

New Advances in Anticoagulation

Freek W.A. Verheugt

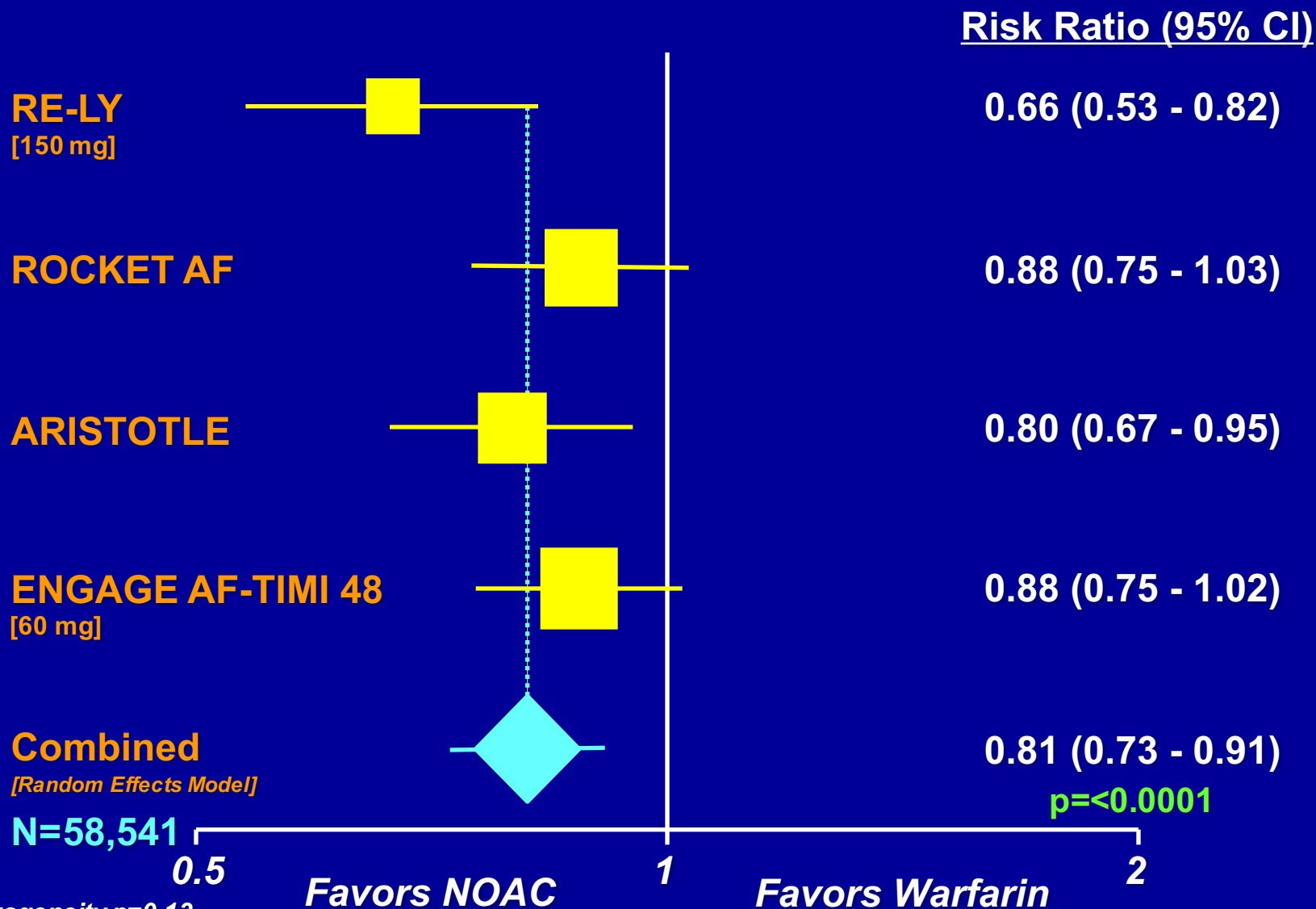


Amsterdam, Netherlands

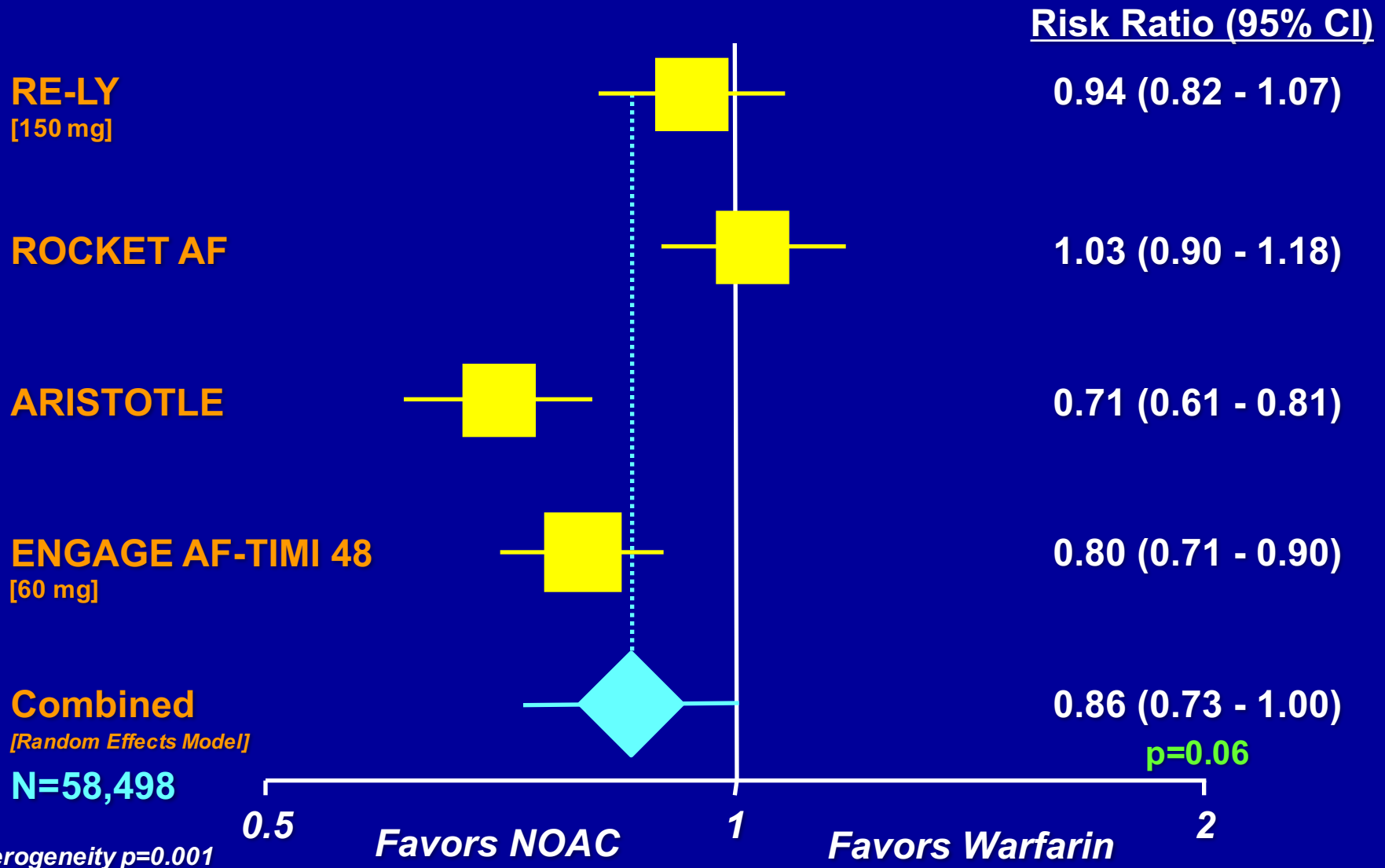
Disclosures for Freek W. A. Verheugt

Research support/ principal investigator	Bayer HealthCare, Boehringer Ingelheim, Eli Lilly and Roche
Consultant	Bayer Healthcare, Eli Lilly, Daiichi-Sankyo, and Merck
Speakers' bureau	none
Honoraria	Bayer Healthcare, Eli Lilly, Daiichi-Sankyo and Merck
Scientific advisory board	AstraZeneca

