

Ischemic Mitral Regurgitation

Impact of imaging on clinical decision making

Prof. Patrizio LANCELLOTTI , MD, PhD

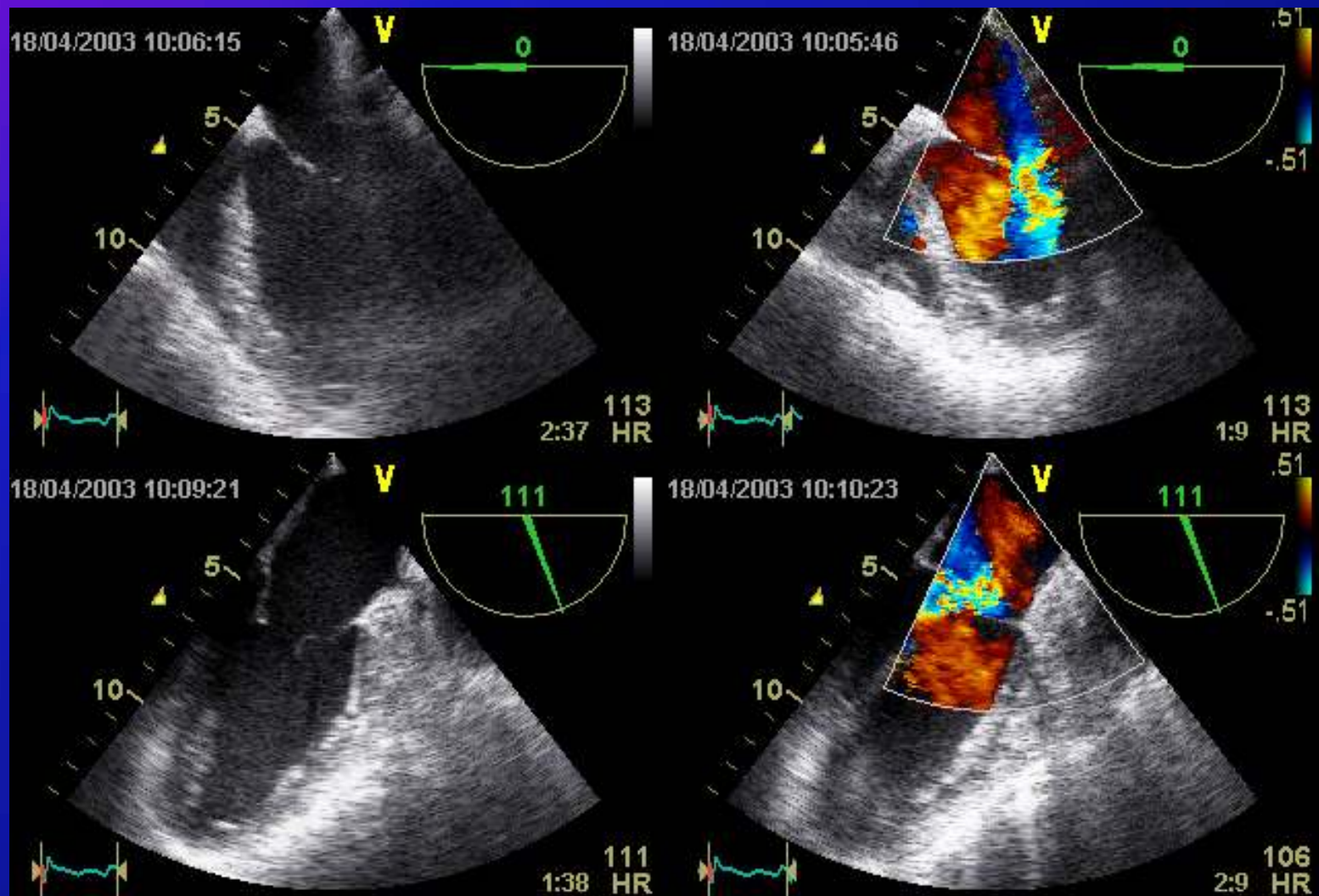
Heart Valve Clinic, University of Liège, CHU Sart

