



IV Congresso  
**Novas Fronteiras  
em Cardiologia**

# **Intervenção na Hipertensão Pulmonar**

**7 a 9 de Fevereiro 2014**  
Hotel Vila Galé Ericeira

**João Silva Marques**

CHO/CHLN





Intervenção no Diagnóstico e  
Prognóstico

Intervenção como palição/  
ponte para transplante

Intervenção como tratamento  
de doentes com Hipertensão  
Pulmonar Tromboembólica  
Crónica

Novas estratégias de  
tratamento

- Desnervação das artérias  
pulmonares
- Tratamento com células estaminais

# INTERVENÇÃO NO DIAGNÓSTICO



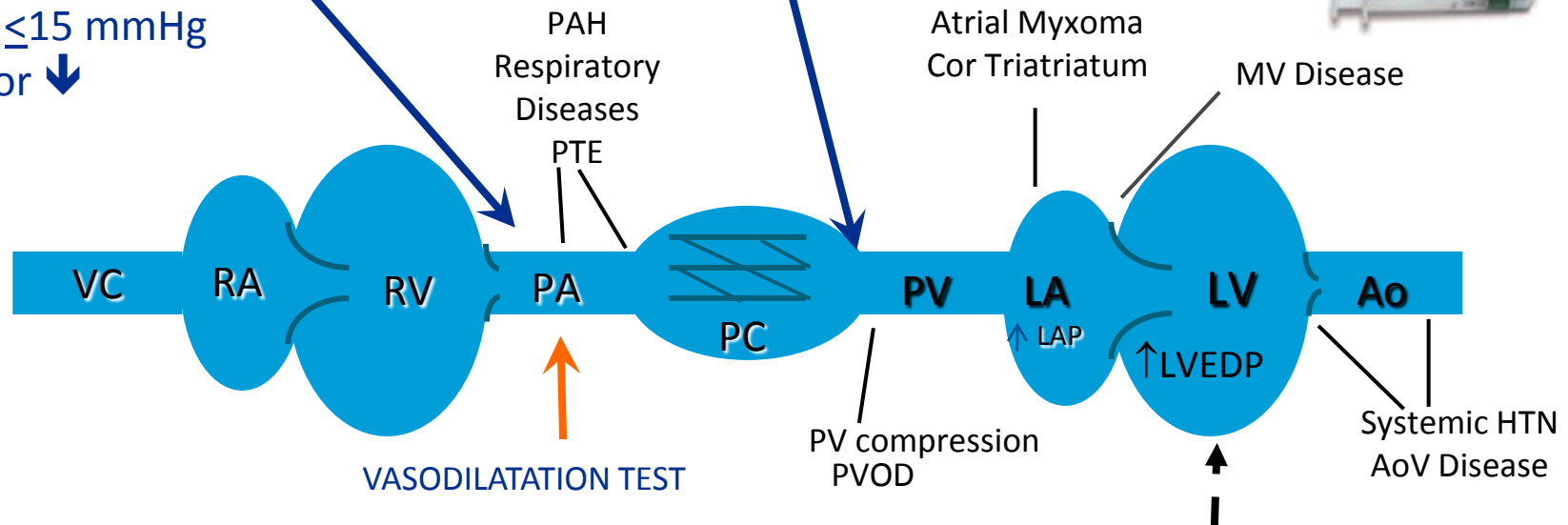
## Cateterismo Cardíaco no Diagnóstico de HTP

### PRE-CAPILLARY PH

Mean PAP  $\geq 25$  mmHg  
PCWP  $\leq 15$  mmHg  
CO nl or ↓

### POST-CAPILLARY PH

Mean PAP  $\geq 25$  mmHg  
PCWP  $> 15$  mmHg  
CO nl or ↓



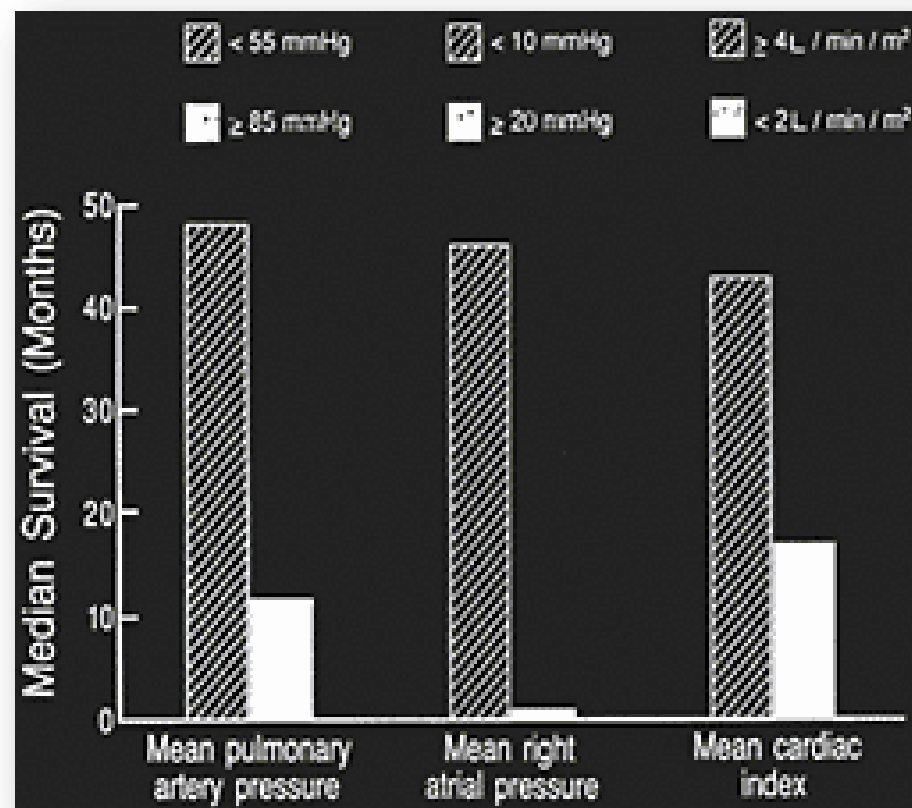
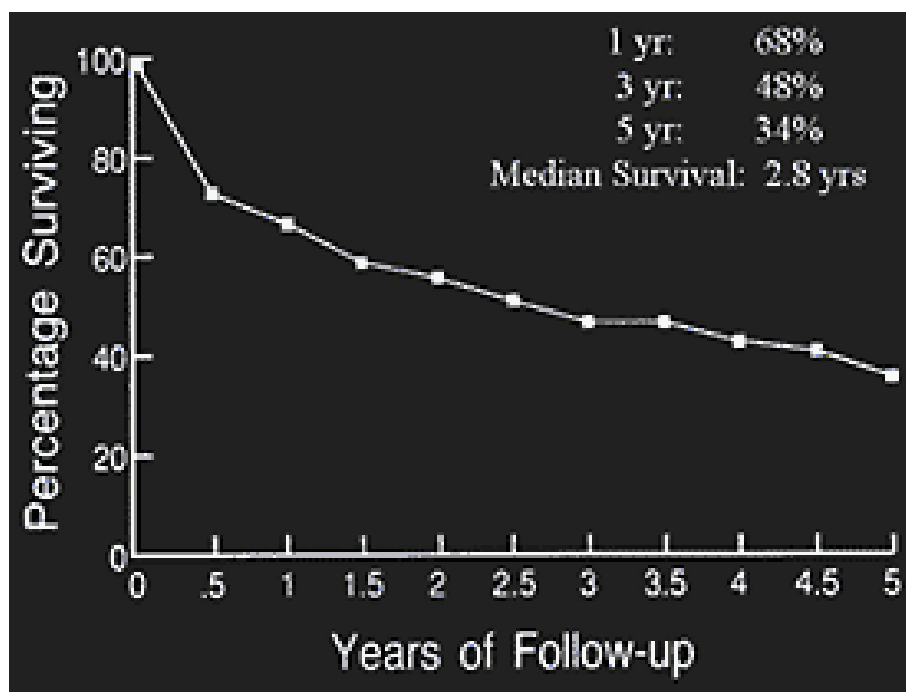
### Haemodynamic definitions of pulmonary hypertension

| Definition                  | Characteristics         | Clinical group(s) |
|-----------------------------|-------------------------|-------------------|
| Pulmonary hypertension (PH) | Mean PAP $\geq 25$ mmHg | All               |

Myocardial Disease  
Dilated CMP-ischemic/non-isc.  
Hypertrophic CMP  
Restrictive/infiltrative CMP  
Pericardial ds.



## Mortalidade e o impacto prognóstico da hemodinâmica



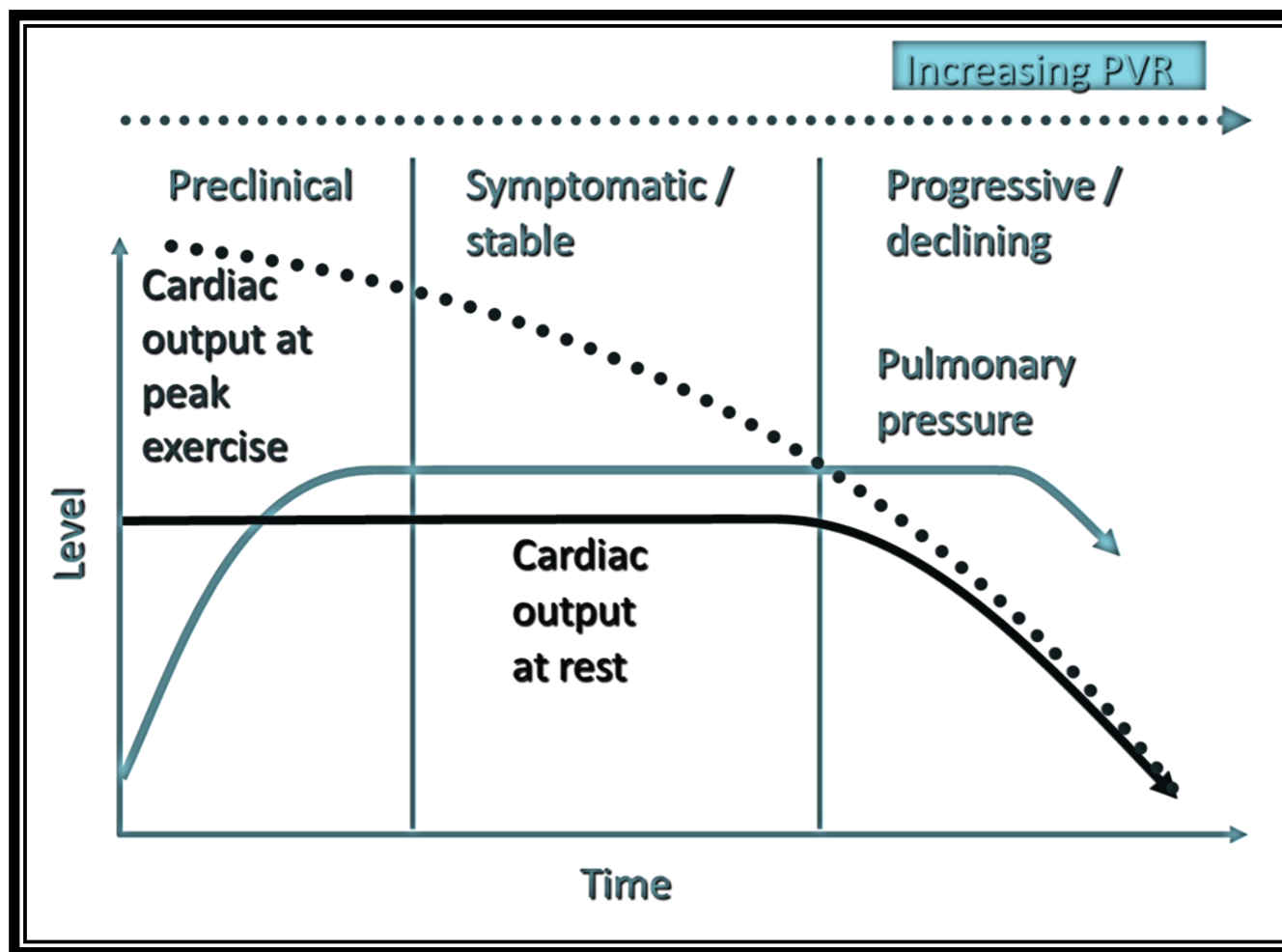
- Median survival among PAH pts in the US between 1981-85 was 2.8 years