All NOACS: Stroke or SEE



All NOACS: Major Bleeding



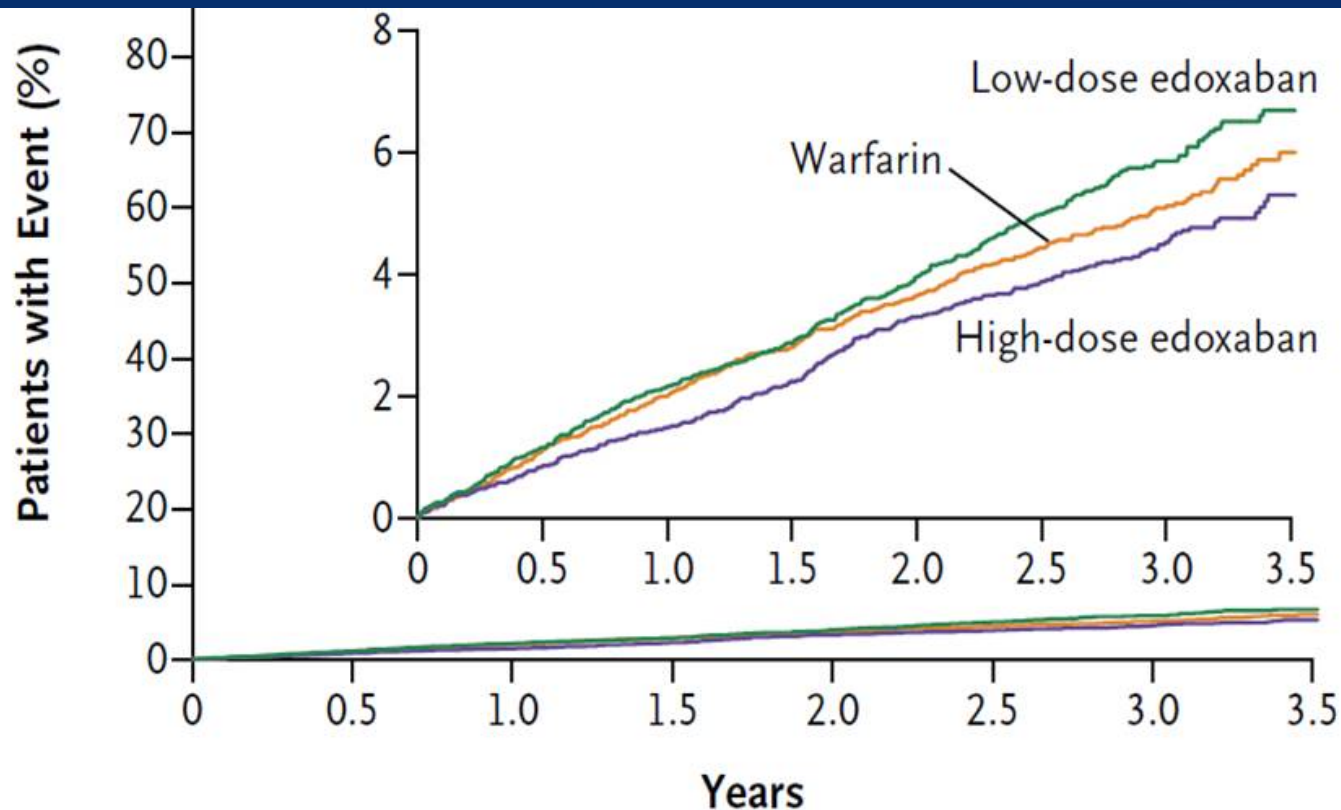
The 4 SPAF Trials with NOACs

	RE-LY	ROCKET-AF*	ARISTOTLE	ENGAGE-AF*
n	18,113	14,264	18,201	21,150
drug	dabigatran	rivaroxaban	apixaban	edoxaban
class	a-IIa	a-Xa	a-Xa	a-Xa
design	open	d-blind	d-blind	d-blind
dosing	bid	qd	bid	qd
2 doses	yes	no	no	yes
median f/u (m)	24	23	22	34
w/ of consent	2.3%	8.7%	1.1%	0.9%
median TTR	64%**	58%	66%	68%

* CHADS₂ ≥ 2 only

** mean TTR

STROKE OR SYSTEMIC EMBOLISM



No. at Risk

Warfarin	7036	6798	6615	6406	6225	4593	2333	536
High-dose edoxaban	7035	6816	6650	6480	6283	4659	2401	551
Low-dose edoxaban	7034	6815	6631	6461	6277	4608	2358	534

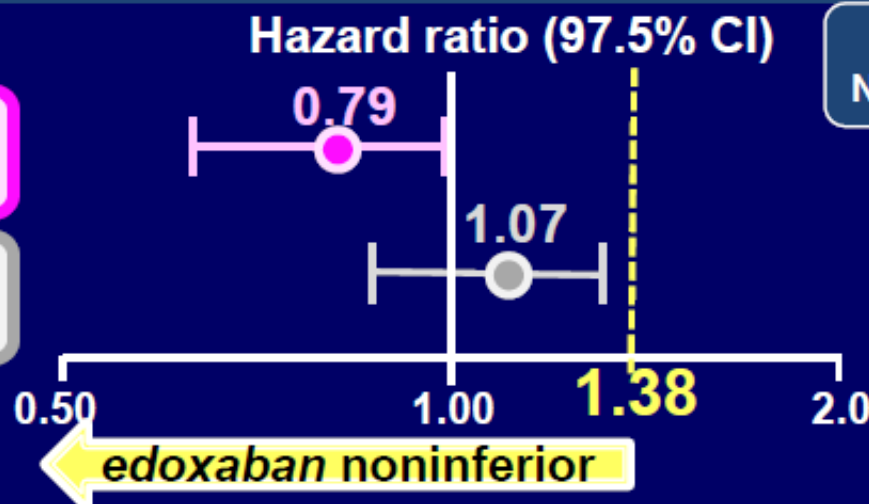
Primary Endpoint: Stroke / SEE (2.8 years median f/u)

Noninferiority Analysis (mITT, On Treatment)

Warfarin TTR 68.4%

Edoxaban 60* mg QD
vs warfarin

Edoxaban 30* mg QD
vs warfarin



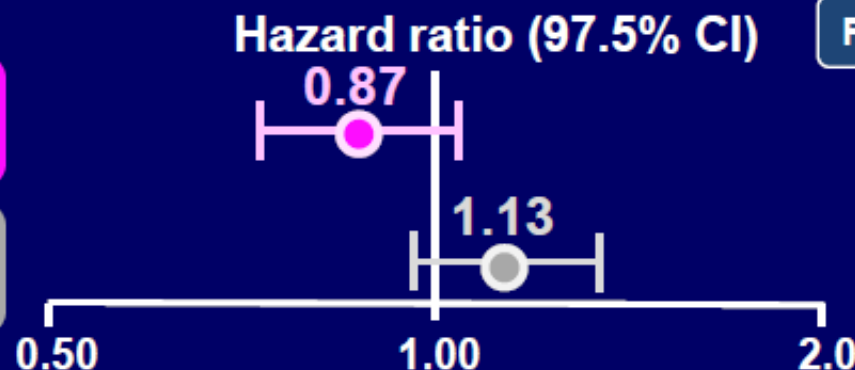
P Values
Non-inferiority Superiority
 $P < 0.0001$ $P = 0.017$

$P = 0.005$ $P = 0.44$

Superiority Analysis (ITT, Overall)

Edoxaban 60* mg QD
vs warfarin

Edoxaban 30* mg QD
vs warfarin



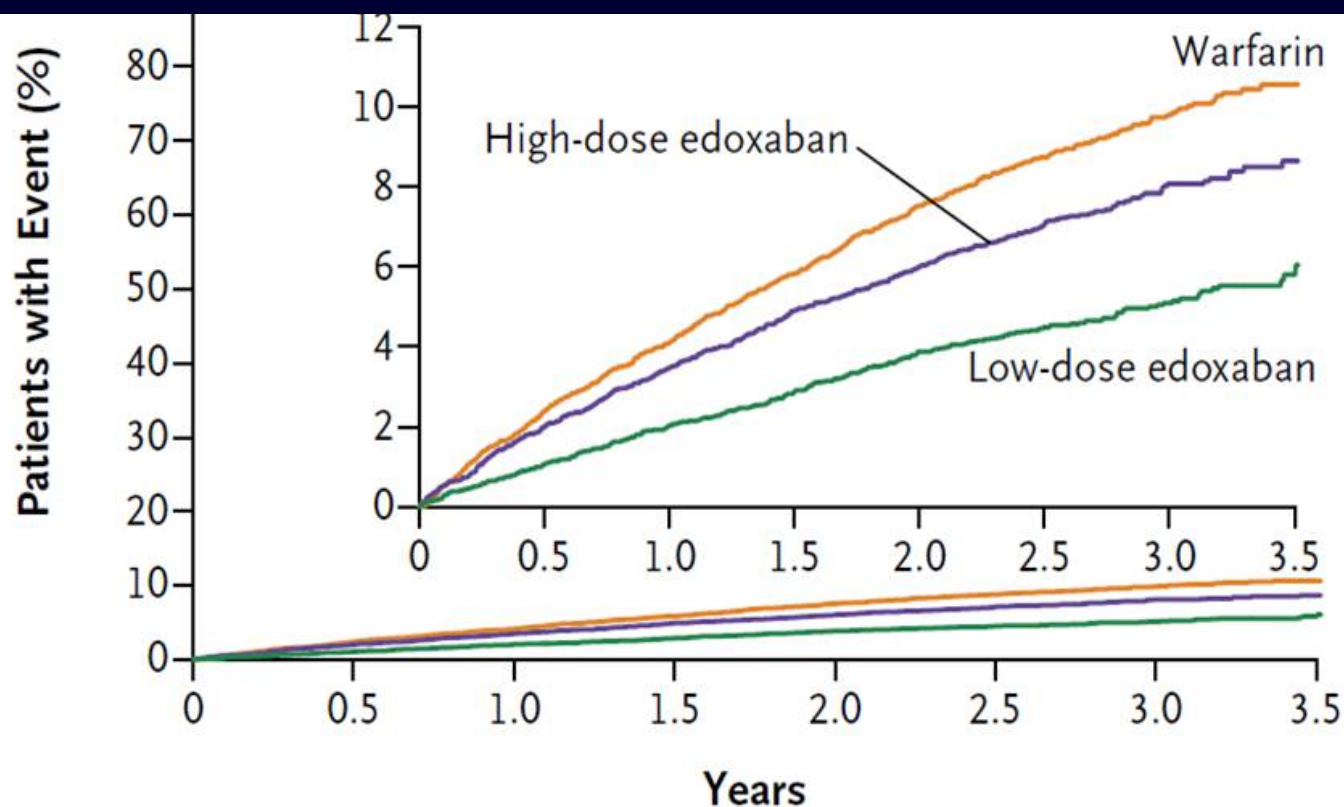
P Value for Superiority

$P = 0.08$

$P = 0.10$

*Dose reduced by
50% in selected pts

Major Bleeding



No. at Risk

Warfarin	7012	6116	5630	5278	4941	3446	1687	370
High-dose edoxaban	7012	6039	5594	5232	4910	3471	1706	345
Low-dose edoxaban	7002	6218	5791	5437	5110	3635	1793	386

