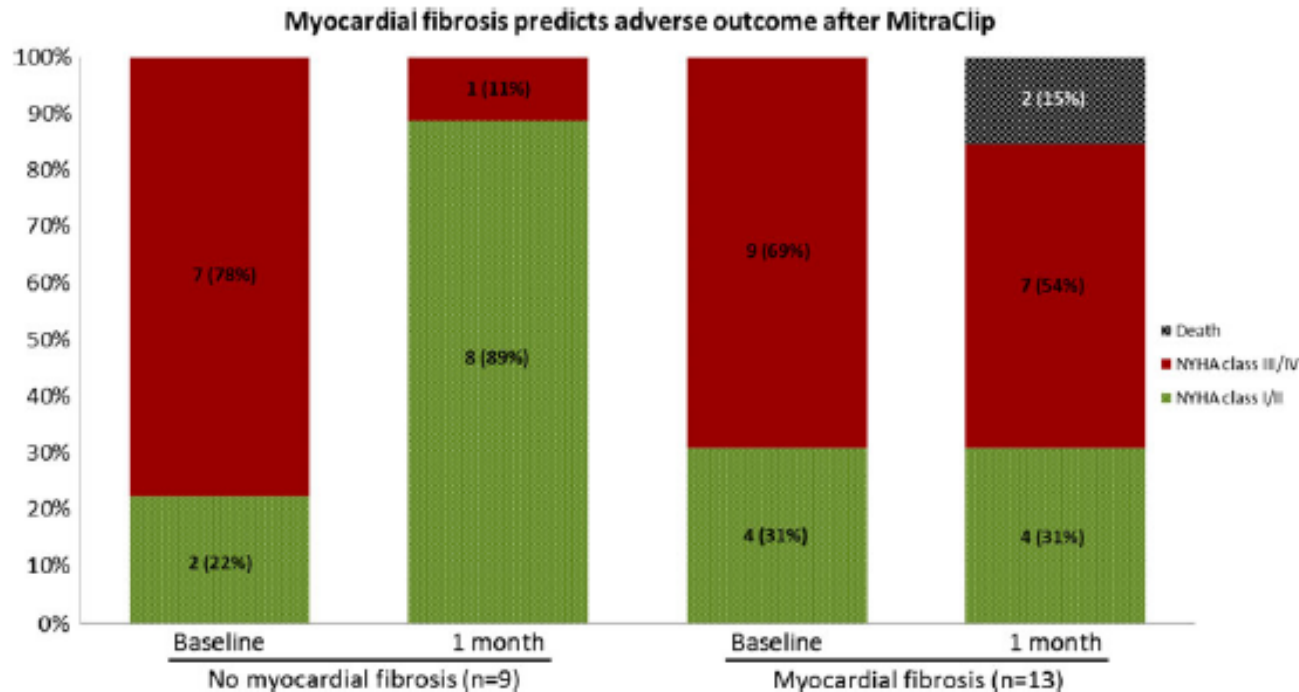
- Basal segments with fibrosis - lack of improvement after annuloplasty (lack of reverse remodeling and geometric recovery)
- The basal portion of the LV is connected with **longitudinal subendocardial muscle fibers** sensitive to pathological conditions including ischemia and infarction as compared with the apical portion

Prognostic Value of Delayed Enhancement Cardiac Magnetic Resonance Imaging in Mitral Valve Repair



Fibrosis by LGE CMR was an independent predictor of MACE after surgical repair among clinical variables, risk factors and pre-operative characteristics of MV