# INTERVENÇÃO NO DIAGNÓSTICO



A Pressão na Artéria Pulmonar traduz a gravidade da doença?

$$\text{Pressão} = \text{Débito} \times \text{Resistência Vascular}$$

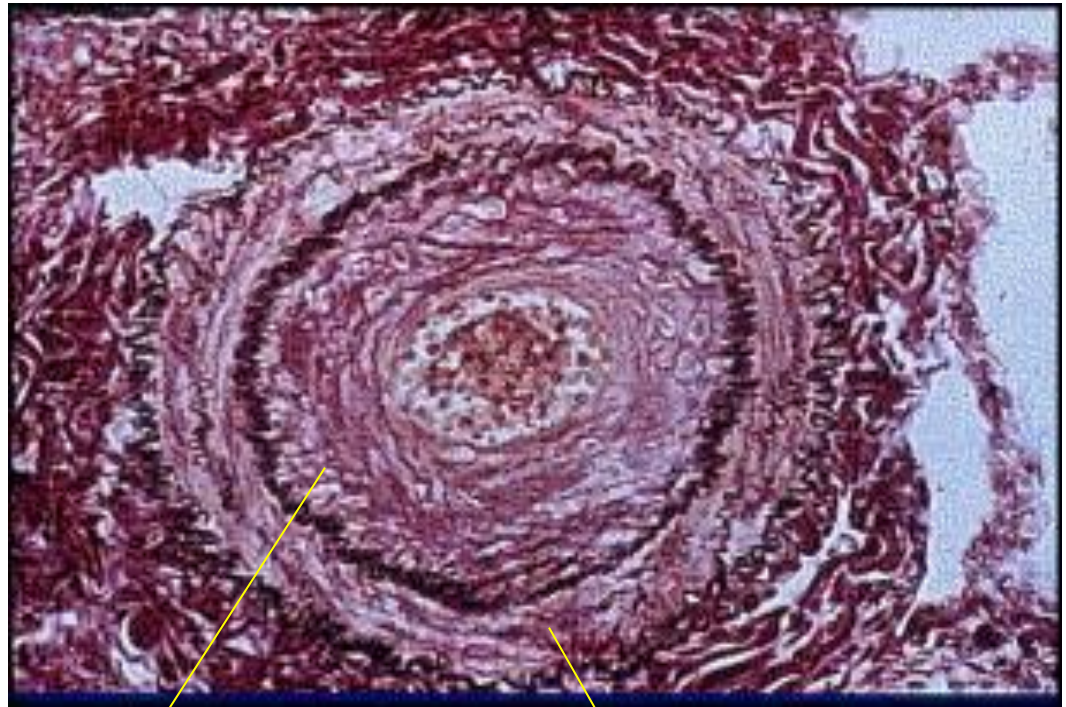




## Histopathology

### *Main vascular changes of PAH*

- Vasoconstriction
- SMC and endothelial-cell proliferation
- fibrosis
- thrombosis



intima

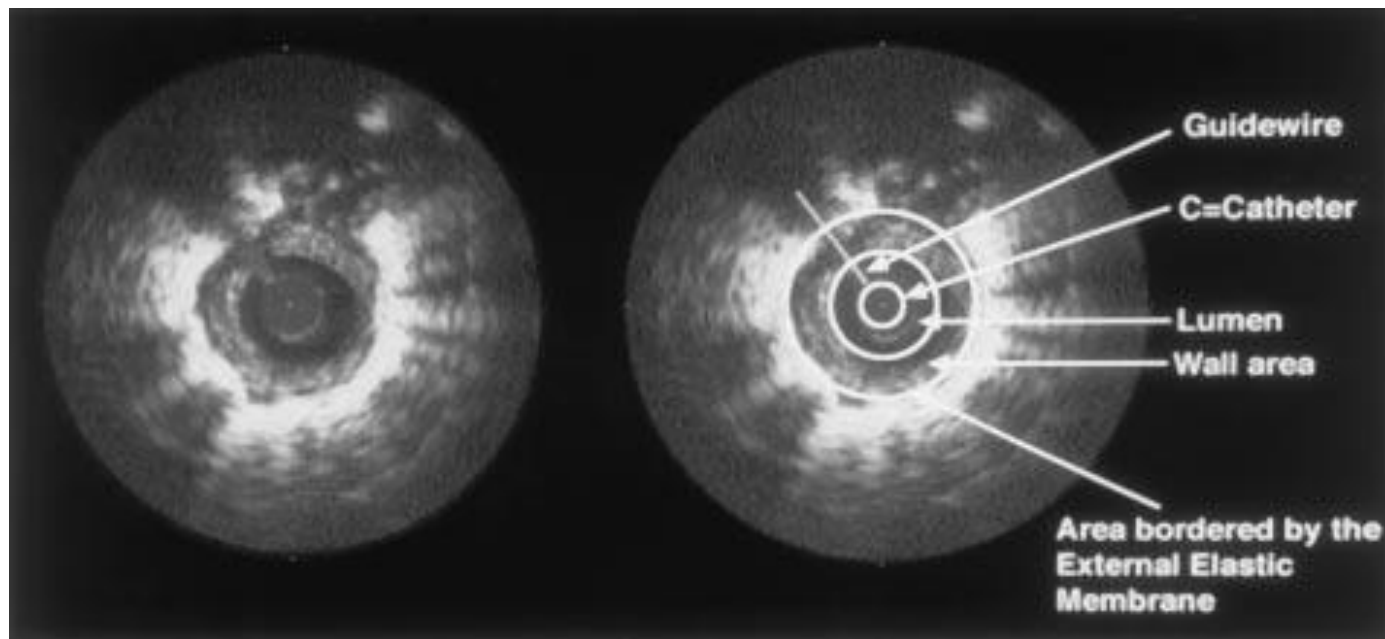
media

1. Severe concentric lamellar intimal fibrosis
2. Medial hypertrophy
3. *in situ* thrombosis of the small residual lumen



## Intravascular Ultrasound Assessment of Pulmonary Vascular Disease in Patients With Pulmonary Hypertension\*

*Erwan Bressollette, MD; Jocelyn Dupuis, MD, PhD; Raoul Bonan, MD; Serge Doucet, MD; Peter Cernacek, MD, PhD; and Jean-Claude Tardif, MD*

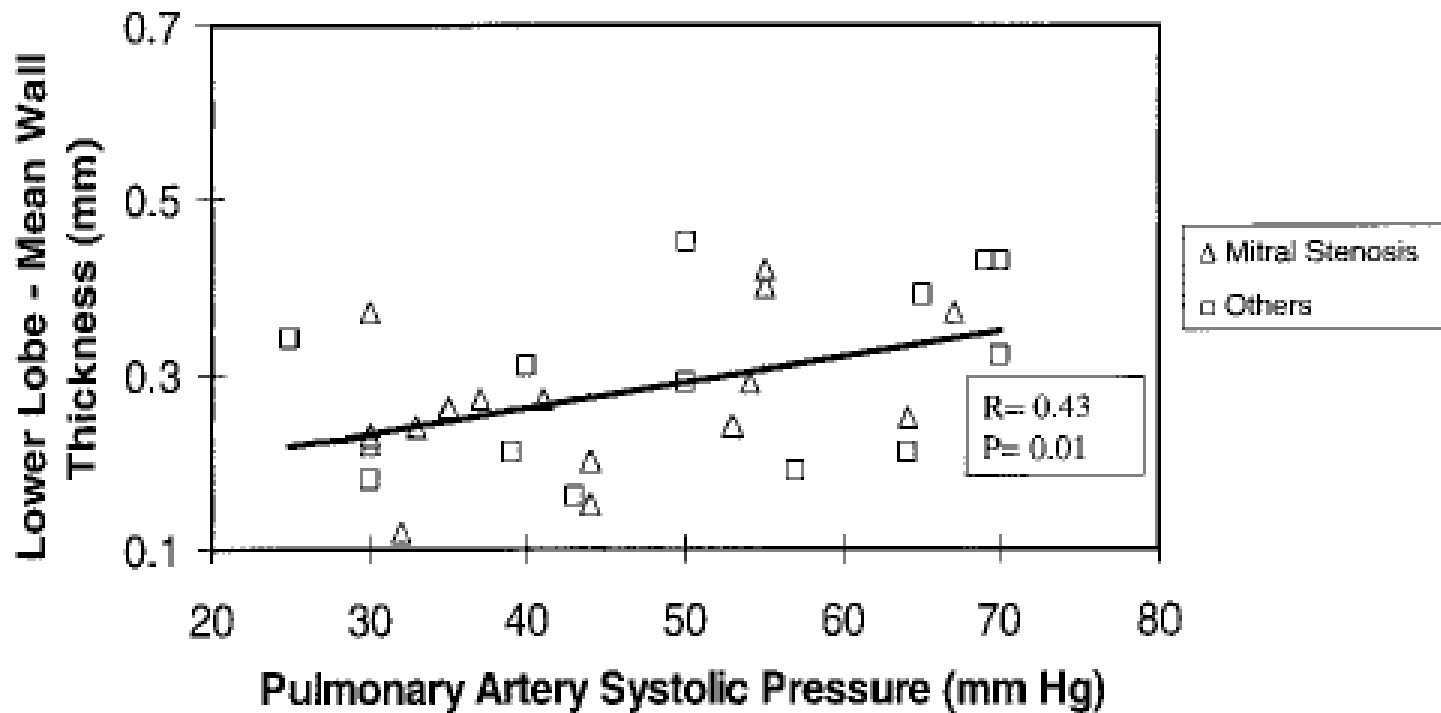


IVUS numa artéria pulmonar distal revelando marcada hipertrofia vascular



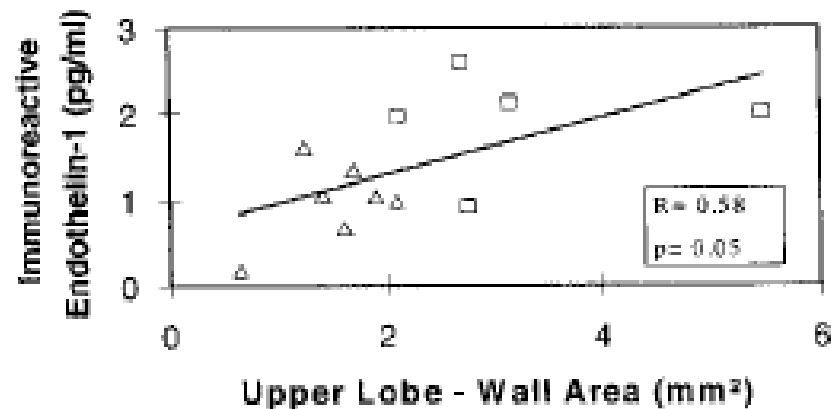
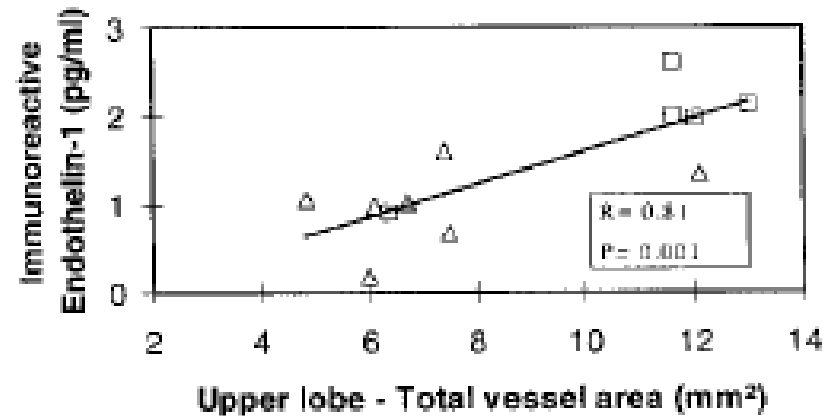
## Correlação entre a PSAP e a espessura da parede vascular pulmonar em IVUS