Main Safety Results

- Safety Cohort on Treatment -

Edoxaban 60* mg QD
vs warfarin

Edoxaban 30* mg QD
vs warfarin

Warfarin TTR 68.4%

HR (95% CI)

P Value
vs warfarin

ISTH Major Bleeding



P<0.001

P<0.001

Fatal Bleeding



P=0.006

P<0.001

Intracranial Hemorrhage



P<0.001

P<0.001

Gastrointestinal Bleeding



P=0.03

P<0.001

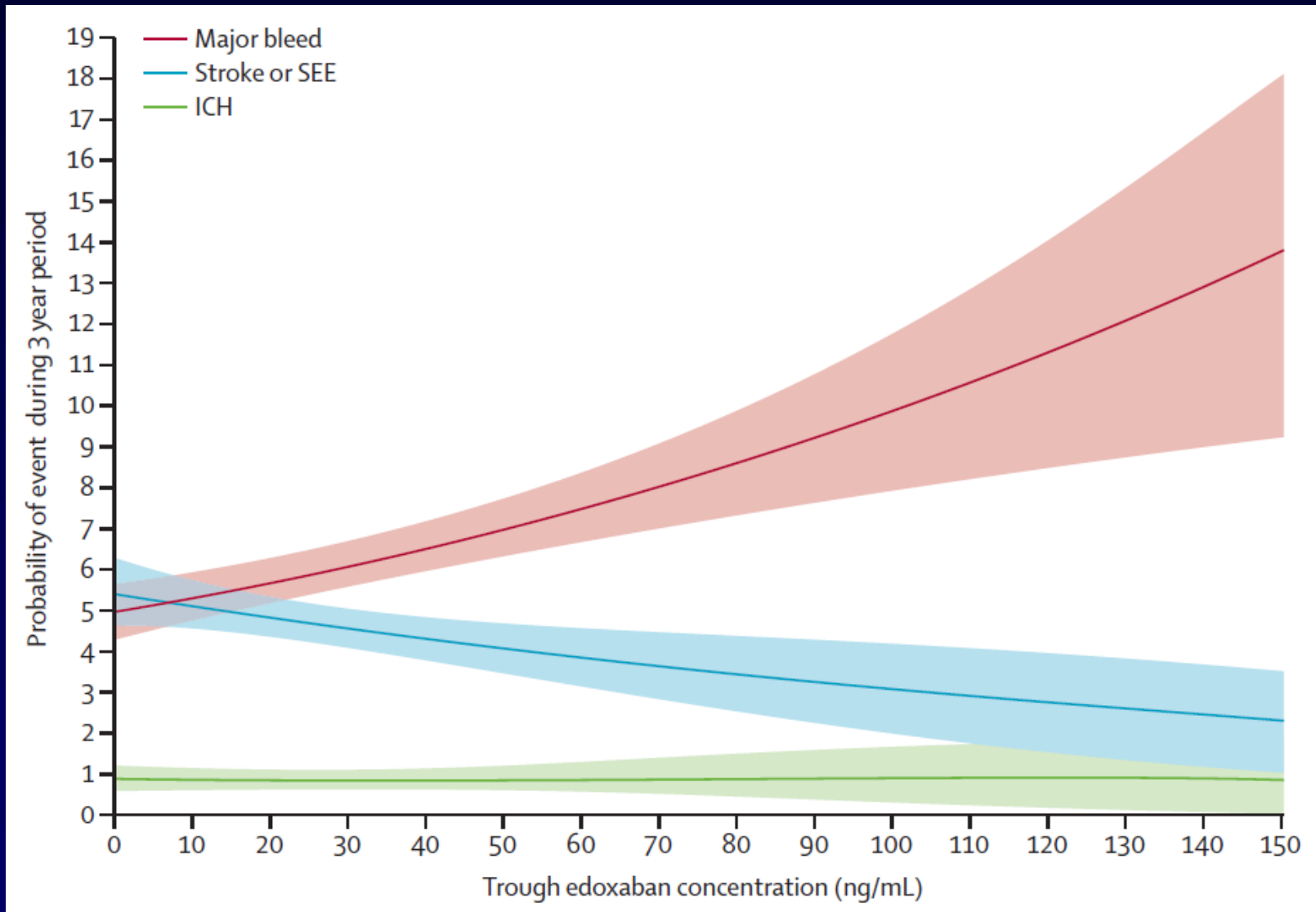
0.25 0.5 1.0 2.0

edoxaban superior

edoxaban inferior

*Dose reduced by
50% in selected pts

Edoxaban blood levels and events in ENGAGE

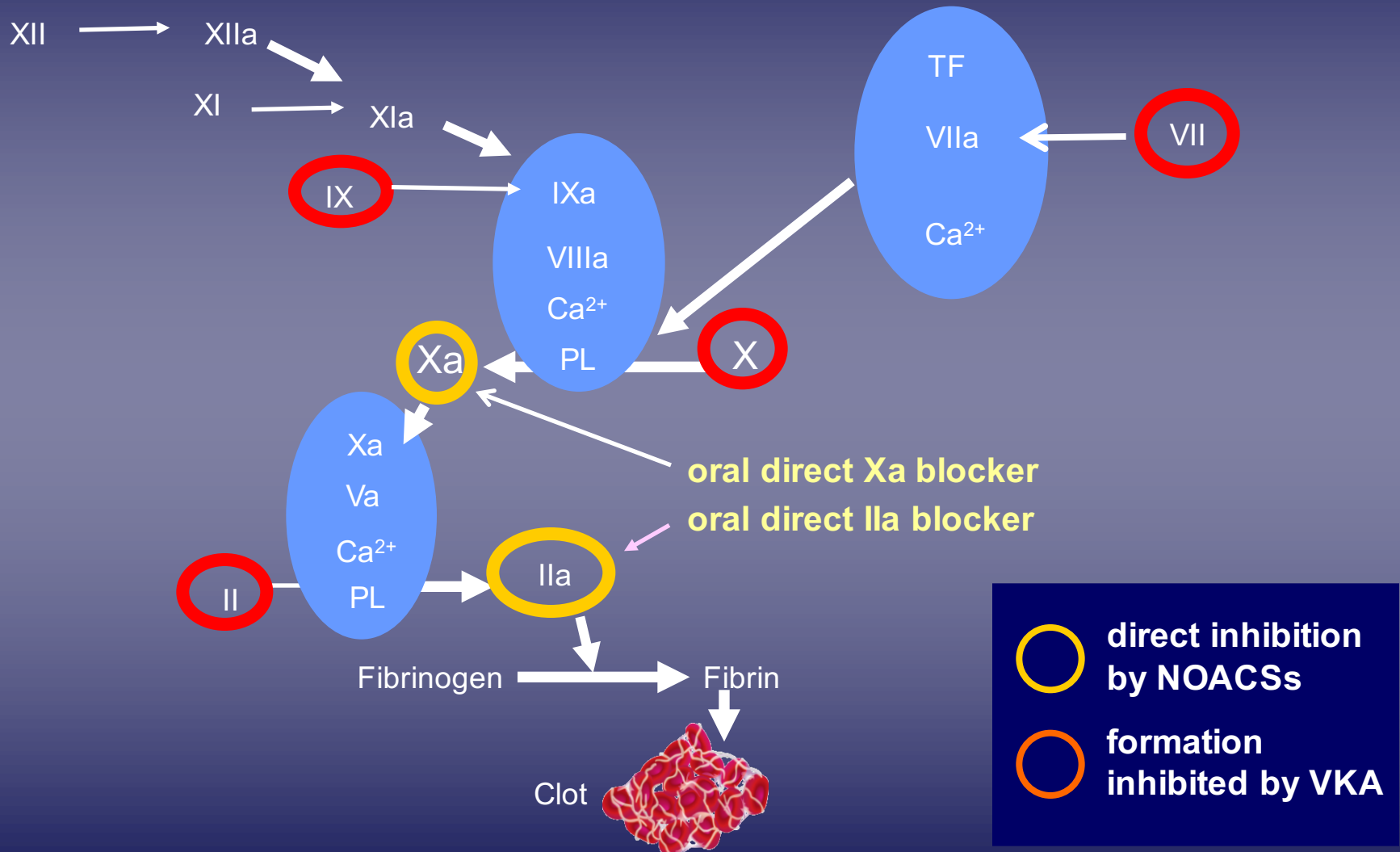


Ruff CT. Lancet 2015;385:2288-2295

Onze Lieve Vrouwe Gasthuis, Amsterdam

Intrinsic pathway

Extrinsic pathway



Novel antithrombotic agents 3

Oral anticoagulants for stroke prevention in atrial fibrillation: current status, special situations, and unmet needs