Fibrosis and prediction of MACE after Mitraclip

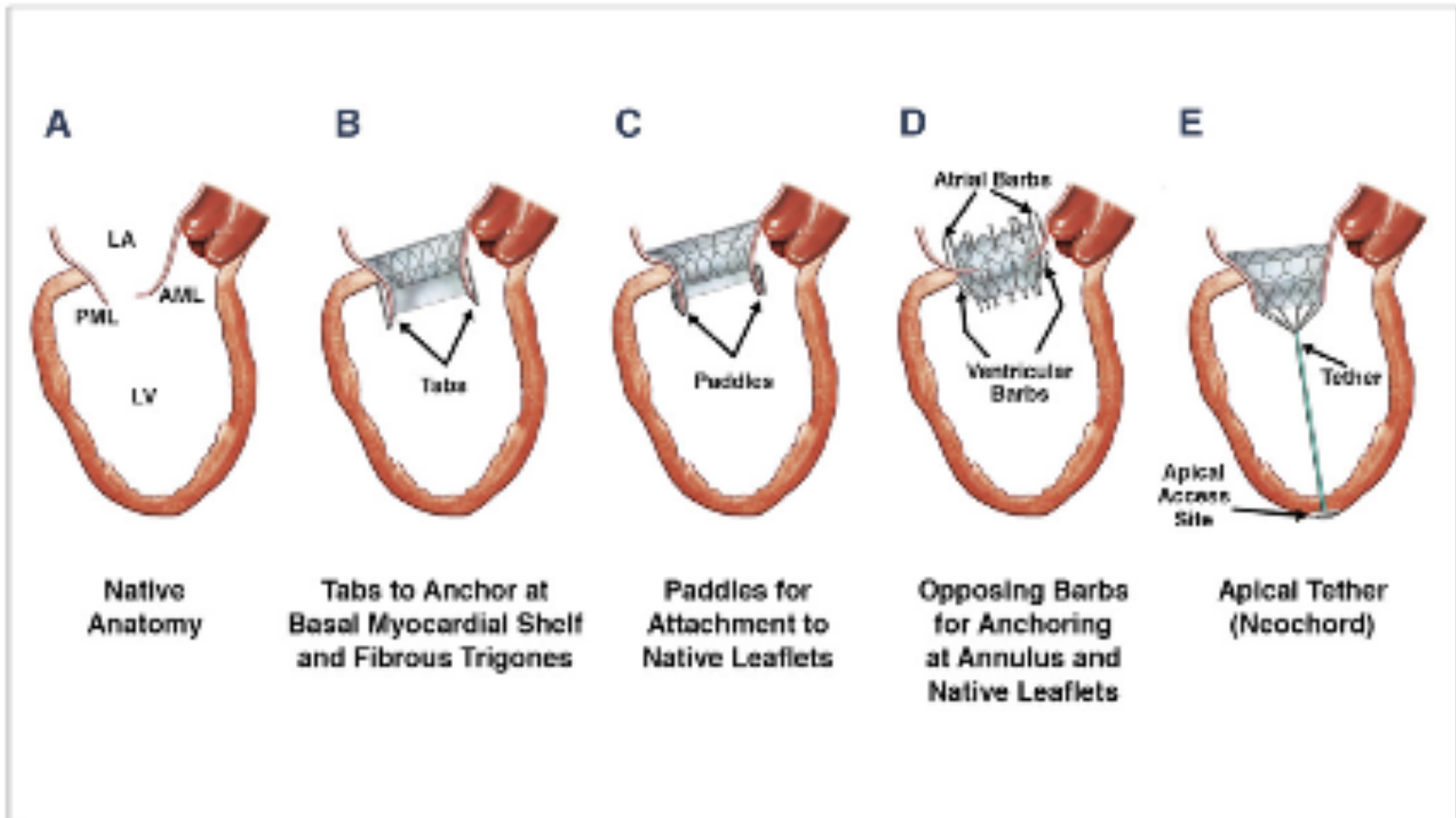


33 pts Mitraclip for functional mitral regurgitation; fibrosis of inferolateral segments were the most prevalent