Tilman, BELGIUM

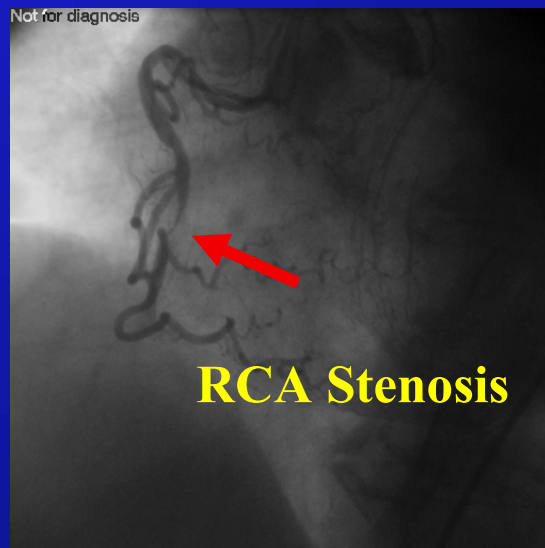
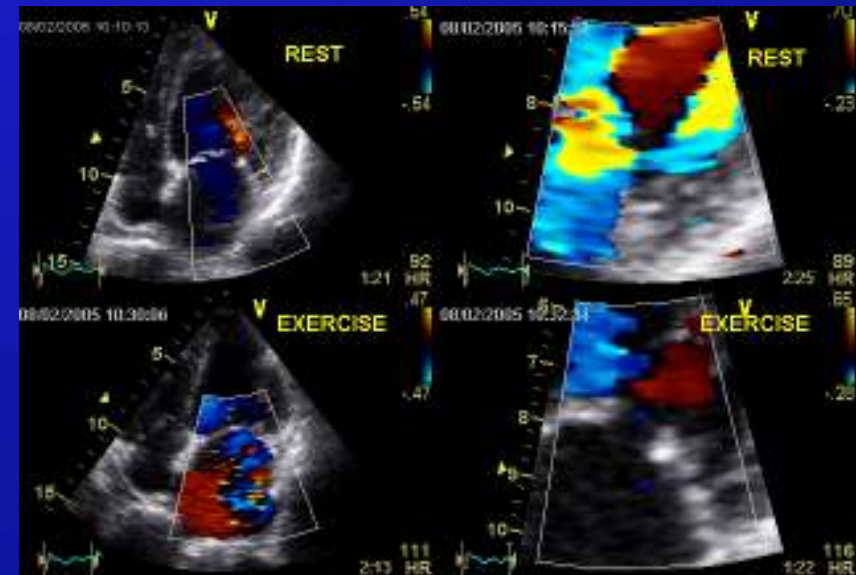
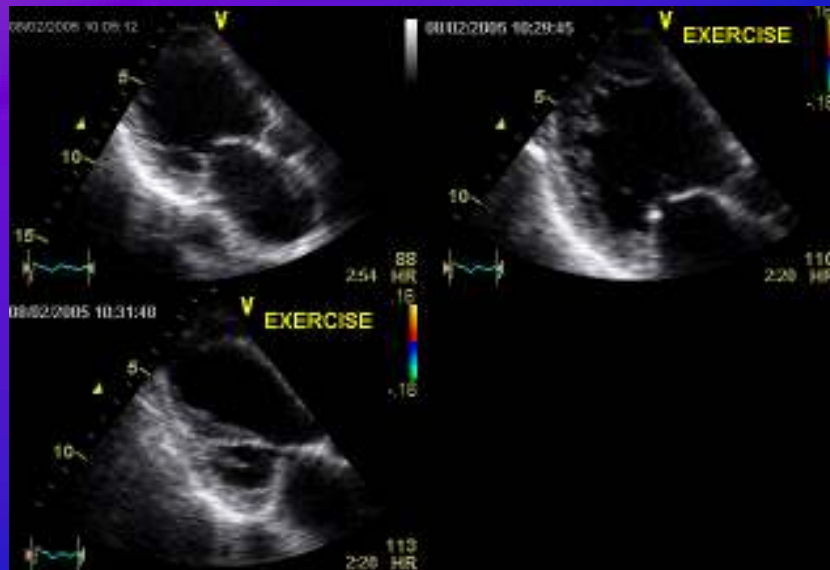
No Disclosure