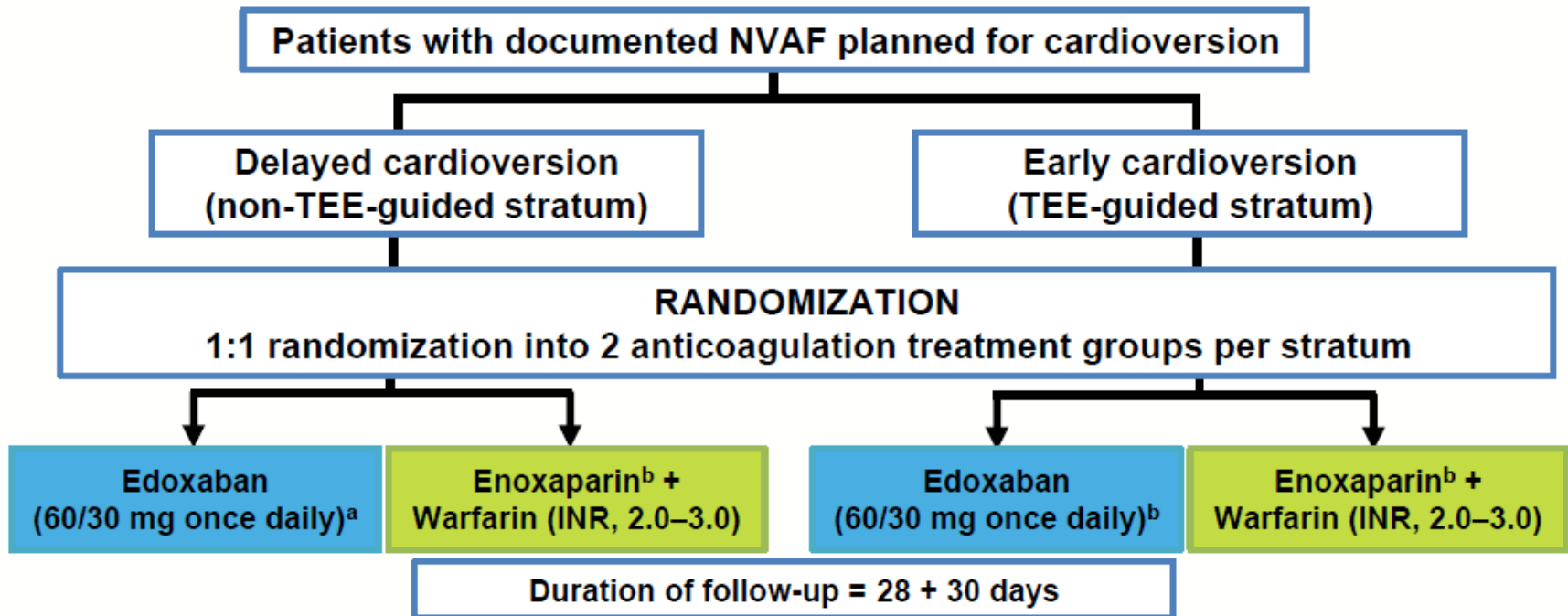
Freek W A Verheugt, Christopher B Granger

In patients with non-valvular atrial fibrillation, oral anticoagulation with vitamin K antagonists reduces the risk of stroke by more than 60%. But vitamin K antagonists have limitations, including causing serious bleeding such as intracranial haemorrhage and the need for anticoagulation monitoring. In part related to these limitations, they are used in only about half of patients who should be treated according to guideline recommendations. In the past decade, oral agents have been developed that directly block the activity of thrombin (factor IIa), as well as drugs that directly inhibit activated factor X (Xa), which is the first protein in the final common pathway to the activation of thrombin. These novel non-vitamin K antagonist oral anticoagulants (NOACs) have been shown to be at least as good as warfarin for stroke prevention in atrial fibrillation and they have proved to have better safety profiles. Their net advantage is underscored by significantly lower all-cause mortality compared with warfarin in large clinical trials. Because of these features and their ease of use, they are recommended for stroke prevention in atrial fibrillation. They have also a fast onset and offset of action, but they currently lack specific antidotes. This paper addresses the role of anticoagulation for stroke prevention in atrial fibrillation in the era of NOACs, with a focus on special situations including management in the event of bleeding and around the time of procedures including cardioversion, catheter ablation, and device implantation. Also their use in patients with concomitant coronary artery disease, with advanced age, with chronic kidney disease, or with valvular heart disease will be discussed as well as the interaction of NOACs with other cardiac medication, and switching between anticoagulants.