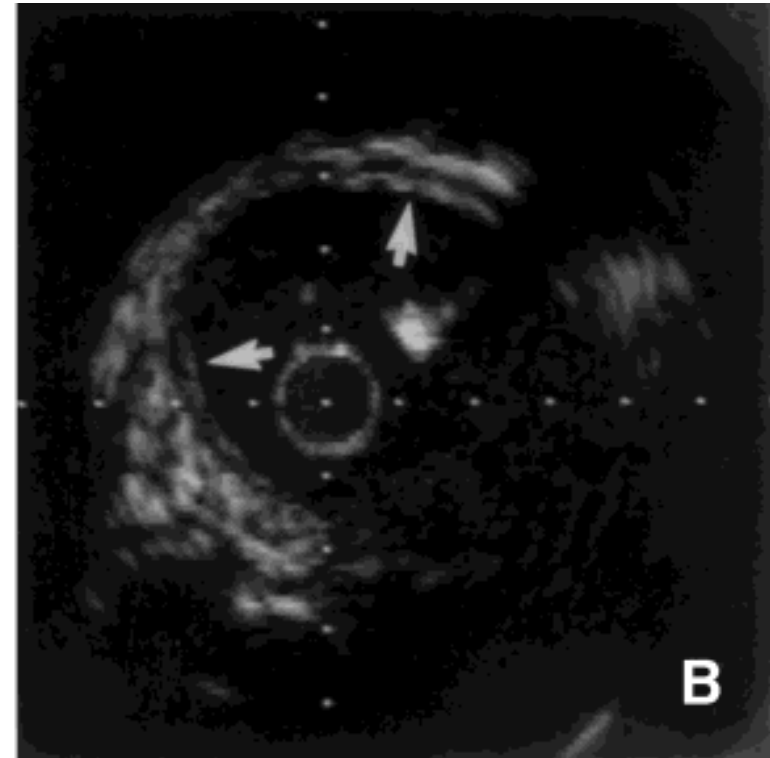
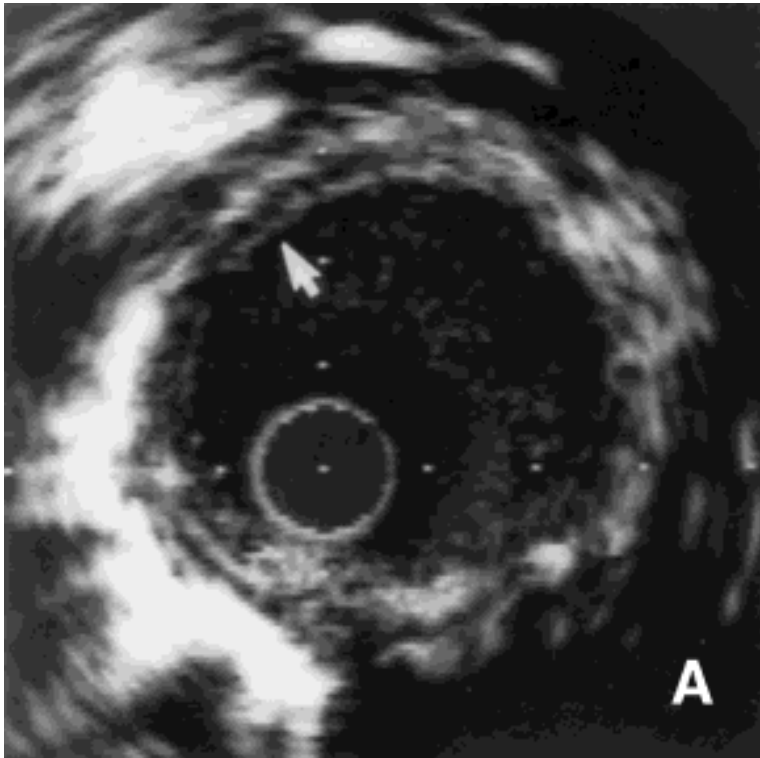
30 doentes com HAP em avaliação com IVUS





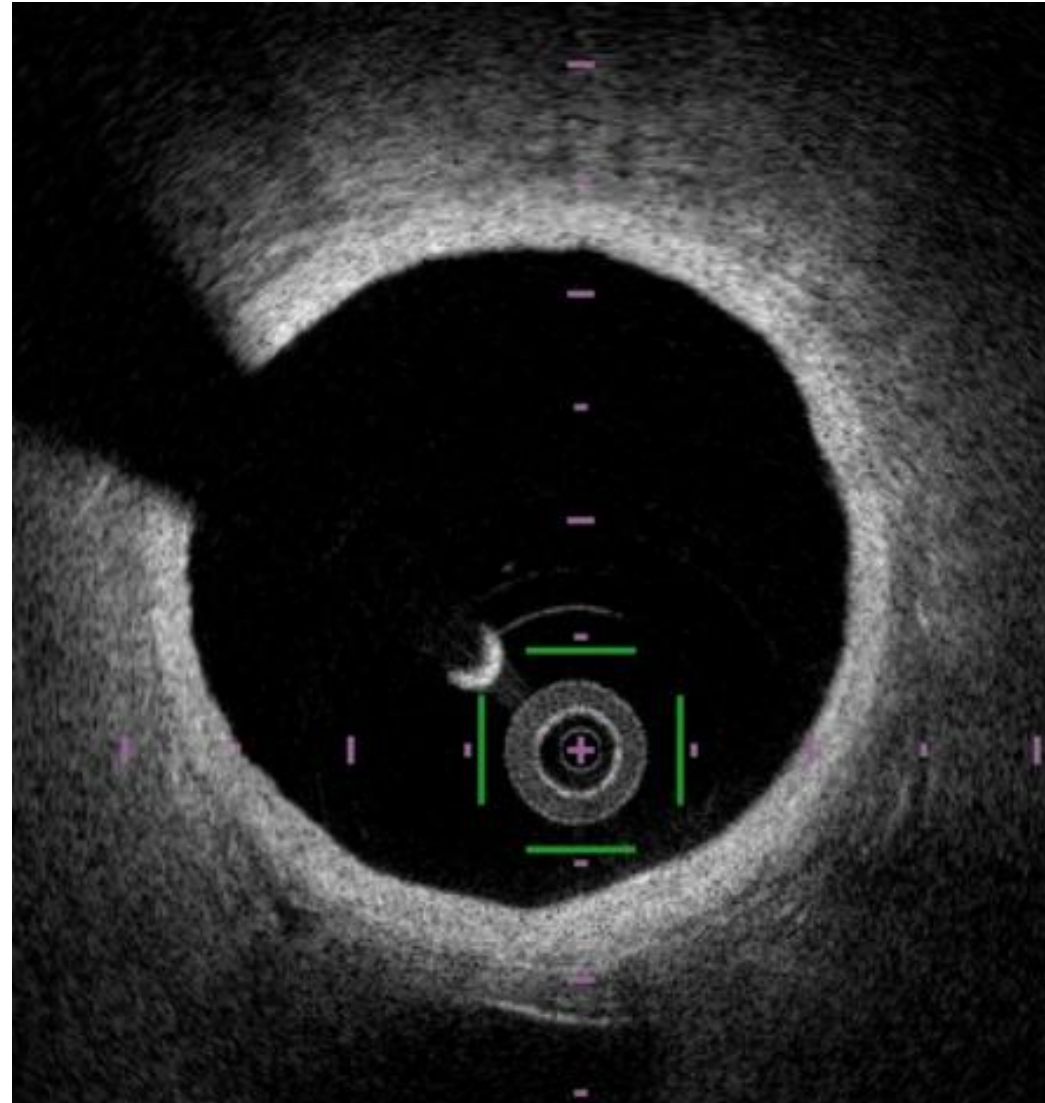
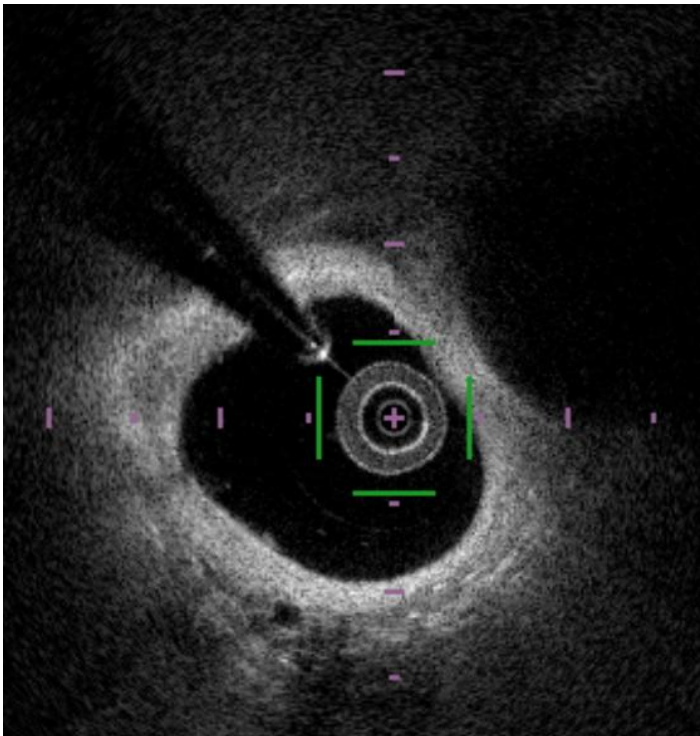
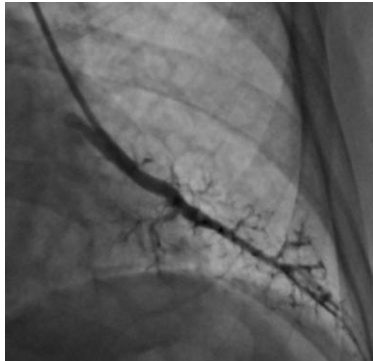
## Correlação entre os níveis ET-1 e a área vascular pulmonar





Identificam-se 3 camadas da parede arterial

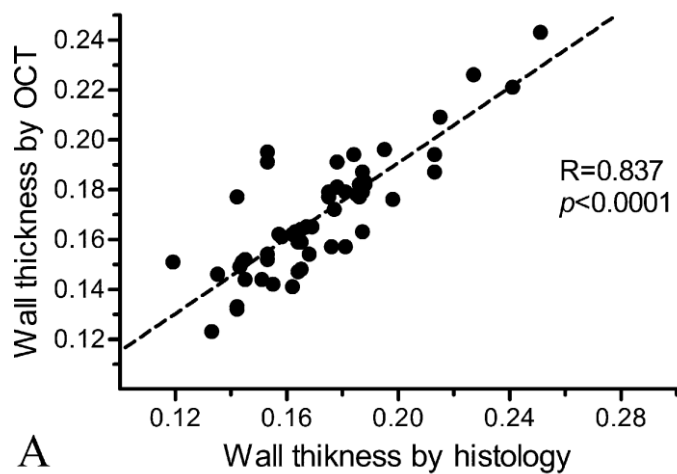
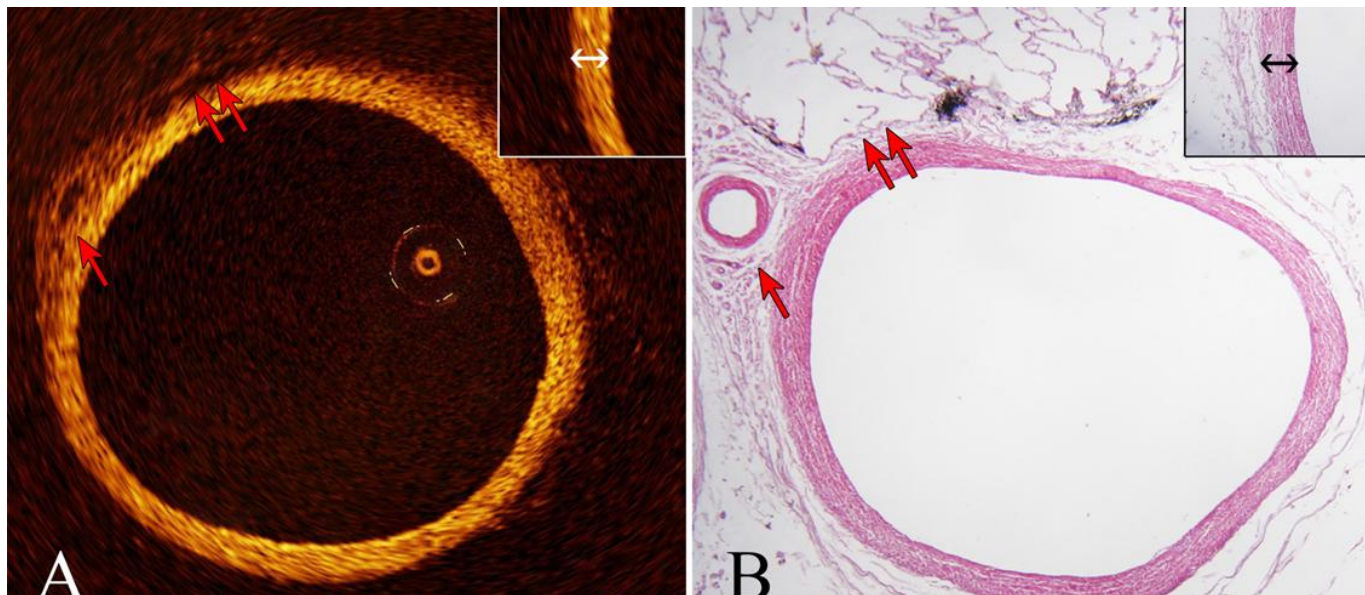
As setas indicam locais onde se visualizam 3 camadas na parede arterial pulmonar. Zona ecolucente = média.