ACUTE ISCHEMIC MR

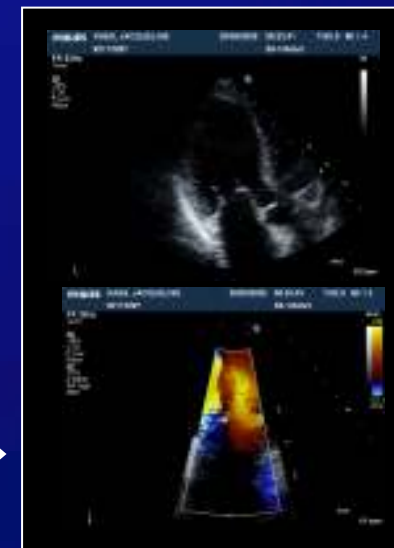
RUPTURED PAPILLARY MUSCLE



TRANSIENT ISCHEMIA-INDUCED MR



1 month
F-UP



FUNCTIONAL IMR IN ACUTE AMI

Incidence

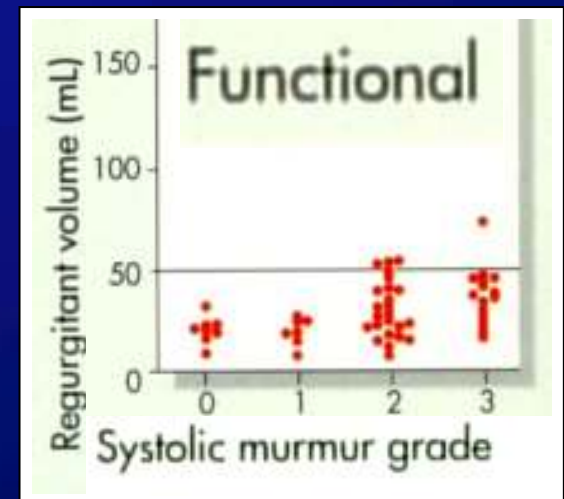
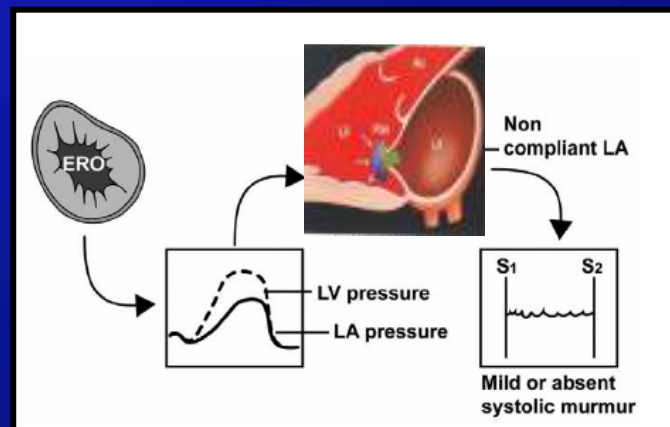
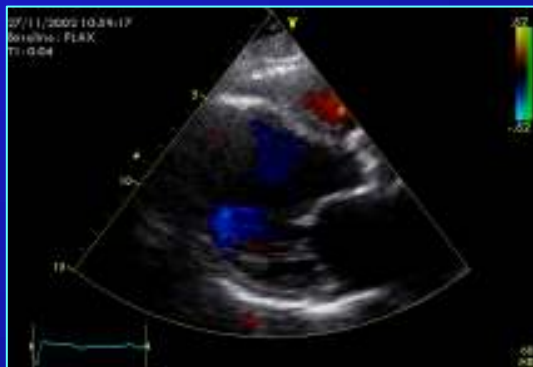
Ventriculography → 1.6 - 19 %

Echocardiography → 8 – 74 %

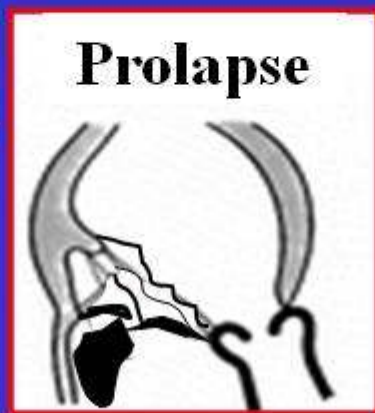
Moderate to severe → 6 % (Bursi Circ 2005)

Clinically silent : majority of pts

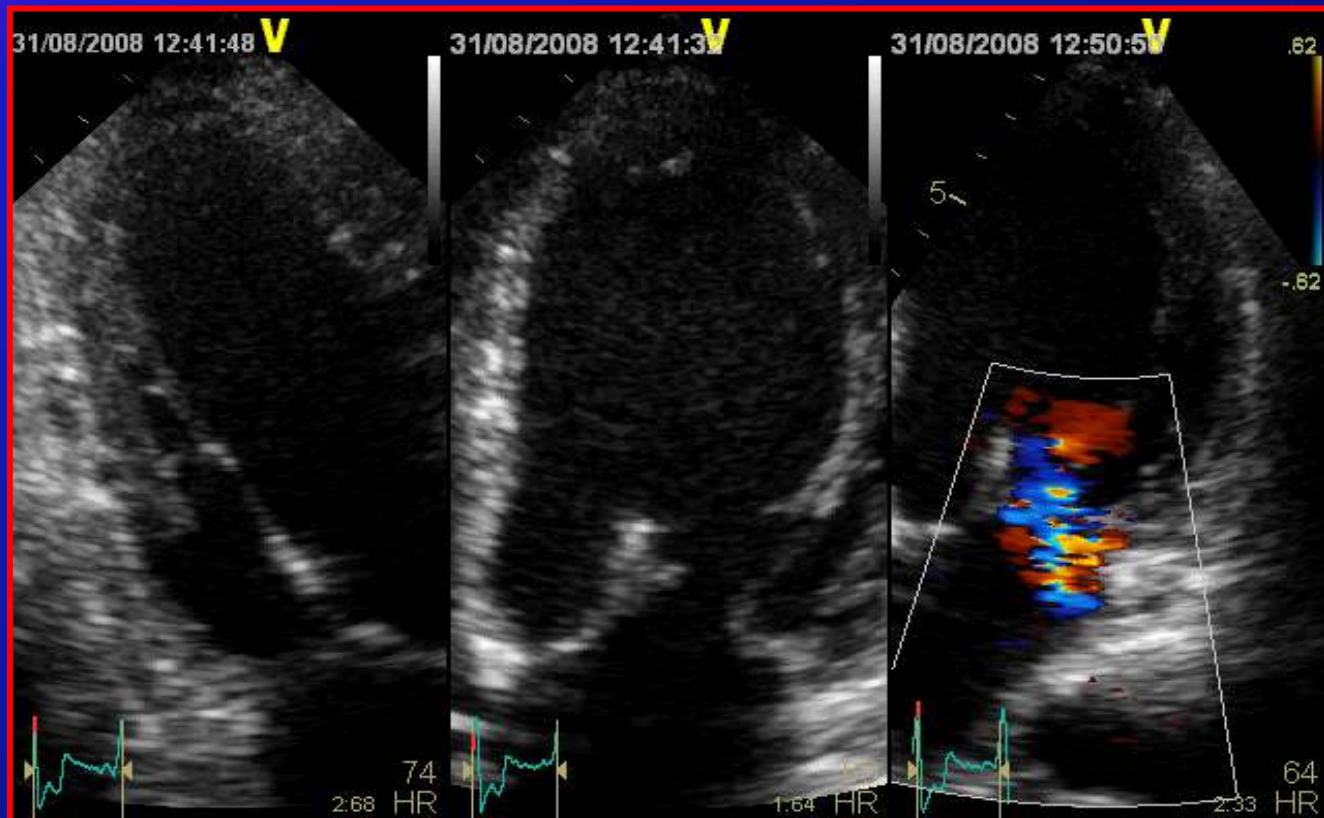
- Women
- Older
- Hypertension
- Diabetes
- Severe CAD
- Previous MI