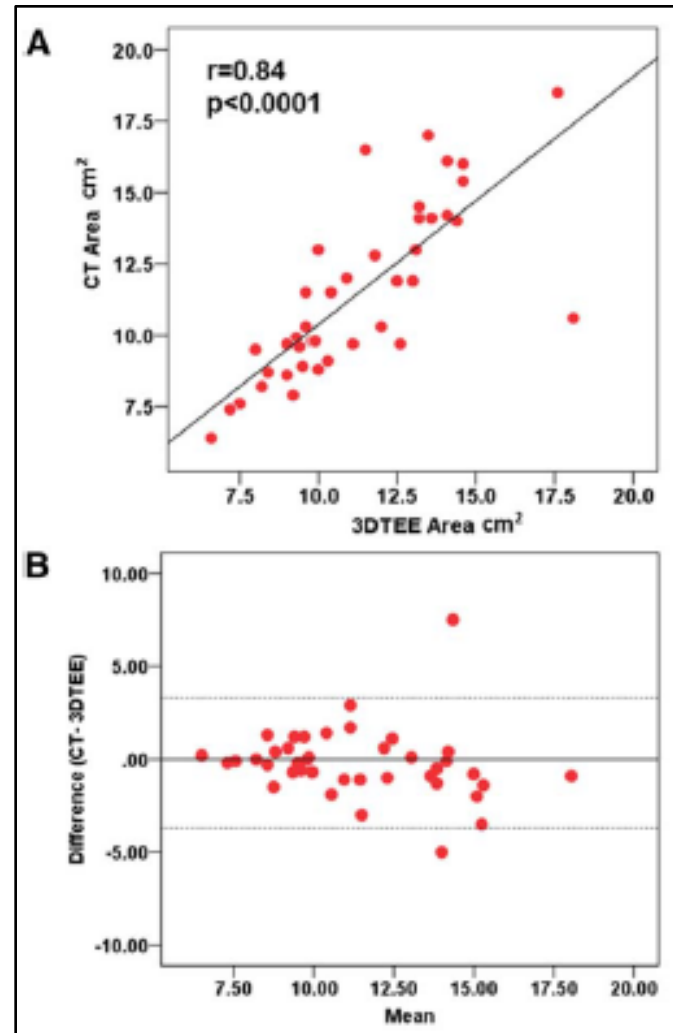
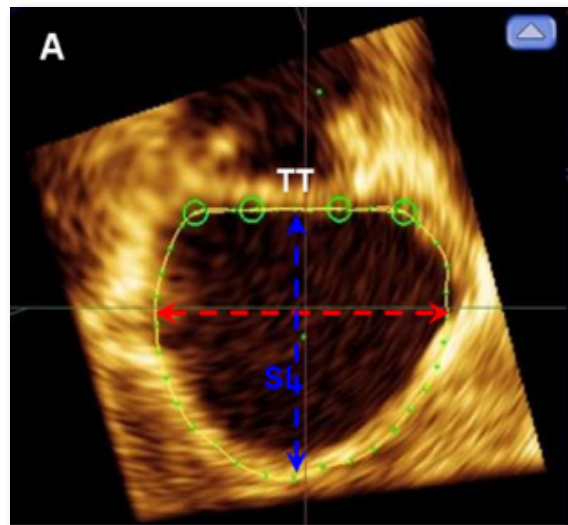
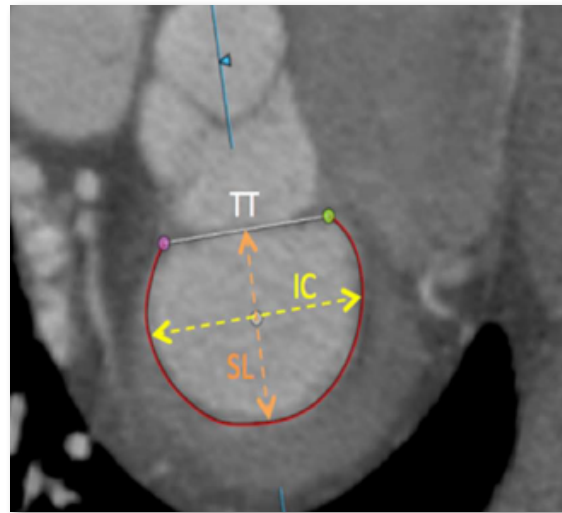
- ***Assessment before intervention***

Transcatheter Mitral Valve Replacement

FIGURE 1 Schematic of Various TMVI Anchoring Mechanisms

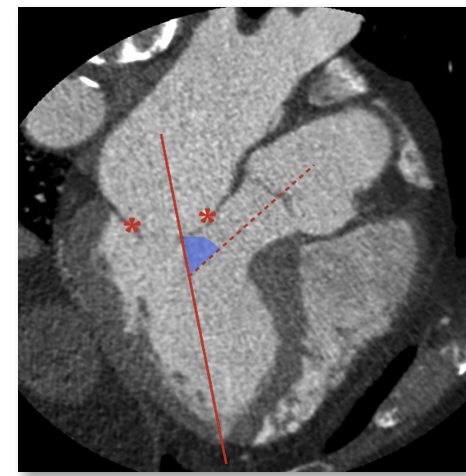
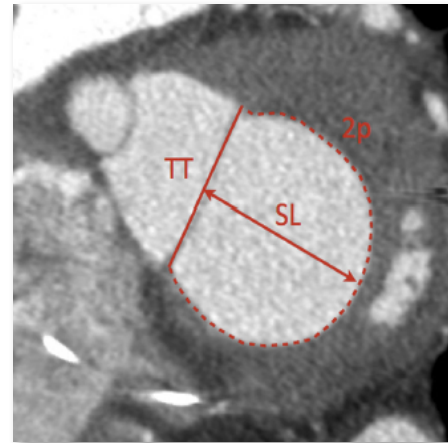