## Validação Histológica dos achados no OCT

Análise de 27 artérias  
de cadáver

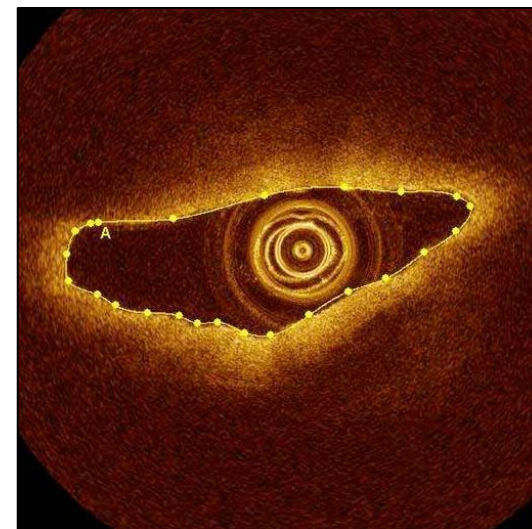
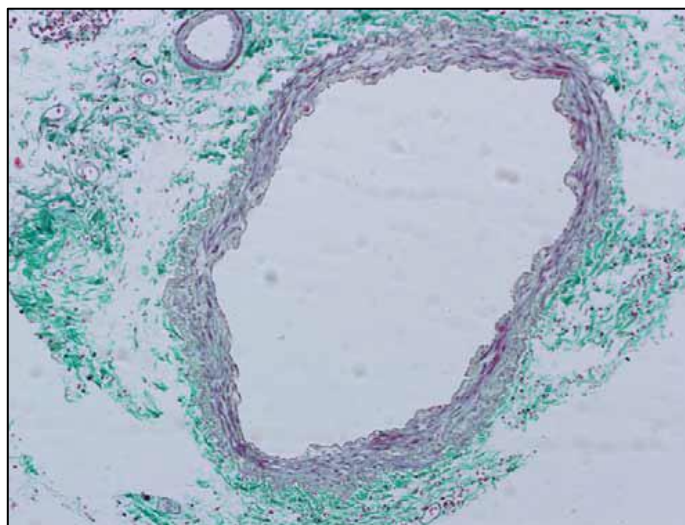




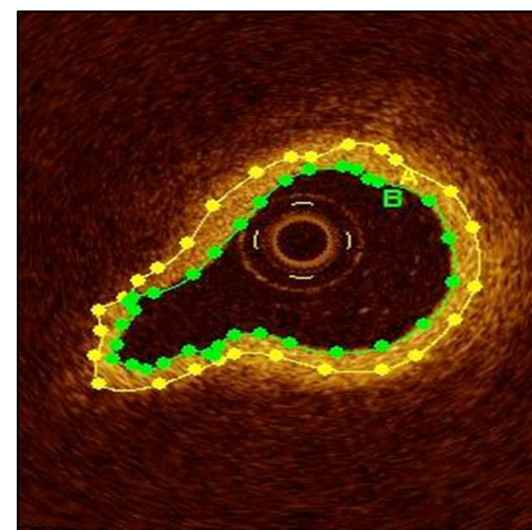
Histology

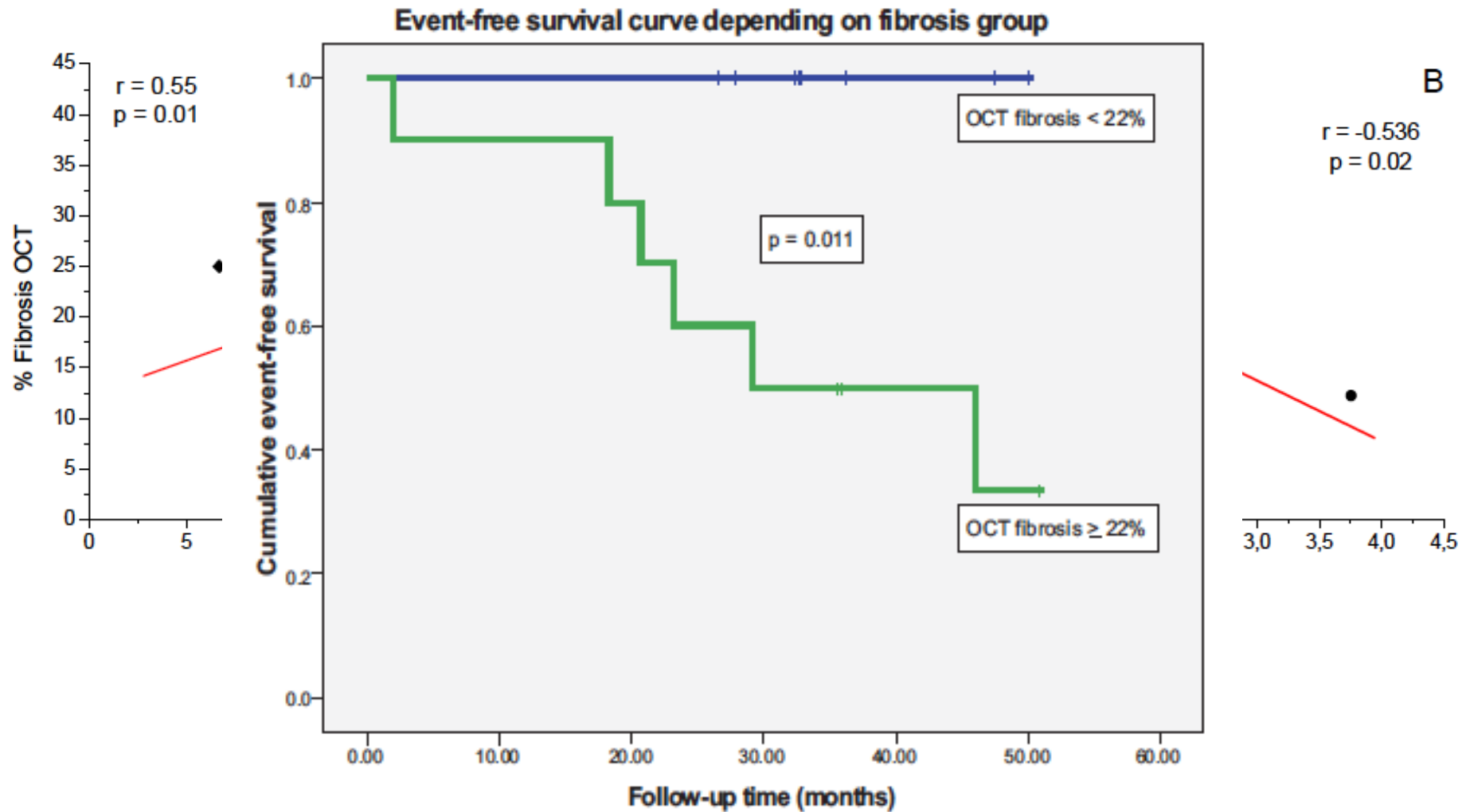
OCT

Normal  
Pulmonary Artery



Pulmonary Artery  
of patient with PAH







- As técnicas de imagiologia oferecem a possibilidade de identificar aspectos morfológicos das artérias pulmonares, antes só possíveis através de avaliação de peças histológicas post mortem ou pós transplante pulmonar
- Devem ser investigadas as suas possibilidades no:
  - Diagnóstico
  - Classificação da doença
  - Estratificação prognóstica
  - Resposta a terapêutica (remodelagem vascular)



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# INTERVENÇÃO COMO PALIAÇÃO- SEPTOSTOMIA



- It has been observed that patients with primary pulmonary hypertension and an atrial communication have better survival than patients with pulmonary hypertension who lack an atrial shunt.

Rozkovec A et al. Br Heart J 1986

Glanville AR et al. Chest 1987

| <i>Factor</i>             | <i>Number</i> | <i>%</i> | <i>Mean survival (yr)</i> |
|---------------------------|---------------|----------|---------------------------|
| Familial disease          | 2             | 5.9      | 6                         |
| Connective tissue disease | 3             | 8.8      | 3.4                       |
| Pregnancy                 | 5             | 14.7     | 14.2                      |
| Patent foramen ovale      | 4             | 11.8     | 11.5                      |
| No related factors        | 20            | 58.8     | 5.5                       |
| All patients              | 34            | 100      | 7.3                       |

- Similarly, patients with Eisenmenger's syndrome have a better rate of survival than patients with pulmonary hypertension without intracardiac shunts.

Young D et al. Am J Cardiol 1971

Hopkins WE et al. J Heart Lung Transplant 1996

- Rich and Lam first reported transcatheter creation of an atrial septal defect (ASD) in a patient with pulmonary hypertension.

Rich S, Lam W. Am J Cardiol 1983



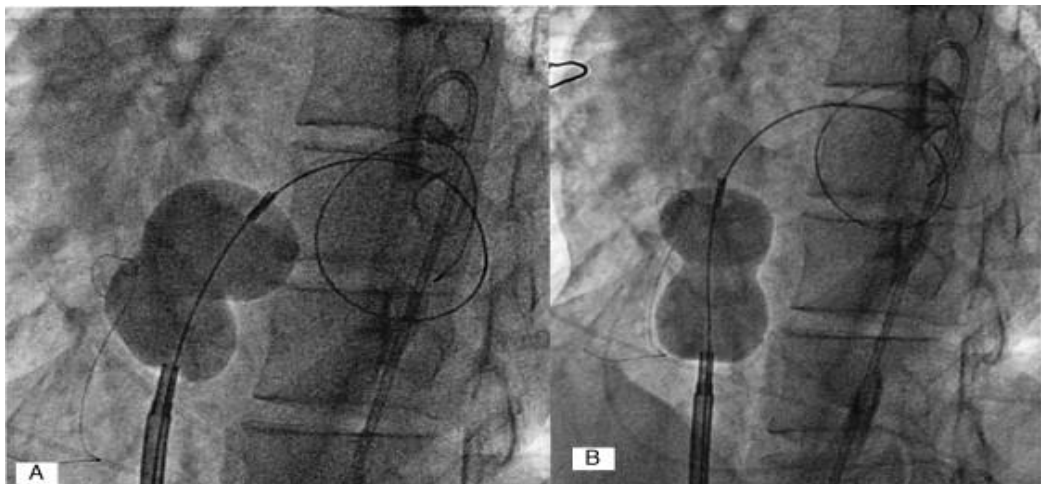
## Princípios da septostomia auricular e mecanismos benéficos

### Efeitos Hemodinâmicos Agudos da Septostmia Auricular

- ↑ systemic oxygen transport by ↑ cardiac output.
- ↓ in right atrial pressure → ↓ systemic venous congestion thereby improving right heart failure.
- With exercise → ↑ right to left shunting → ↑ oxygen transport although at the expense of the systemic arterial oxygen saturation.
- ↑ right ventricular coronary perfusion due to a ↓ in right heart filling pressures.

Because the pulmonary vascular bed is unaffected by the procedure, the long term effects of an AS must be considered palliative.