Cardioversion

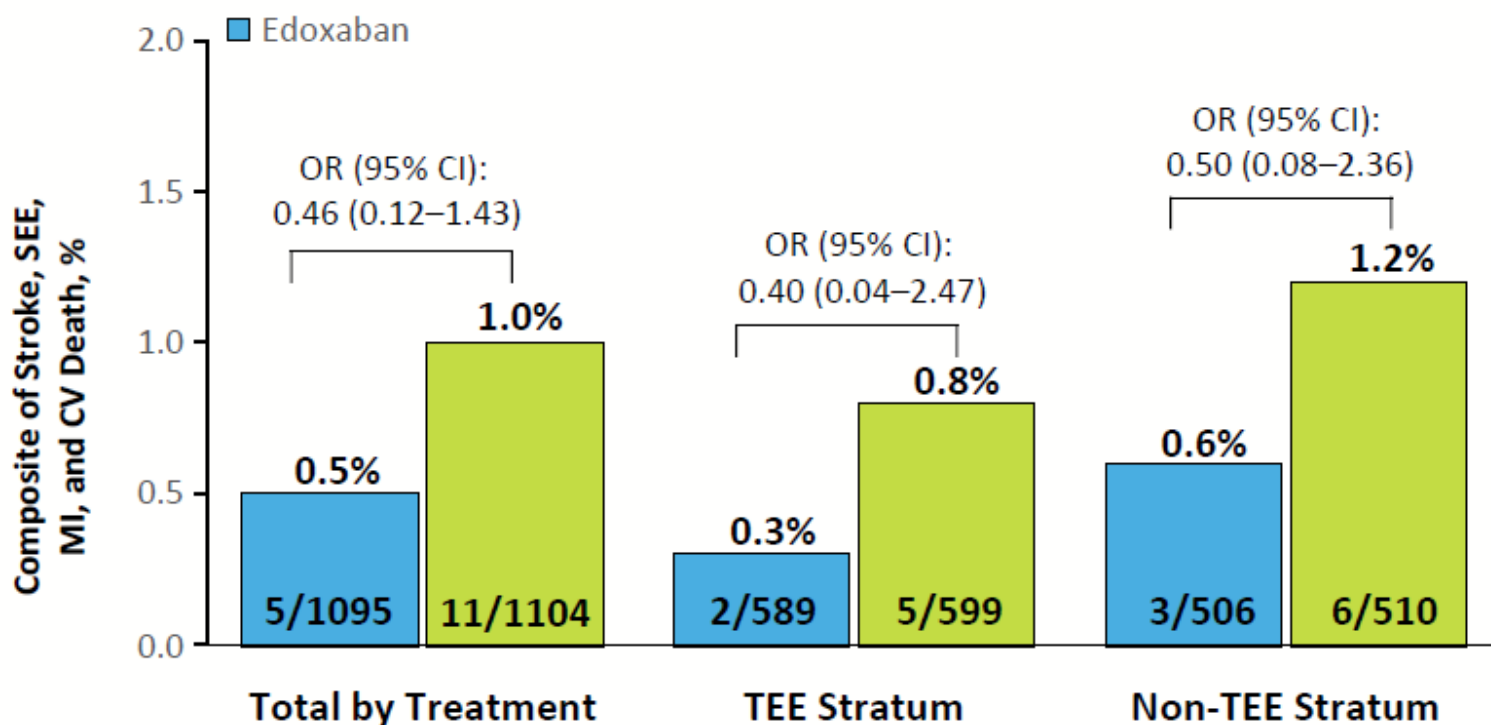
ENSURE-AF

Overall Study Design



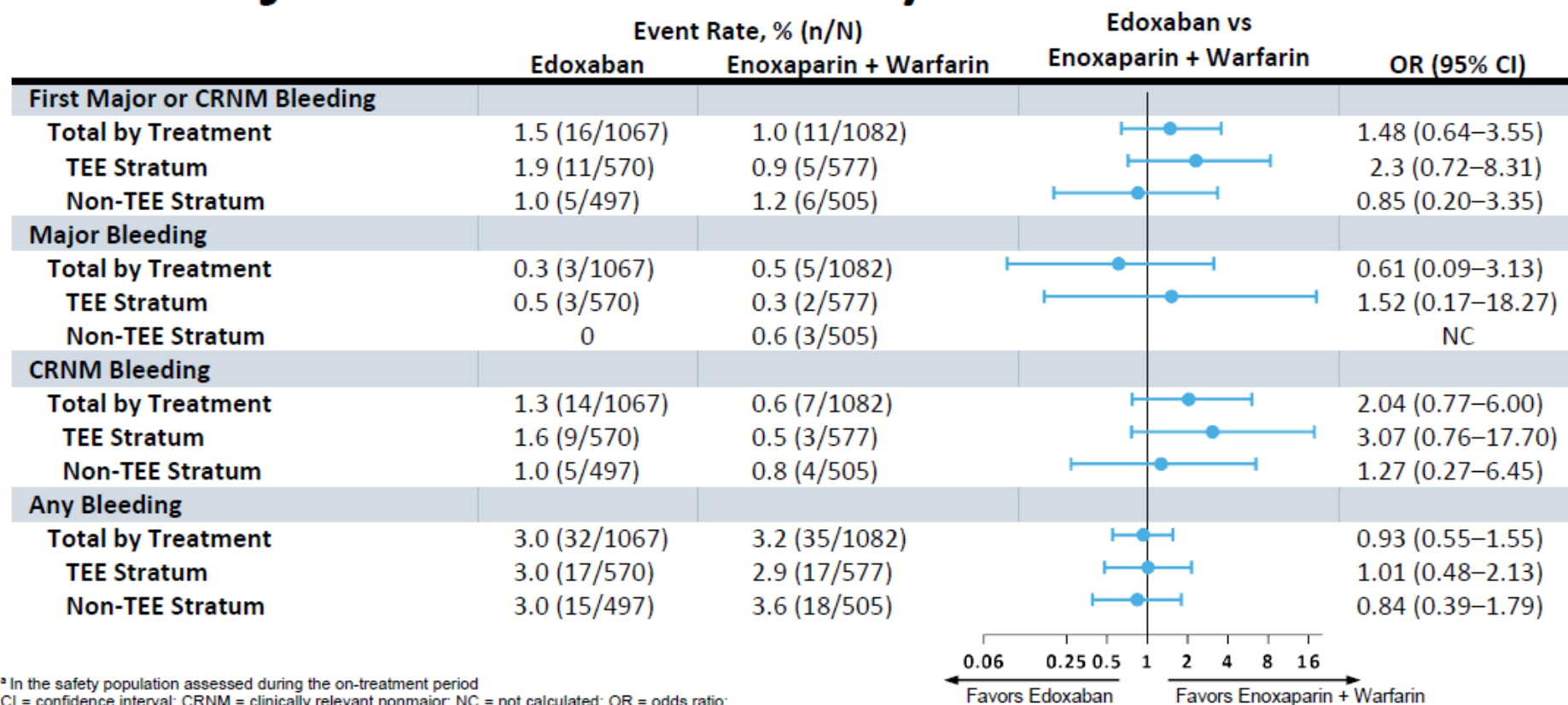
ENSURE-AF

Primary Efficacy



ENSURE-AF

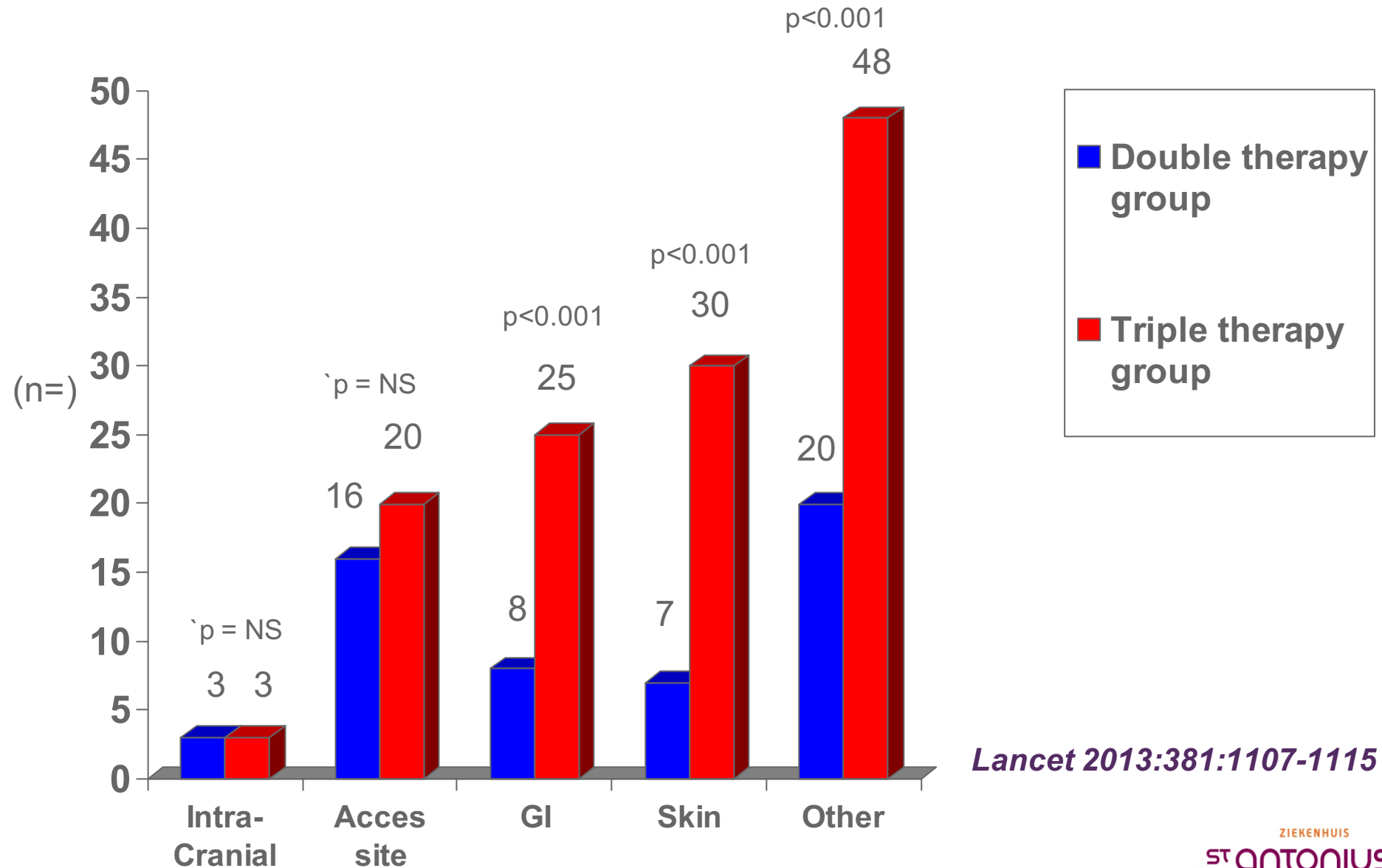
Adjudicated Safety Outcome



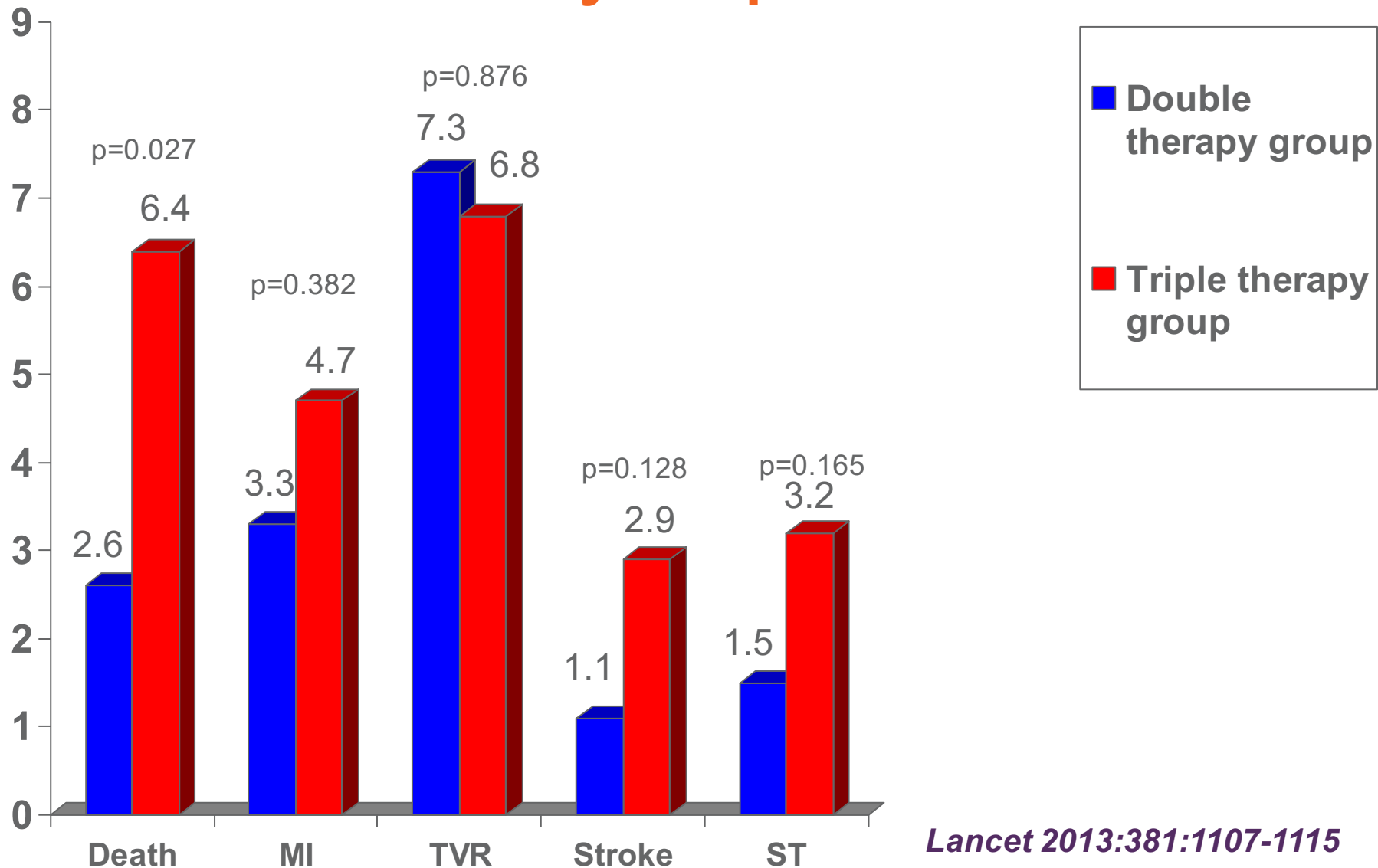
^a In the safety population assessed during the on-treatment period
CI = confidence interval; CRNM = clinically relevant nonmajor; NC = not calculated; OR = odds ratio;