IMR IN THE CHRONIC MI PHASE



- Type II
- 5% of Chronic IMR
- Fibrotic PMs + Elongation



CHRONIC FUNCTIONAL IMR

Tethering
Force

PMs displacement
Dilation/Sphericity
Annular dilatation

Closing
Force

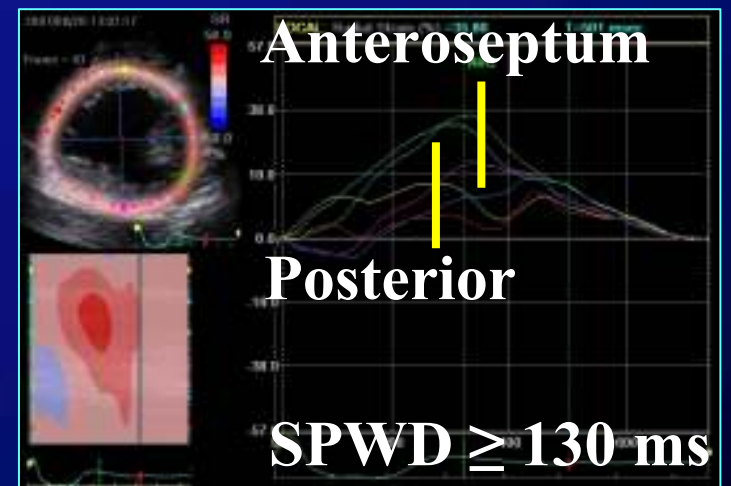
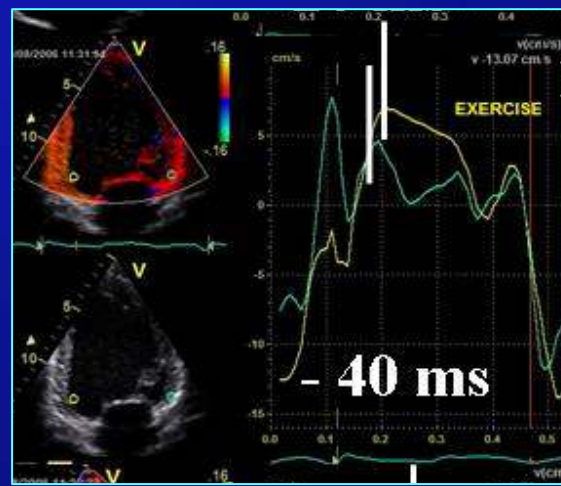
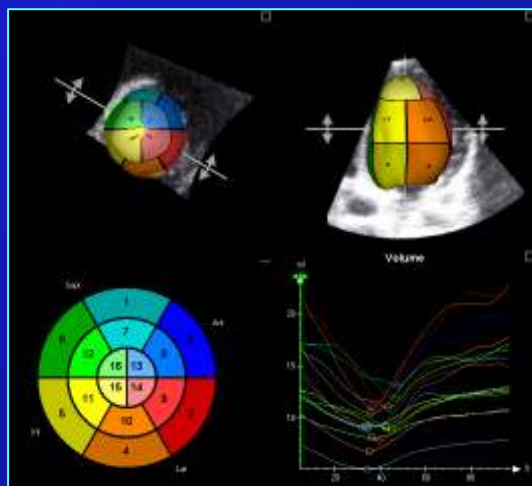
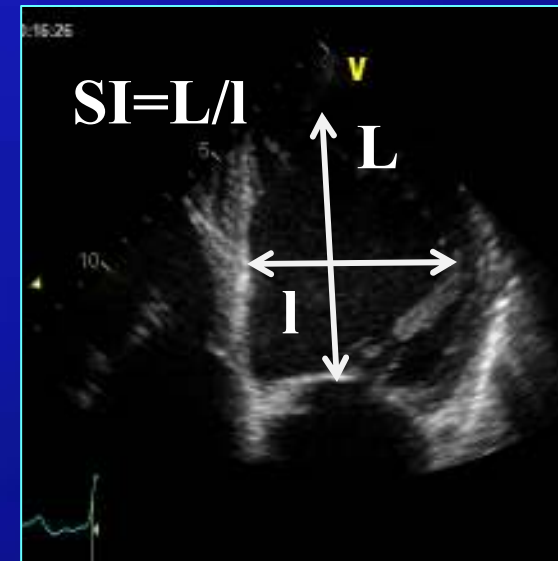