Barst RJ. Thorax 2000

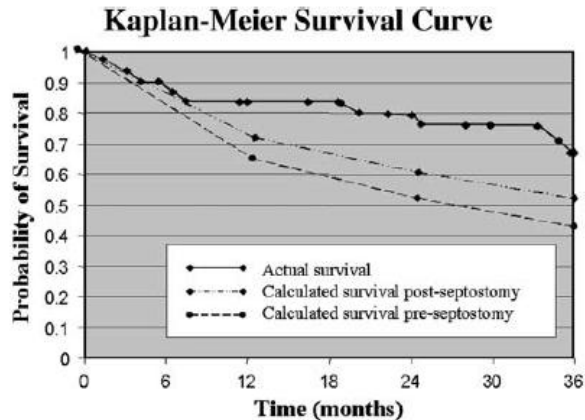


# INTERVENÇÃO COMO PALIAÇÃO- SEPTOSTOMIA



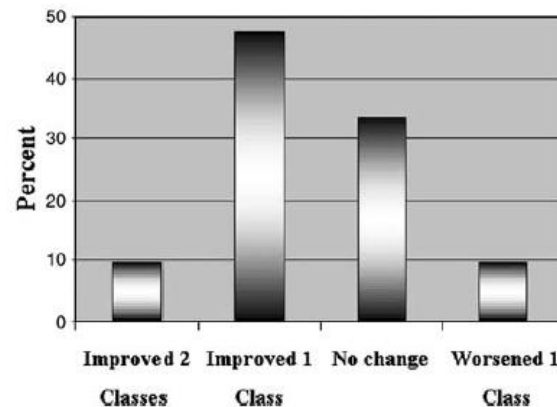
## Follow up and outcome

- Greatest relief is from syncope.
- Functional class improvement in >50% .
- One year survival benefit(75-90% vs the 40% natural history survival)
- Late deterioration can occur as ASD gets closed.

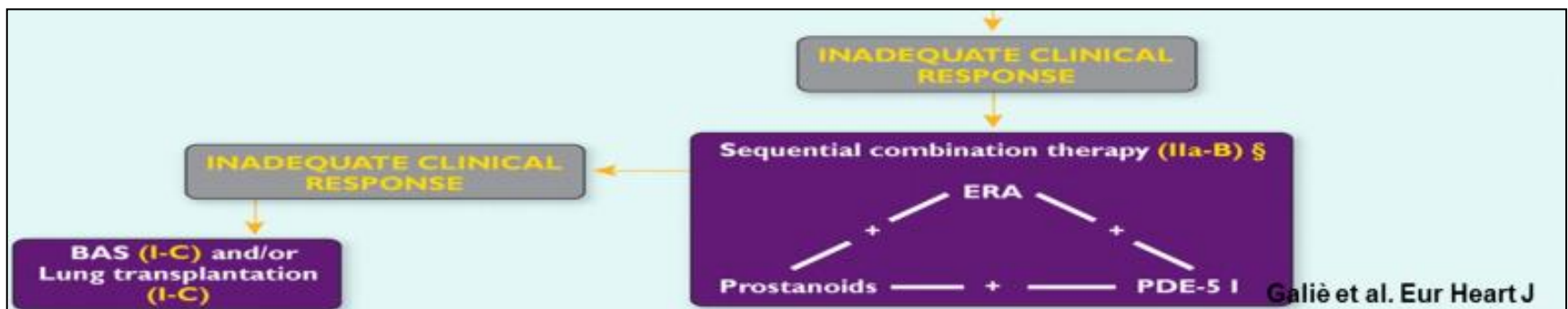


Kaplan-Meier survival curve for patients surviving >30 days

## Change in New York Heart Association Class



Law MA, et al. Am Heart J 2007



Galiè et al. Eur Heart J



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- Stepwise balloon distention of the MPA → step ↑ in pulmonary artery pressure downstream from the balloon.
- This elevation in pressure occurs in the absence of any significant change in right ventricular end-diastolic pressure, aortic pressure, left atrial pressure, and cardiac output. Therefore, **the pulmonary vascular resistance rises significantly.**

Laks MM, et al. Chest 1975

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## Pulmonary Disorders

### **Pulmonary Artery Denervation to Treat Pulmonary Arterial Hypertension**

The Single-Center, Prospective, First-in-Man PADN-1 Study  
(First-in-Man Pulmonary Artery Denervation for  
Treatment of Pulmonary Artery Hypertension)

Shao-Liang Chen, MD,\*† Feng-Fu Zhang, MD,\* Jing Xu, MD,\* Du-Jiang Xie, MD,\* Ling Zhou, MD,\*  
Thach Nguyen, MD,‡ Gregg W. Stone, MD§

*Nanjing, China; Hobart, Indiana; and New York, New York*



## Design

- **OBJECTIVE:** first-in man study to test the safety and efficacy of PADN by inducing local injury/destruction to the baroreceptor or sympathetic nervous fibers in patients with IPAH who did not respond optimally to current medical therapy.
- **ENDPOINTS.** The primary endpoints were improvement of functional capacity by the 6MWT and mean PAP at 3 months.
- Clinical adverse events (including PA perforation/ dissection, acute thrombus formation in the PA, all-cause death, rehospitalization due to PAH, and lung transplantation) served as secondary endpoints and were assessed by an independent event committee.