PCI

Locations of TIMI bleeding: Worst bleeding per patient

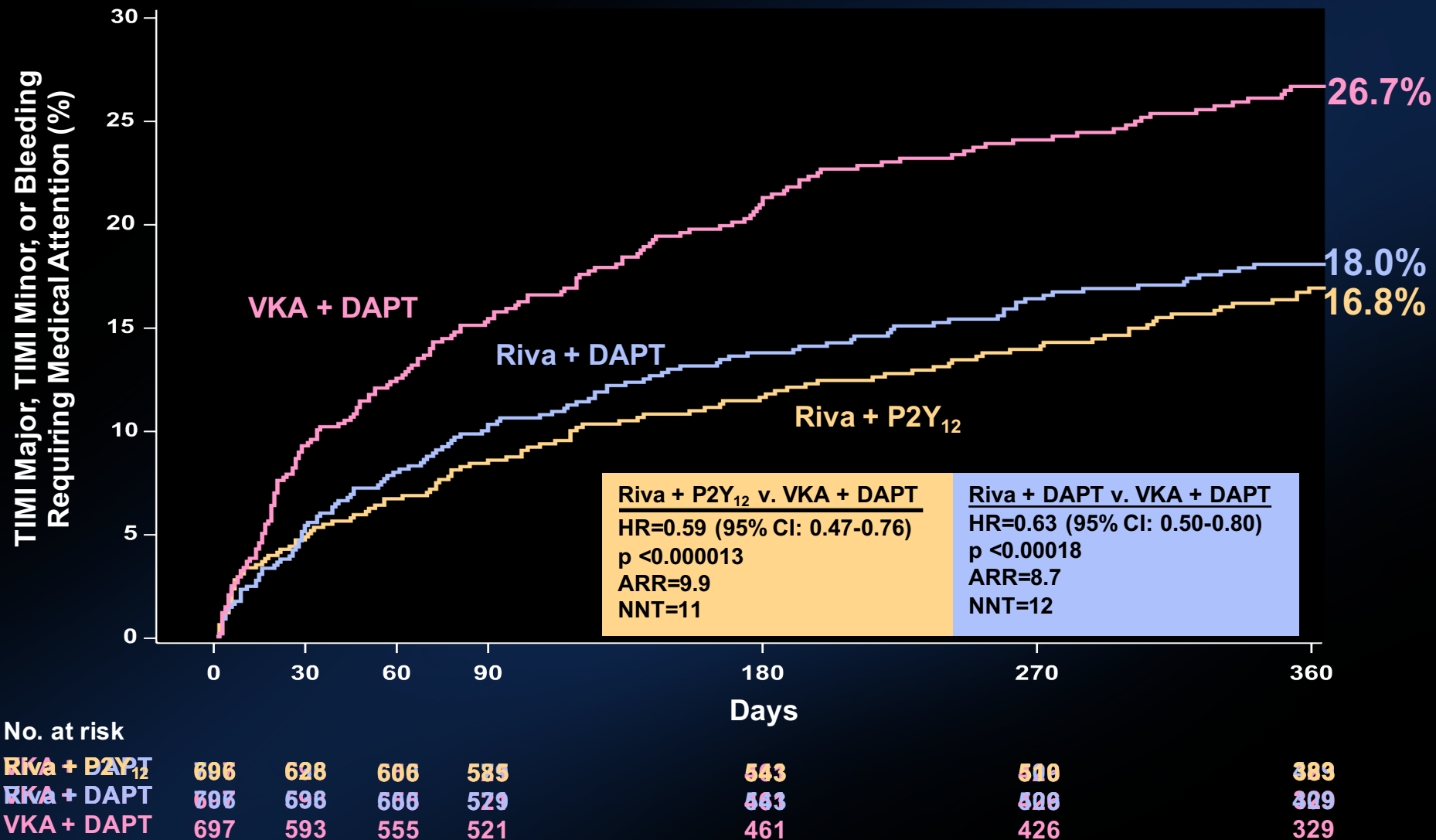


Secondary Endpoint

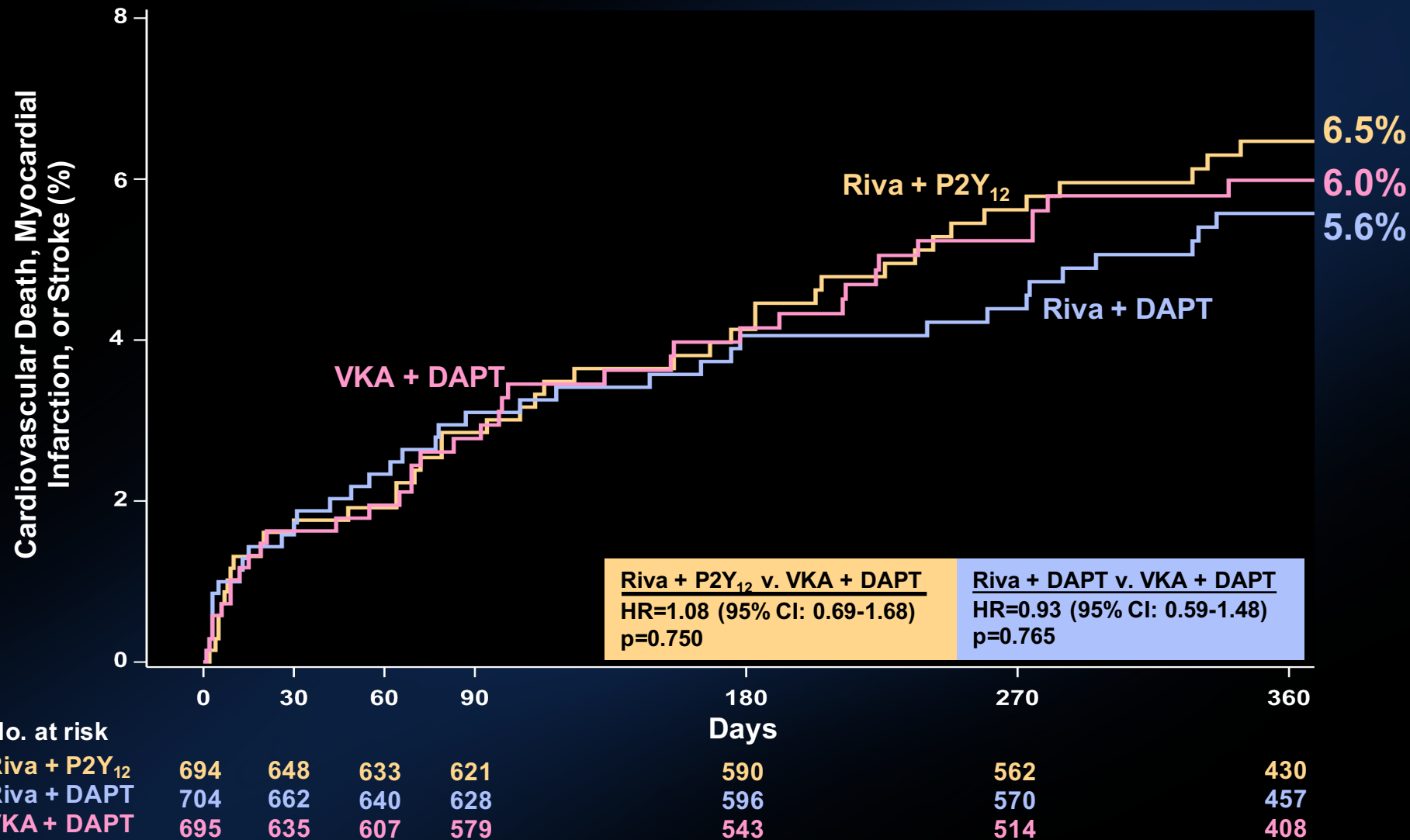


Lancet 2013;381:1107-1115

Kaplan-Meier Estimates of First Occurrence of Clinically Significant Bleeding Events