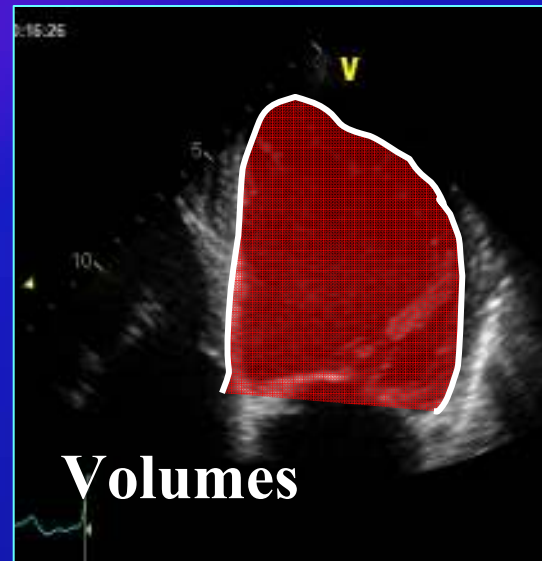
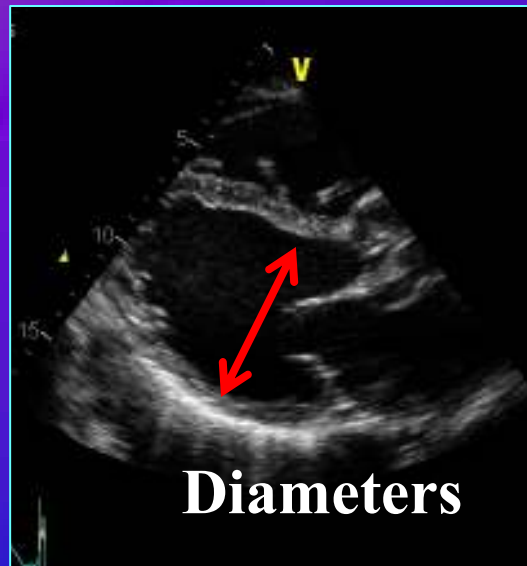
Reduced contractility
Dyssynchrony
PMs dyssynchrony
Reduced annular contraction

Global and Local
LV Remodeling

LV
Asynchrony

Mitral valve
deformation

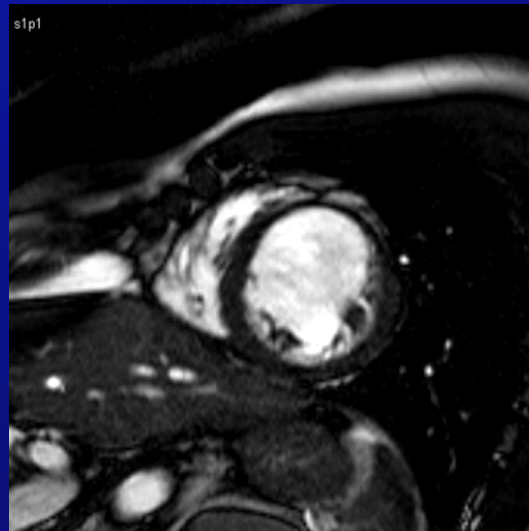
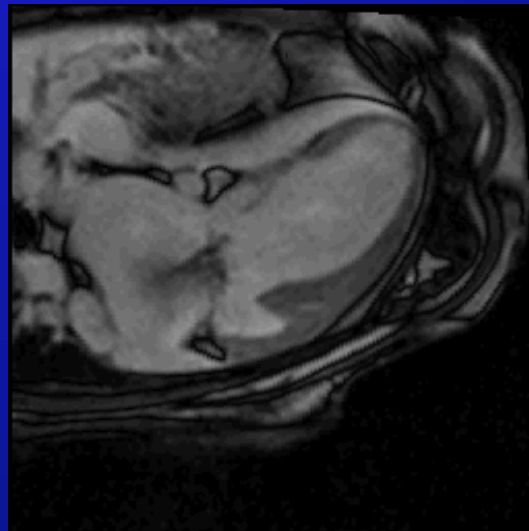
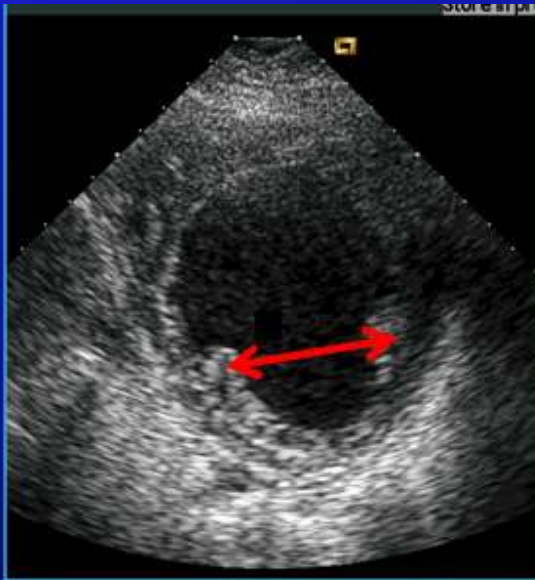
LV Remodeling + Asynchrony