**22 patients unresponsive to medical therapy enrolled between March and May 2012**

**1 patient excluded  
+ adenosine test**

**21 patients enrolled**

**8 pts refused PADN**

**PADN group(N=13)**

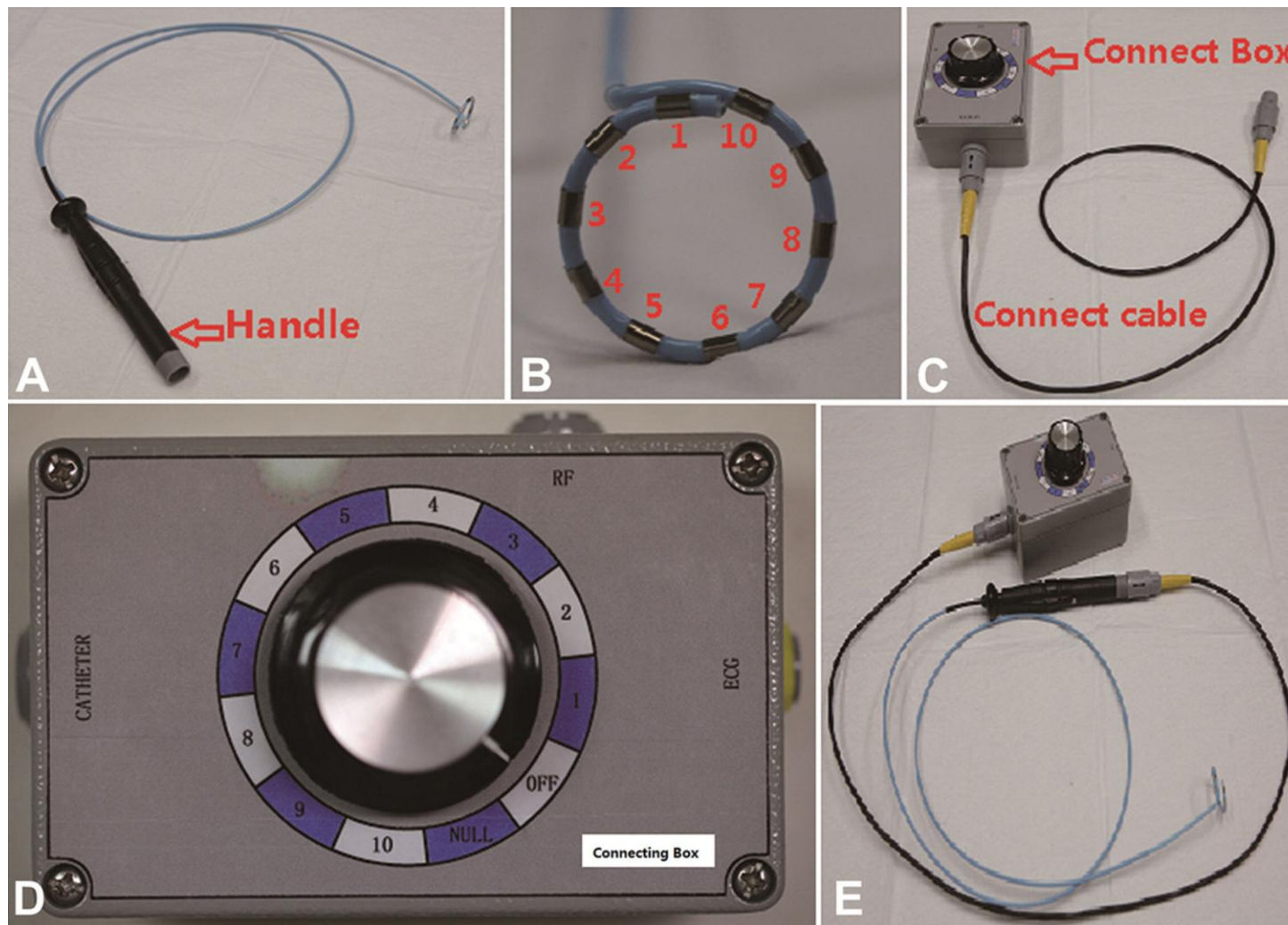
**Control group(N=8)**

**Clinical follow-up at 3-month in all patients  
Hemodynamic measurements: post, 24h,1w,3-m**

# DESENERVAÇÃO DAS ART. PULMONARES

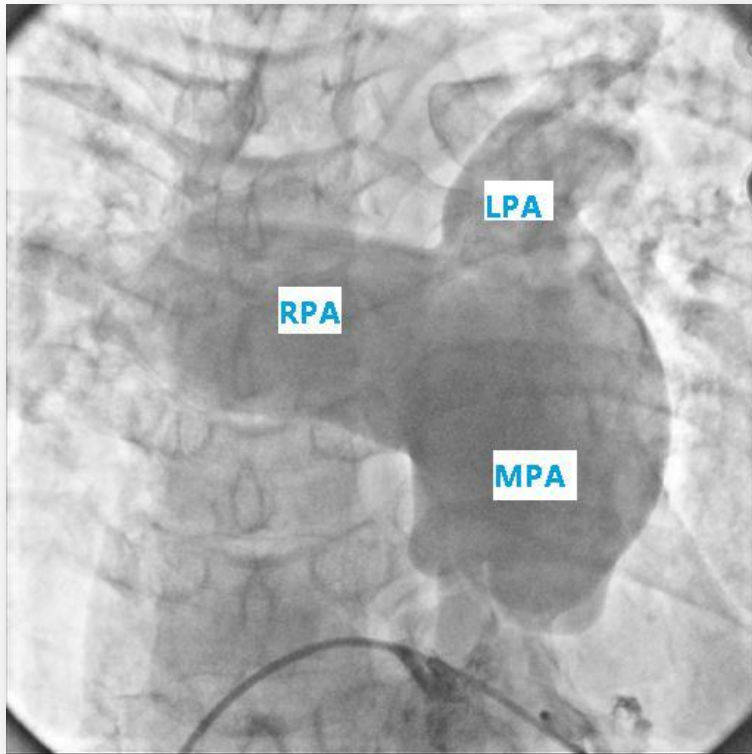


## PADN system





## PADN procedure



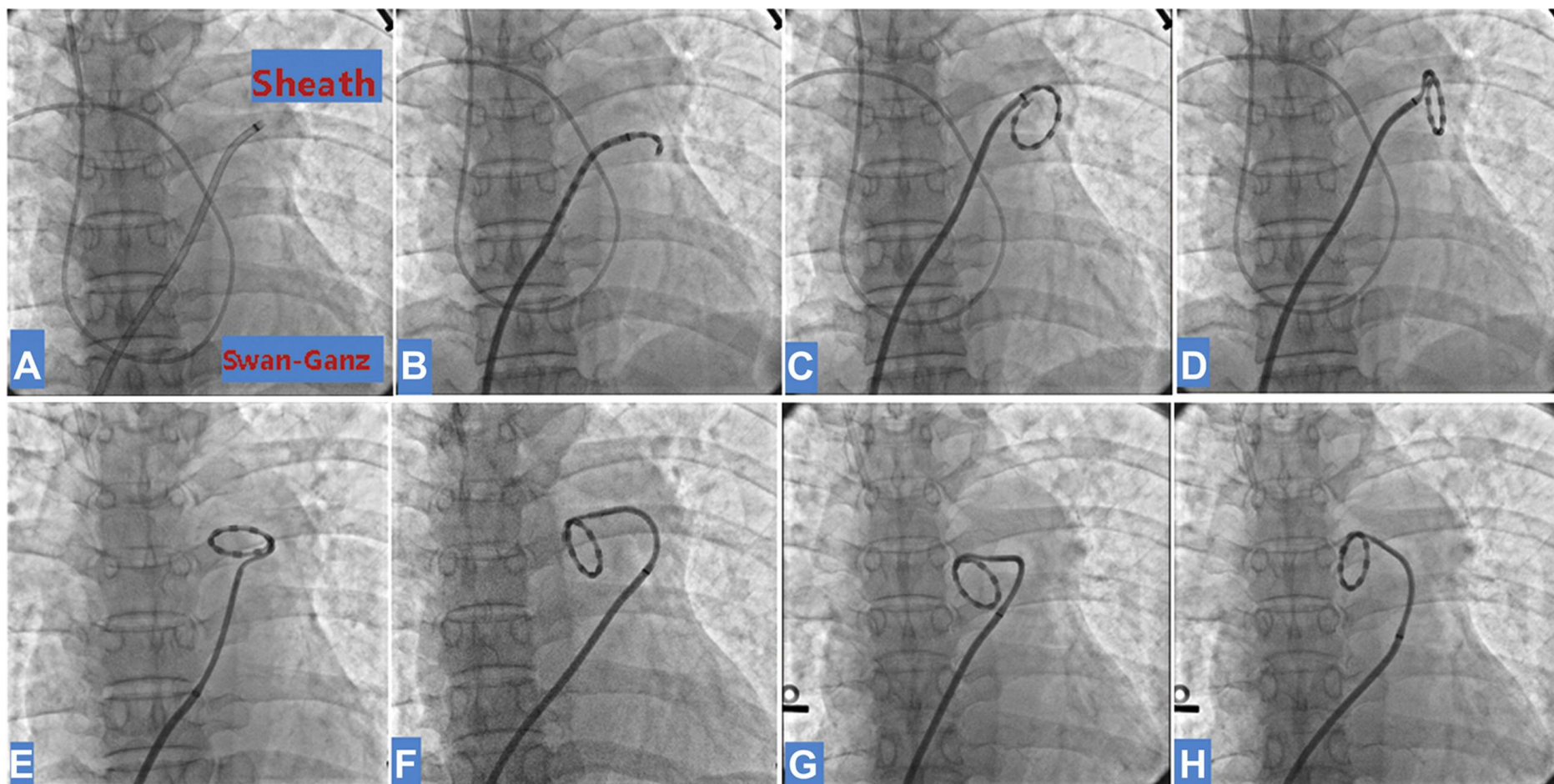
- Baseline PA angiography was performed
- 8-F long sheath through the femoral vein direction, the circular tip would be Position the tip of the catheter at the ostium of the left PA (3 positions)
- 3 criteria were used to ensure tightly contact:
  - 1) strong manual resistance;
  - 2) inability to advance distally;
  - 3) angiographic confirmation.

temperature > 50 °C, energy 10 W,  
and time 60 s

# DESENERVAÇÃO DAS ART. PULMONARES



## PADN procedure



# DESENERVAÇÃO DAS ART. PULMONARES



**Table 2** Echocardiographic Measurements in 2 Groups

|                                | Before      | Following PADN |             |             |             |             |             |
|--------------------------------|-------------|----------------|-------------|-------------|-------------|-------------|-------------|
|                                |             | Post           | 24 H        | 1 Week      | 1 Month     | 2 Months    | 3 Months    |
| SPAP, mm Hg                    |             |                |             |             |             |             |             |
| PADN group                     | 86 ± 5*     | 70 ± 4         | 70 ± 6      | 70 ± 6      | 69 ± 6      | 71 ± 6      | 72 ± 7      |
| Control group                  | 86 ± 8*     | —              | 84 ± 9*     | 84 ± 8*     | 85 ± 9*     | 83 ± 7*     | 83 ± 9*     |
| MPAP, mm Hg                    |             |                |             |             |             |             |             |
| PADN group                     | 38 ± 6†     | 24 ± 5         | 24 ± 4      | 25 ± 5      | 23 ± 4      | 26 ± 5      | 26 ± 6*     |
| Control group                  | 37 ± 7*     | ±              | 36 ± 5*     | 36 ± 5*     | 37 ± 5*     | 35 ± 5*     | 35 ± 6*     |
| Tel                            |             |                |             |             |             |             |             |
| PADN group                     | 0.7 ± 0.04§ | 0.5 ± 0.04‡    | 0.4 ± 0.04  | 0.5 ± 0.04‡ | 0.4 ± 0.05  | 0.4 ± 0.04  | 0.5 ± 0.04‡ |
| Control group                  | 0.7 ± 0.04  | —              | 0.7 ± 0.04§ | 0.7 ± 0.04§ | 0.7 ± 0.05§ | 0.7 ± 0.05§ | 0.7 ± 0.06§ |
| Pericardial-effusion depth, mm |             |                |             |             |             |             |             |
| PADN group                     | 3.5 ± 0.8*  | 2.7 ± 0.5      | 2.8 ± 0.7   | 2.4 ± 0.5   | 1.4 ± 0.5   | 0.7 ± 0.2   | 0.7 ± 0.4   |
| Control group                  | 3.5 ± 0.7*  | —              | 3.3 ± 0.9*  | 3.4 ± 0.7*  | 3.4 ± 0.7*  | 3.4 ± 0.7*  | 3.4 ± 0.7*  |
| PA compliance                  |             |                |             |             |             |             |             |
| PADN group                     | 0.2 ± 0.1*  | 0.4 ± 0.1      | 0.4 ± 0.1   | 0.4 ± 0.1   | 0.4 ± 0.1   | 0.4 ± 0.1   | 0.4 ± 0.1   |
| Control group                  | 0.2 ± 0.1*  | —              | 0.2 ± 0.1*  | 0.2 ± 0.1*  | 0.2 ± 0.1*  | 0.2 ± 0.1*  | 0.2 ± 0.1*  |

Values are mean ± SD. \*p < 0.001, compare with following PADN. †p < 0.04, compared with following PADN. ‡p < 0.001, compared with before PADN. §p < 0.03, compared with following PADN at 24 h, 1 month, and 2 months.

MPAP = mean pulmonary artery pressure; PA = pulmonary artery; PADN = pulmonary artery denervation; SPAP = systolic pulmonary artery pressure; Tel = tricuspid excursion index.

# DESENERVAÇÃO DAS ART. PULMONARES



**Table 3** Hemodynamic Measurements by Right Heart Catheterization

|                                          | Before Intervention | Following PADN |            |             |
|------------------------------------------|---------------------|----------------|------------|-------------|
|                                          |                     | Post           | 24 H       | 3 Months    |
| SPAP, mm Hg                              |                     |                |            |             |
| PADN group                               | 86 ± 8*             | 72 ± 5         | 70 ± 5     | 71 ± 6      |
| Control group                            | 86 ± 7*             | —              | —          | 86 ± 7*     |
| MPAP, mm Hg                              |                     |                |            |             |
| PADN group                               | 55 ± 5*             | 39 ± 7         | 36 ± 5     | 36 ± 5      |
| Control group                            | 53 ± 5*             | —              | —          | 50 ± 5*     |
| PVR, dyne · s · cm <sup>-5</sup>         |                     |                |            |             |
| PADN group                               | 1,883 ± 281         | 1,150 ± 208†   | 876 ± 154† | 763 ± 162§  |
| Control group                            | 1,877 ± 275         | —              | —          | 1,847 ± 239 |
| RVP, mm Hg                               |                     |                |            |             |
| PADN group                               | 85 ± 7‡             | 71 ± 6         | 70 ± 5     | 69 ± 6      |
| Control group                            | 86 ± 8‡             | —              | —          | 85 ± 7‡     |
| RAP, mm Hg                               |                     |                |            |             |
| PADN group                               | 4 ± 2               | 5 ± 2          | 5 ± 3      | 5 ± 2       |
| Control group                            | 5 ± 2               | —              | —          | 5 ± 2       |
| PAOP, mm Hg                              |                     |                |            |             |
| PADN group                               | 8 ± 2               | 8 ± 3          | 8 ± 4      | 8 ± 3       |
| Control group                            | 7 ± 3               | —              | —          | 7 ± 4       |
| TPG, mm Hg                               |                     |                |            |             |
| PADN group                               | 36 ± 6*             | 30 ± 5         | 27 ± 4     | 28 ± 5      |
| Control group                            | 42 ± 6*             | —              | —          | 34 ± 6*     |
| Cardiac output (l/min · m <sup>2</sup> ) |                     |                |            |             |
| PADN group                               | 2.0 ± 0.2           | 2.6 ± 0.1      | 2.8 ± 0.2  | 2.8 ± 0.3   |
| Control group                            | 2.1 ± 0.1           | 2.1 ± 0.2      | 2.1 ± 0.1  | 2.2 ± 0.2   |
| PA O <sub>2</sub> saturation, %          |                     |                |            |             |
| PADN group                               | 42 ± 7*             | 51 ± 6         | 51 ± 6     | 52 ± 7      |
| Control group                            | 42 ± 5              | 43 ± 5         | 43 ± 5     | 43 ± 6      |

Values are mean ± SD. \*p < 0.001, compared with following PADN. †p < 0.05, compared with before PADN. ‡p < 0.003, compared with following PADN. §p < 0.001, compared with before PADN. ||p < 0.001, compared with 3 months in following PADN.

PAOP = pulmonary artery occlusive pressure; PVR = pulmonary vessel resistance; RAP = right atrial pressure; RVP = right ventricular pressure; TPG = transpulmonary pressure gradient; other abbreviations as in Table 2.

# DESENERVAÇÃO DAS ART. PULMONARES



**Table 4** Assessment of Functional Capacity

|                      |              | Following PADN |              |              |              |              |
|----------------------|--------------|----------------|--------------|--------------|--------------|--------------|
|                      | Before       | 24 H           | 1 Week       | 1 Month      | 2 Months     | 3 Months     |
| 6MWD, m              |              |                |              |              |              |              |
| PADN group           | 324 ± 21     | —              | 390 ± 33     | 459 ± 42*    | 487 ± 47*    | 491 ± 38*    |
| Control group        | 358 ± 30     | —              | 361 ± 36     | 365 ± 38†    | 362 ± 39†    | 364 ± 38†    |
| WHO class            |              |                |              |              |              |              |
| PADN group           | 3.6 ± 0.8†   | —              | 2.3 ± 1      | 1.7 ± 0.9    | 1.6 ± 0.7    | 1.6 ± 0.8    |
| Control group        | 3.5 ± 0.9†   | —              | 3.5 ± 0.8†   | 3.5 ± 0.8†   | 3.5 ± 0.9†   | 3.2 ± 0.4†   |
| Class ≥3             |              |                |              |              |              |              |
| PADN group           | 6 (46)†      | —              | 1 (7.6)      | 1 (7.6)      | 1 (7.6)      | 1 (7.6)      |
| Control group        | 4 (50)†      | —              | 4 (50)†      | 4 (50)†      | 4 (50)†      | 4 (50)†      |
| BORG index           |              |                |              |              |              |              |
| PADN group           | 3.4 ± 0.3    | —              | 3.0 ± 0.4    | 3.0 ± 0.3    | 2.3 ± 0.4*   | 2.3 ± 0.4*   |
| Control group        | 3.5 ± 0.4    | —              | 3.5 ± 0.3    | 3.3 ± 0.4    | 3.2 ± 0.3†   | 3.3 ± 0.3†   |
| Class ≥3             |              |                |              |              |              |              |
| PADN group           | 8 (62)†      | —              | 3 (23)       | 3 (23)       | 3 (23)       | 3 (23)       |
| Control group        | 4 (50)†      | —              | 4 (50)†      | 4 (50)†      | 4 (50)†      | 4 (50)†      |
| NT-BNP, pg/ml        |              |                |              |              |              |              |
| PADN group           | 2,005 ± 442‡ | 1,502 ± 419    | 1,234 ± 322  | 910 ± 205    | 837 ± 204    | 822 ± 201    |
| Control group        | 1,993 ± 407‡ | 2,020 ± 435‡   | 1,992 ± 387‡ | 1,990 ± 418‡ | 2,001 ± 411‡ | 1,988 ± 422‡ |
| All-cause death      |              |                |              |              |              |              |
| PADN group           | —            | 0              | 0            | 0            | 1 (7.6)      | 1 (7.6)      |
| Control group        | —            | 0              | 0            | 0            | 1 (12.5)     | 1 (12.5)     |
| Rehospitalization    |              |                |              |              |              |              |
| PADN group           | —            | 0              | 0            | 0            | 0            | 0            |
| Control group        | —            | 0              | 5 (62.5)§    | 5 (62.5)§    | 5 (62.5)§    | 5 (62.5)§    |
| Lung transplantation |              |                |              |              |              |              |
| PADN group           | —            | 0              | 0            | 0            | 0            | 0            |
| Control group        | —            | 0              | 0            | 0            | 0            | 0            |

Values are mean ± SD or n (%). \*p < 0.010, compared with before PADN. †p < 0.010, compared with following PADN. ‡p < 0.001, compared with following PADN. §p < 0.001, compared with following PADN.