Three-Dimensional Echocardiography Compared With Computed Tomography to Determine Mitral Annulus Size Before Transcatheter Mitral Valve Implantation



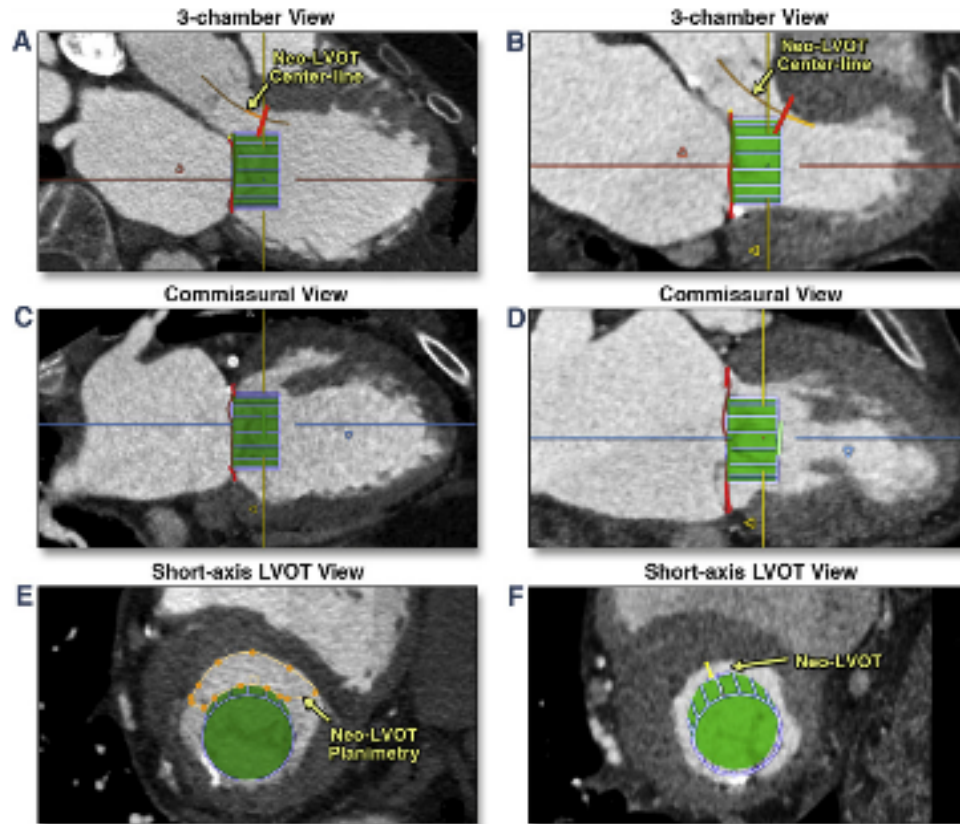
Transcatheter mitral valve interventions / CT

- Cross-sectional area, perimeter, and diameters of the annulus
- Annulus calcification
- Papillary muscle anatomy
- Landing zone and myocardial shelf
- Distance annulus/coronary sinus
- Distance annulus/circunflex
- Aorto-mitral angle



Transcatheter mitral valve interventions / CT

Predicting LV obstruction – Virtual placement



- Characterization of a post-procedural "neo-LVOT."
- Factors that predict neo-LVOT obstruction - acute aortomitral angle, small LV cavity size, and basal septal hypertrophy

Conclusions

- CMR and CT are useful and promising tools for precise and accurate assessment of functional mitral regurgitation
- These modalities provide information on anatomy, etiology, functional severity, tissue characterization, prognosis and procedure's planning, yet awaiting future developments