Lancellotti Heart 2008

Local LV Remodeling

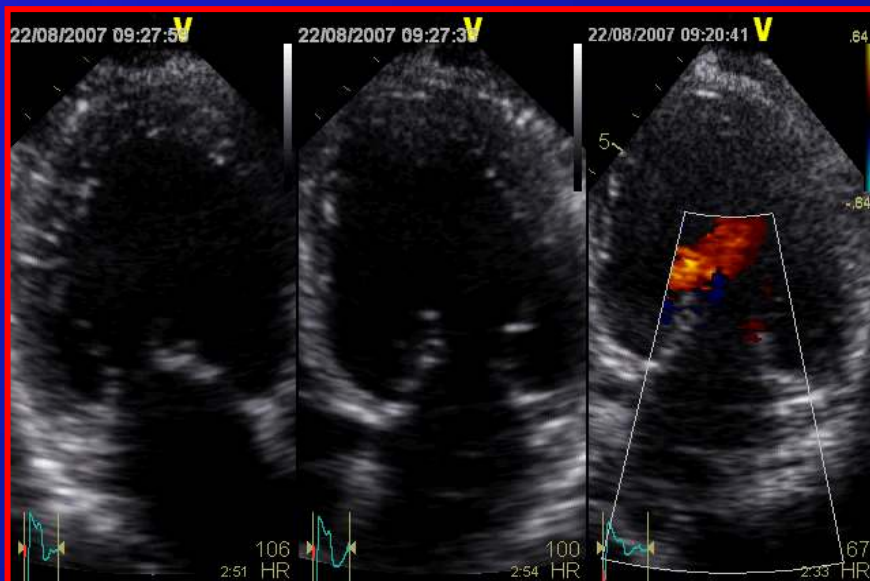


Lancellotti Heart 2008, Chan KM et al J Card Mag Res 2008

MV Deformation



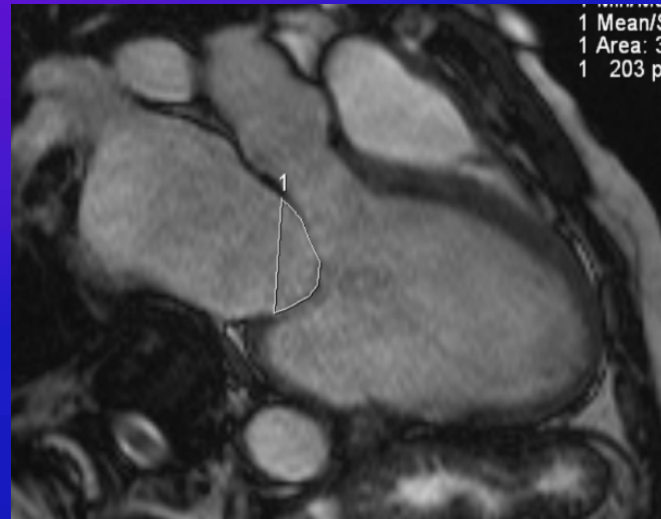
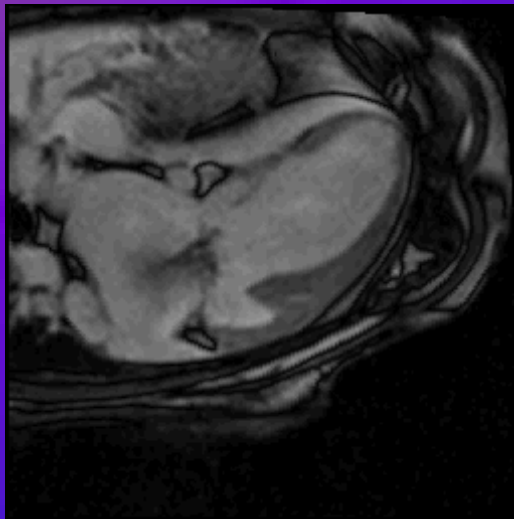
**Asymmetric
Tethering**