6 MWD = 6-min walk distance; BORG = BORG dyspnea scoring; NT-BNP = N-terminal brain natriuretic peptide; PADN = pulmonary artery denervation; WHO = World Health Organization.



## **Transplantation of Autologous Endothelial Progenitor Cells May Be Beneficial in Patients With Idiopathic Pulmonary Arterial Hypertension**

*A Pilot Randomized Controlled Trial*

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A variety of evidence suggests that endothelial progenitor cells (EPCs) constitute one aspect of the endothelial repair process.

Experimental data have suggested that transplantation of EPCs attenuated monocrotaline-induced pulmonary hypertension in the rat model.

# TRATAMENTO COM CÉLULAS ESTAMINAIS



Prospective, randomized trial comparing the effects of EPC transplantation plus conventional therapy with those of conventional therapy alone in patients with IPAH.

The primary end-point was change in the 6-min walk distance using a standardized protocol.

31 patients, 16 were randomized to conventional therapy (conventional therapy group) and 15 to cell infusion plus conventional therapy (cell infusion group).

**Table 3** Changes In the Exercise Capacity and Hemodynamic Variables From Baseline to Week 12\*

|                                                          | Change From Baseline |                      | Mean Difference | 95% Confidence Interval |
|----------------------------------------------------------|----------------------|----------------------|-----------------|-------------------------|
|                                                          | Cell Infusion        | Conventional Therapy |                 |                         |
| 6-min walk distance (m)                                  | 48.2 ± 17.1          | 5.7 ± 20.3           | 42.5            | 28.7 to 56.3            |
| Mean pulmonary artery pressure (mm Hg)                   | −4.5 ± 3.4           | −0.4 ± 2.4           | −4.0            | −6.2 to −1.9            |
| Pulmonary vascular resistance (dyne·s·cm <sup>−5</sup> ) | −185.4 ± 150.8       | −27.8 ± 98.0         | −157.6          | −250 to −65             |
| Cardiac output (l/min)                                   | 0.38 ± 0.43          | 0.06 ± 0.30          | 0.32            | 0.05 to 0.59            |

\*Changes from baseline are presented as mean ± SD; 95% confidence intervals are for comparisons between the 2 groups. A confidence interval that does not contain zero indicates statistical significance.



- A deservação das artérias pulmonares parece ser uma técnica percutânea promissora no tratamento da HTP
- No entanto existem dúvidas metodológicas e de integração dos resultados na fisiopatologia da doença que levam a que se tenha de confirmar estes resultados iniciais em estudos aleatorizados de maior dimensão.
- No tratamento com células estaminais não foram até agora replicados os resultados iniciais em grandes séries pelo que permanece uma técnica experimental.



Intervenção no Diagnóstico e  
Prognóstico

Intervenção como palição/  
ponte para transplante

Intervenção como tratamento  
de doentes com Hipertensão  
Pulmonar Tromboembólica  
Crónica

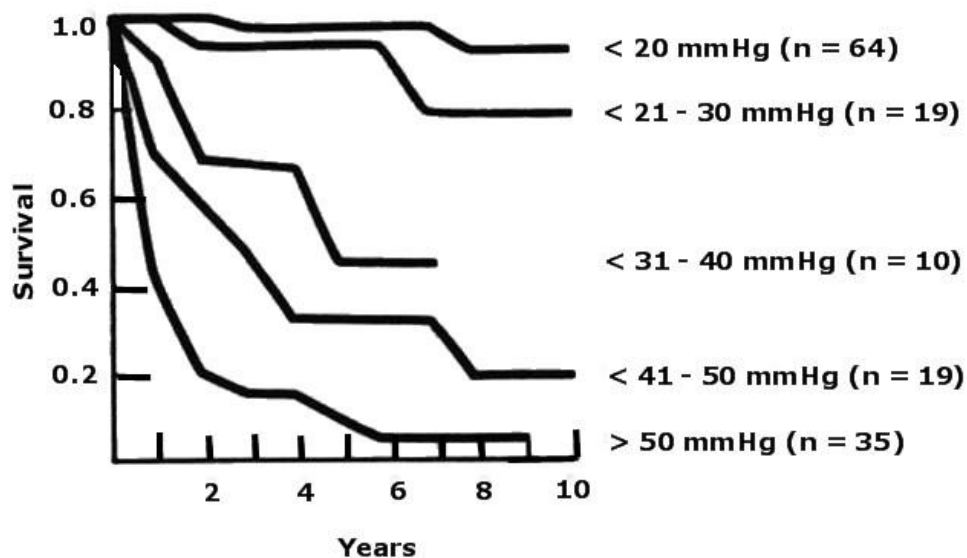
Novas estratégias de  
tratamento

- Desnervação das artérias  
pulmonares
- Tratamento com células estaminais

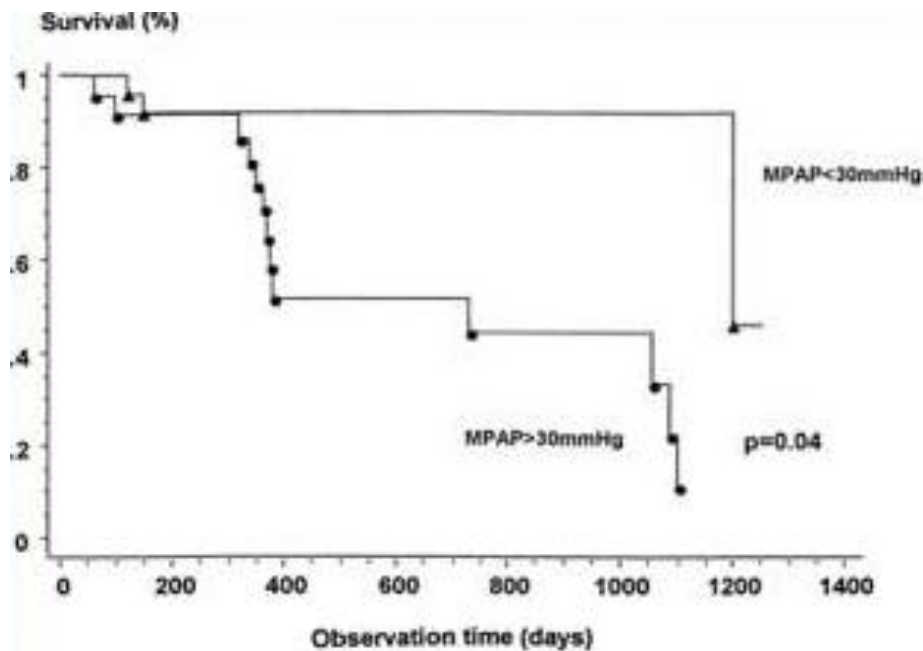
# INTERVENÇÃO NA HTP TE CRONICA



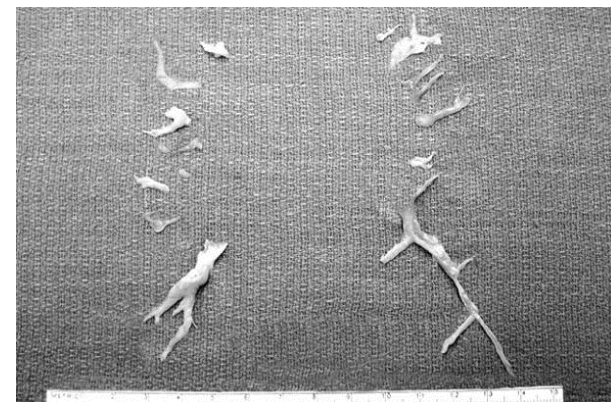
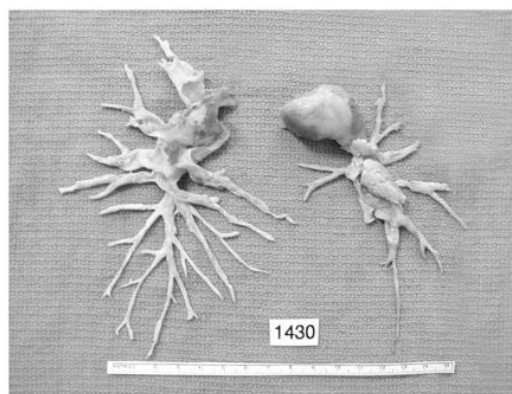
## CTEPH: Survival without intervention



Riedel M et al. Chest 1982



Lewczuk J et al. Chest 2001



# INTERVENÇÃO NA HTP TE CRONICA



**Circulation**

JOURNAL OF THE AMERICAN HEART ASSOCIATION



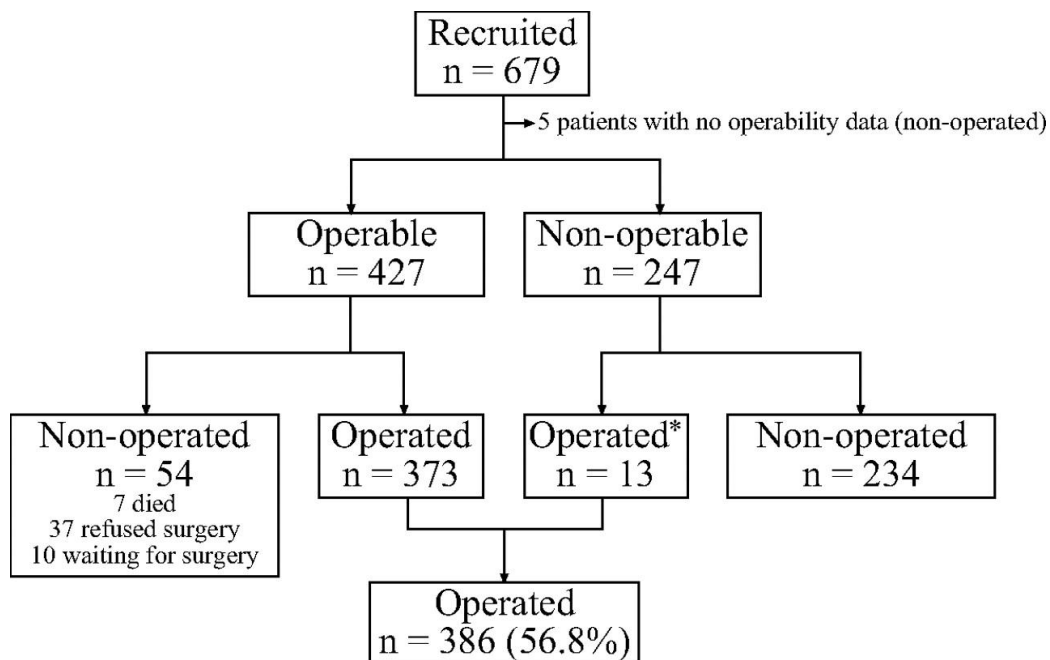
**American  
Heart  
Association®**

## **Chronic Thromboembolic Pulmonary Hypertension (CTEPH) : Results From an International Prospective Registry**

679 pts included from Europe and Canada

Prospective registry

The largest contemporary population of patients with CTEPH, including newly diagnosed operable and nonoperable cases