Kaplan-Meier Estimates of First Occurrence of CV Death, MI or Stroke

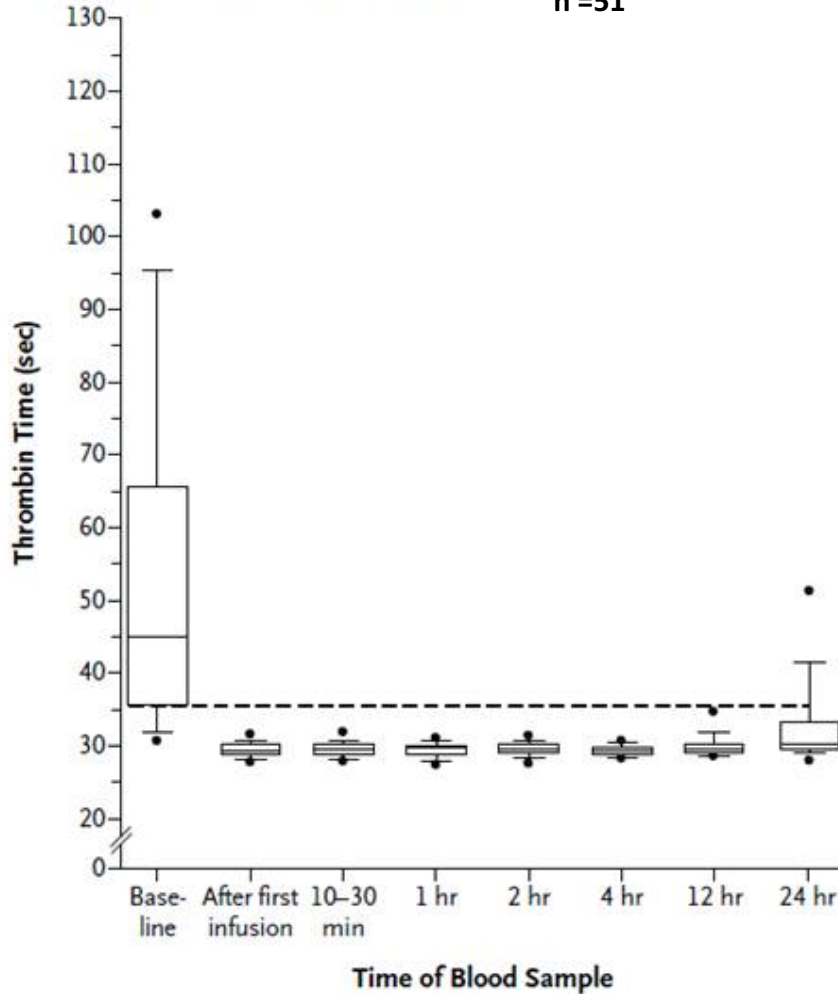


Antidotes

Pharmacodynamics of Idarucizumab in REVERSE-AD

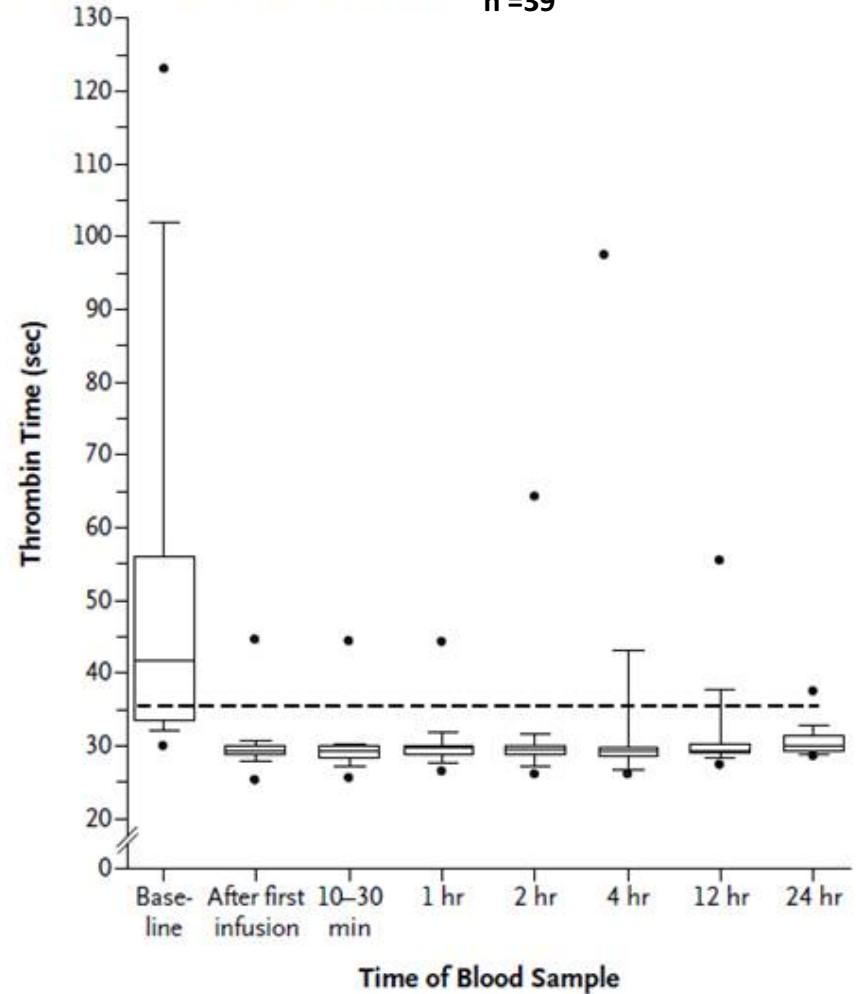
A Dilute Thrombin Time in Group A

n = 51



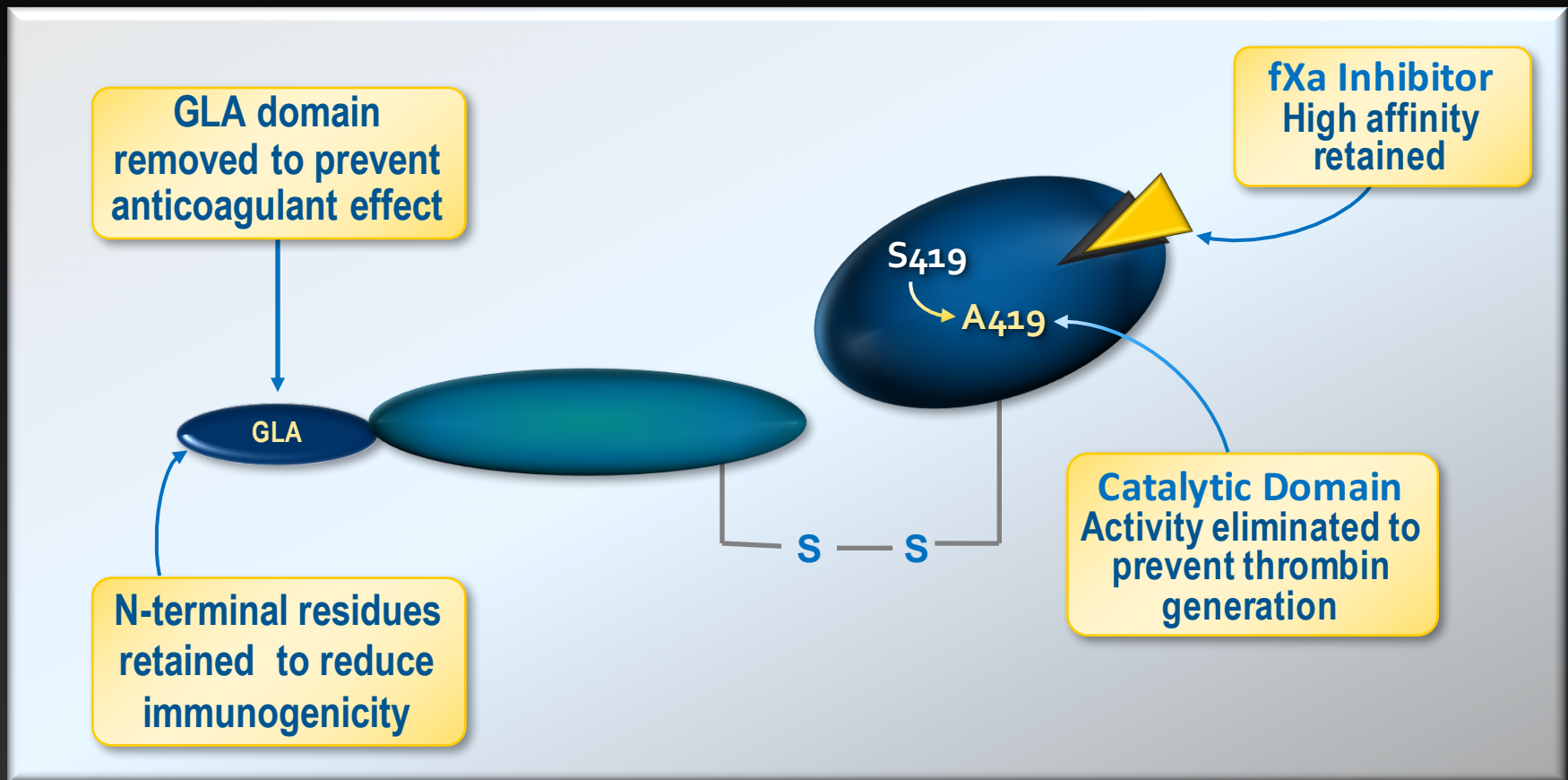
B Dilute Thrombin Time in Group B

n = 39

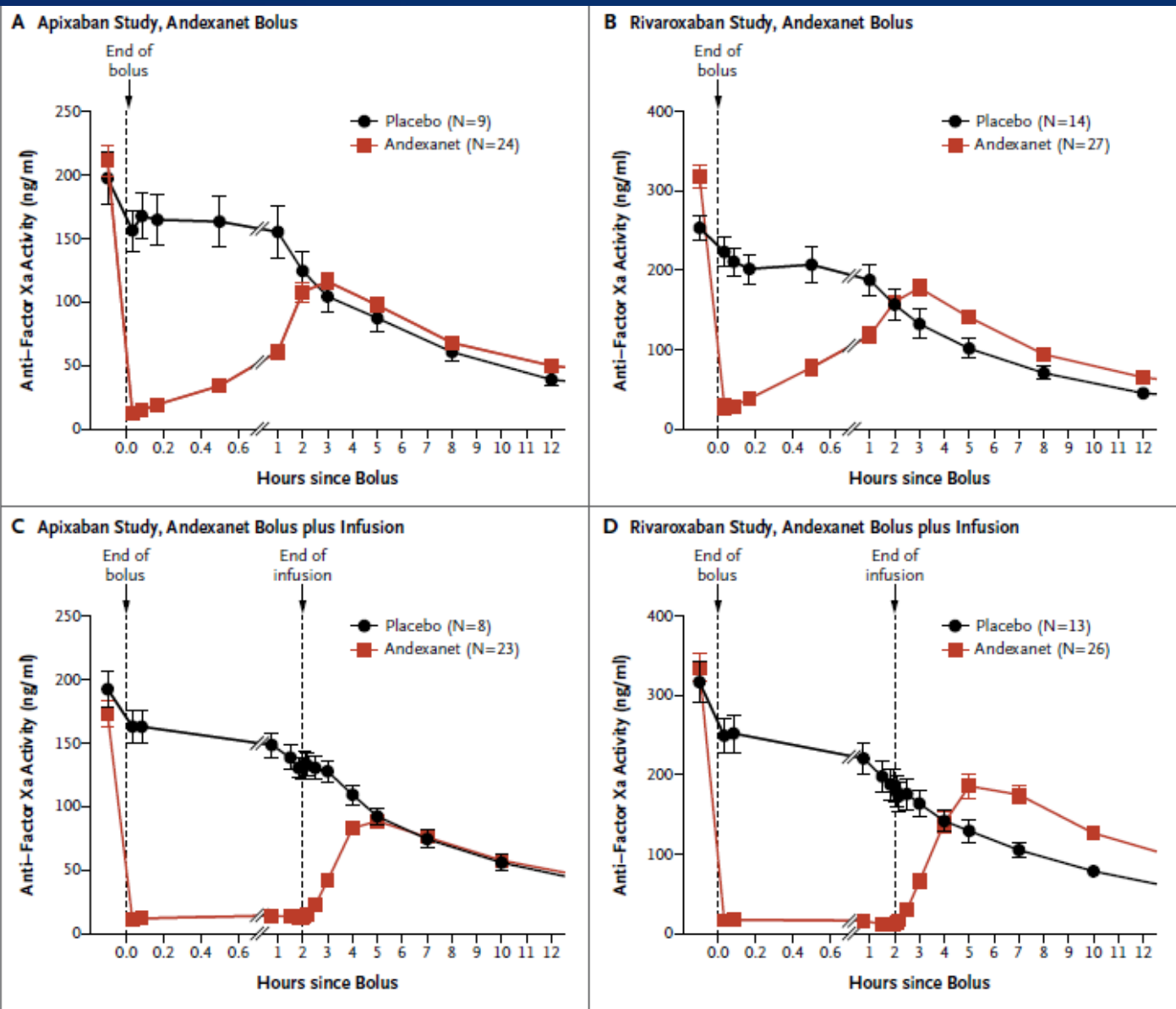


Andexanet Alfa: Recombinant, Modified Version of Human Factor Xa

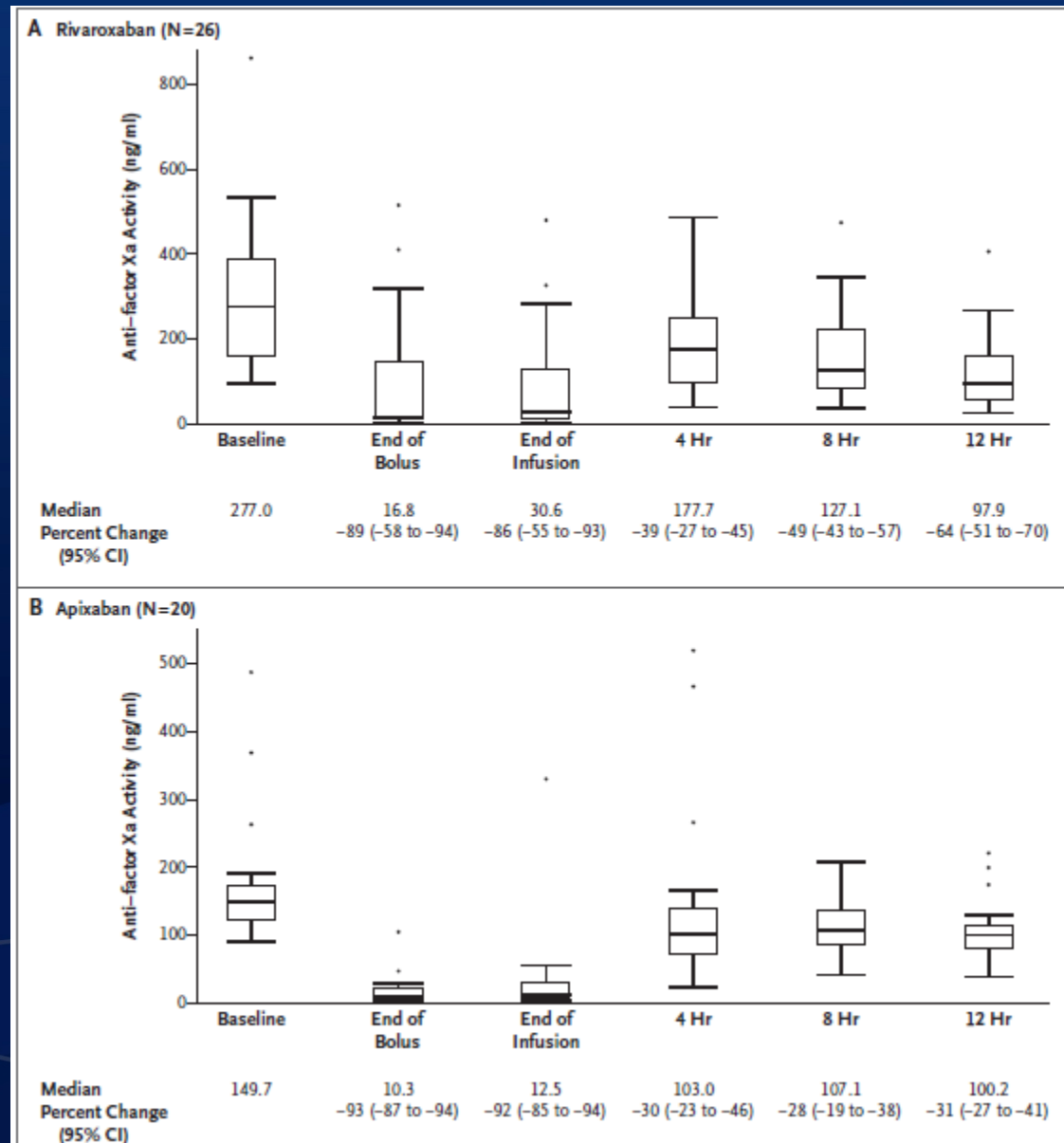
- ▶ Acts as a fXa decoy and retains high affinity for all direct inhibitors of fXa
- ▶ Retains high affinity for ATIII-dependent fXa inhibitors (LMWH, fondaparinux)



Andexanet Alfa in Oral anti-Xa Reversal



Andexanet Alfa in Bleeding on Oral anti-Xa



New Advances in Anticoagulation

Conclusions

- ▶ NOACs are more effective and safer than VKA in SPAF
- ▶ In particular, 60 mg edoxaban once-daily with patient-specific dose-reduction to 30 mg is more effective and safer than well-managed warfarin (median TTR 68%) for SPAF
- ▶ NOACs are also effective and safe under special circumstances: **in cardioversion** and **PCI**. Furthermore, there are **antidotes** available in case of bleeding and urgent surgery