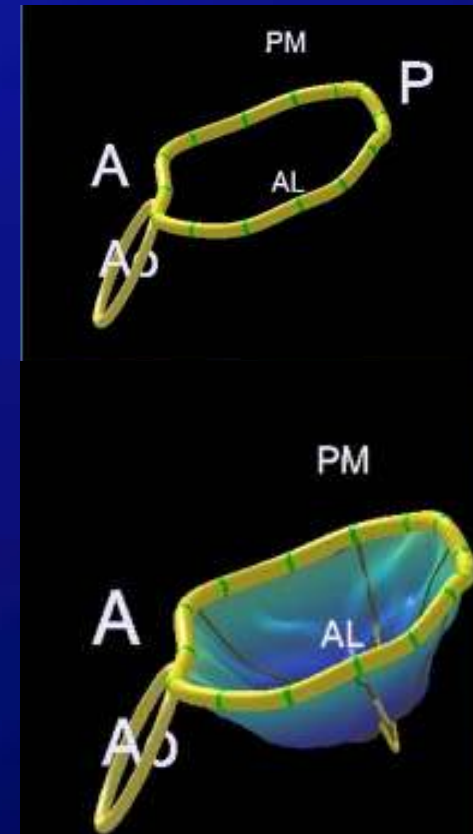
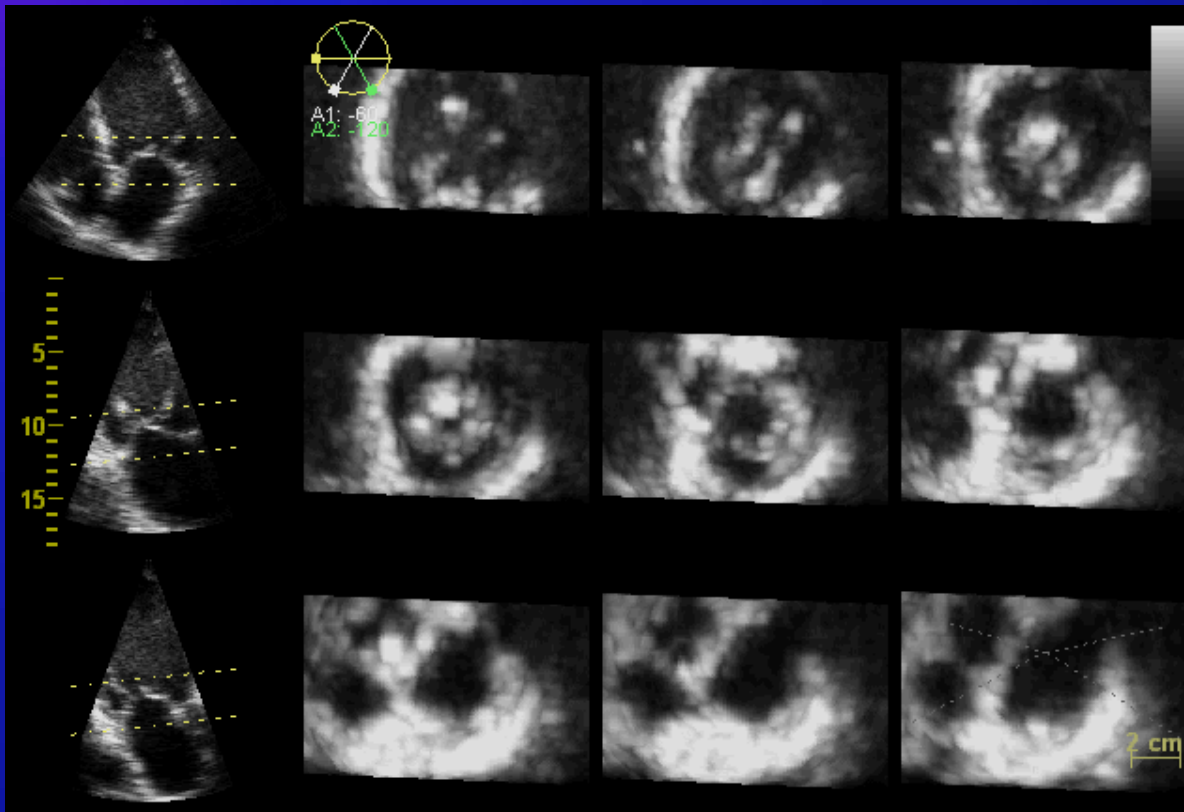
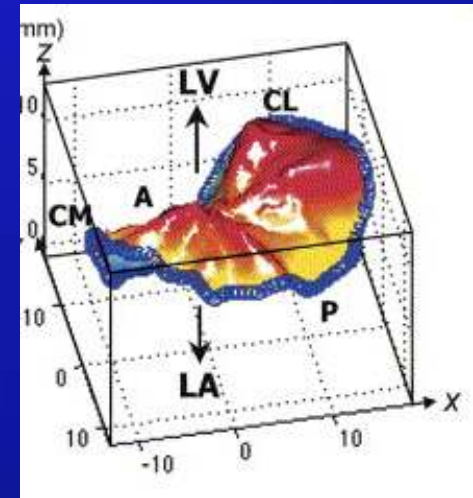
**Symmetric
Tethering**