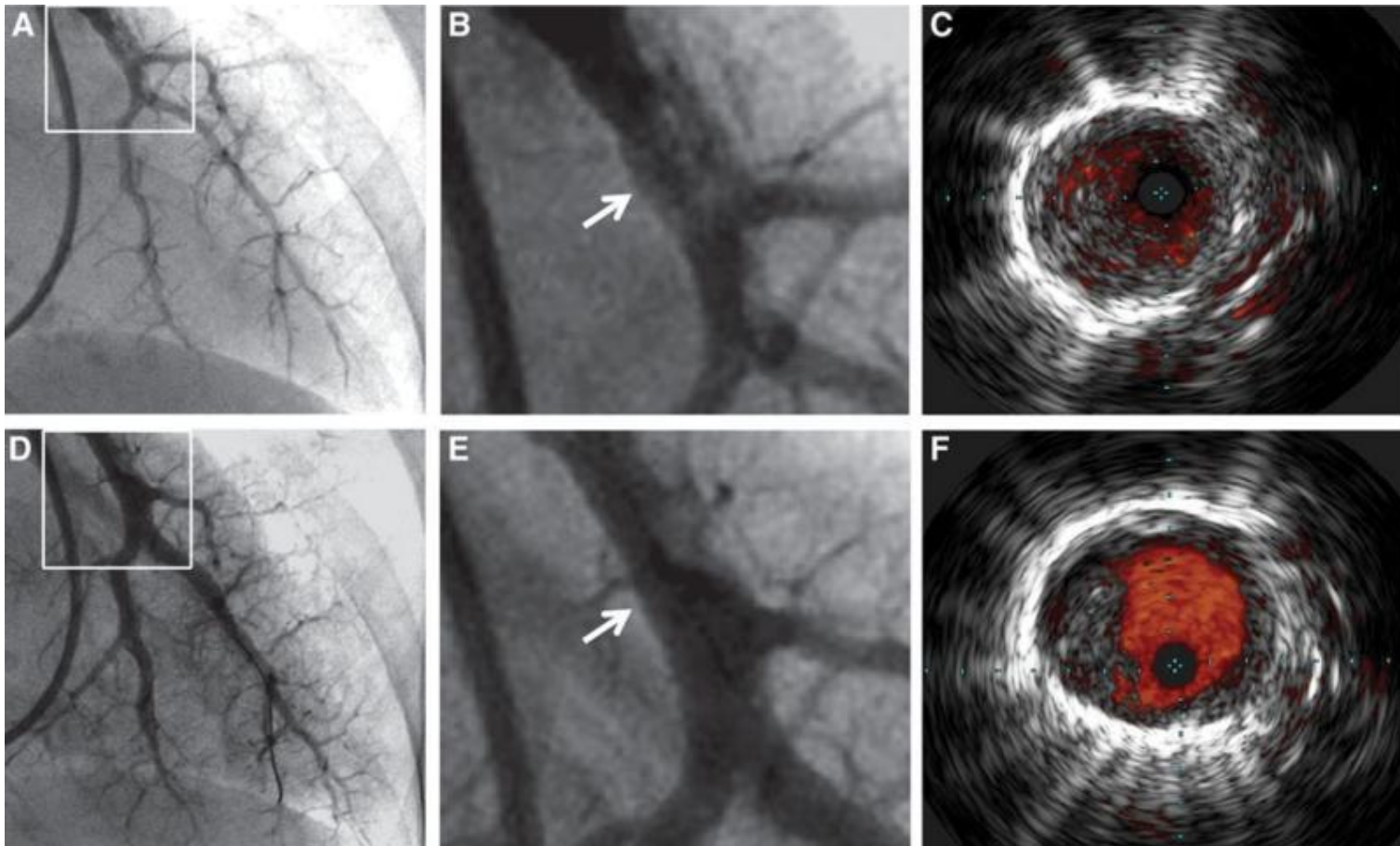


# INTERVENÇÃO NA HTP TE CRONICA



- 68 consecutive pts with inoperable CTEPH who underwent BPA between November 2004 and September 2011 were enrolled in this study.
- 4 (2-8) sessions/patient; 3 (1-14) vessels/session.

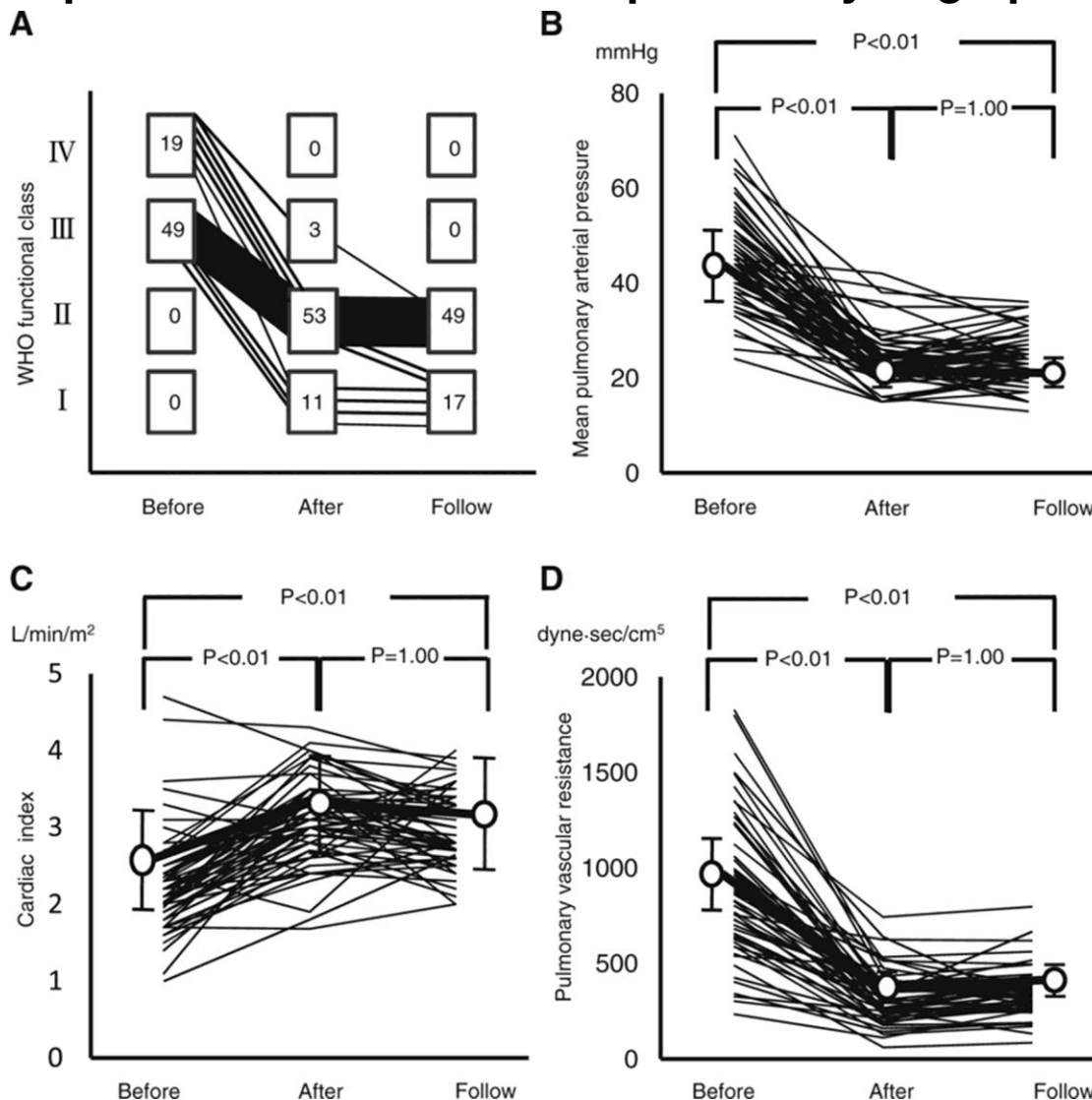
Representative angiographic and IVUS images of balloon pulmonary angioplasty (BPA)



# INTERVENÇÃO NA HTP TE CRONICA



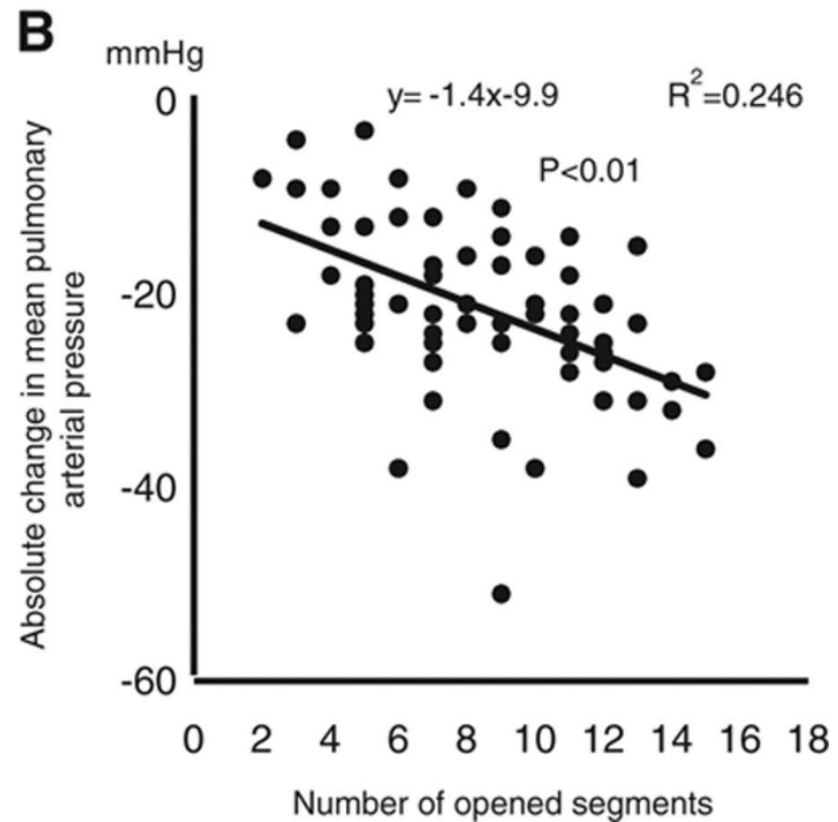
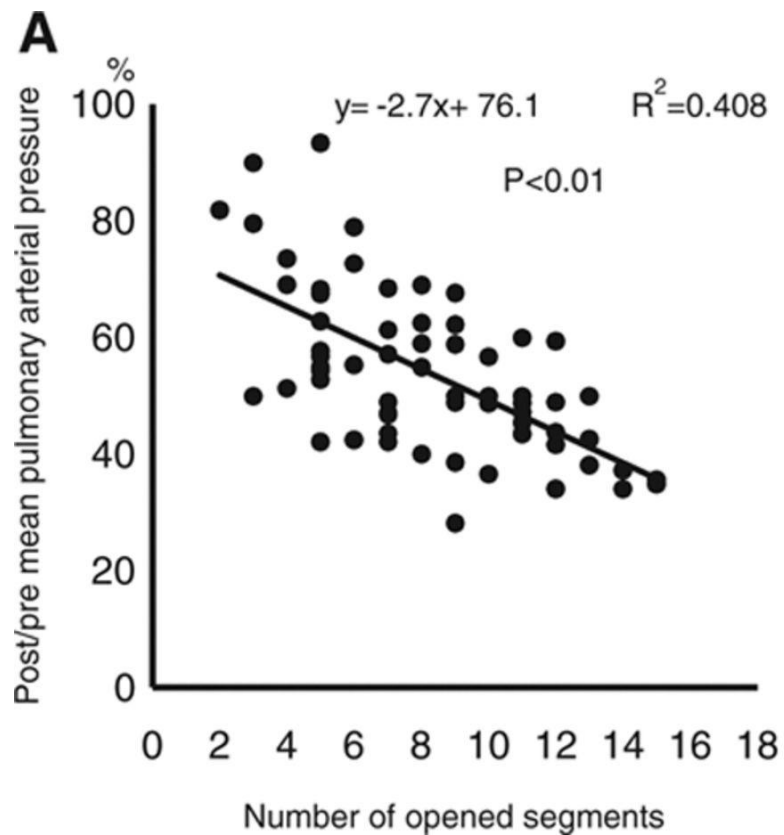
## Change in parameters after balloon pulmonary angioplasty (BPA)



# INTERVENÇÃO NA HTP TE CRONICA



Correlation between the number of opened segments and the decrease in mean PAP





- Dado os bons resultados iniciais e a escassez de terapêuticas eficazes e duradouras em doentes com HTP Tromboembólica Crónica a Angioplastia das Artérias Pulmonares parece uma alternativa a considerar no tratamento de doentes inoperáveis.
- Desconhece-se o papel relativo entre esta técnica de intervenção vs terapêutica farmacológica.