$$PLA = \sin^{-1} (CD/PLL)$$

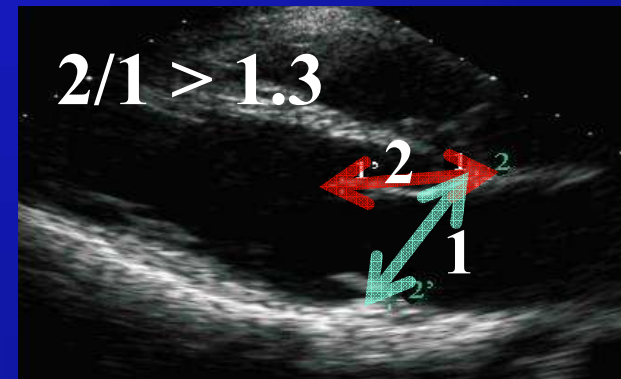
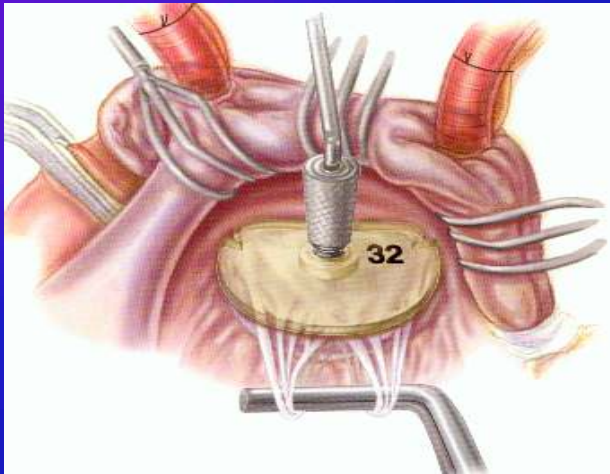


1 Mean/S
1 Area: 3
1 203 pi

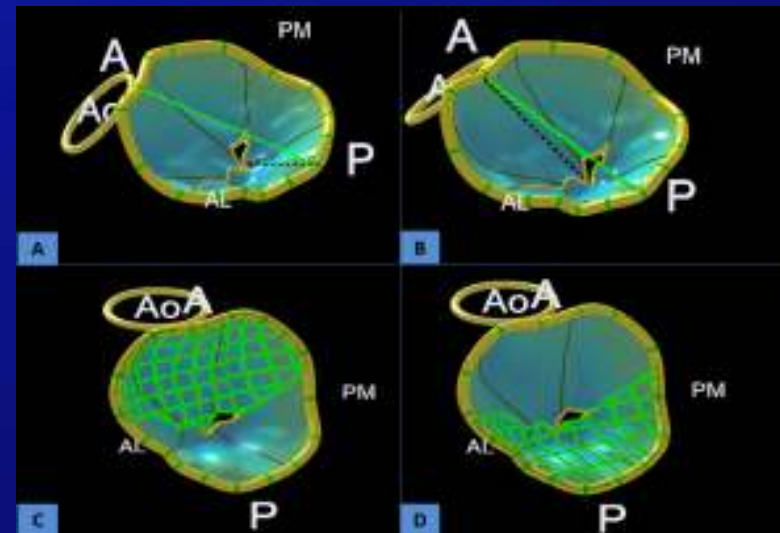


Echo measurement help select the ring size ?

Annulus dilatation



A2 height = Classic Ring Size



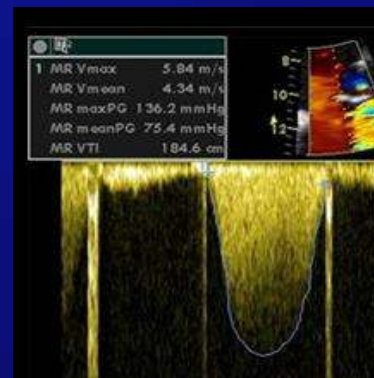
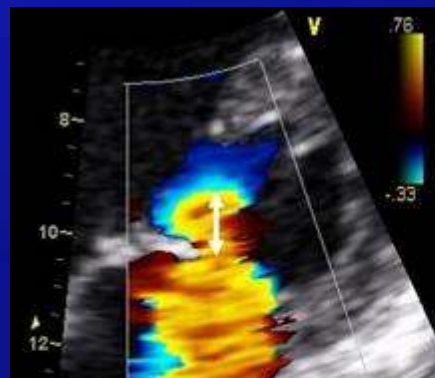
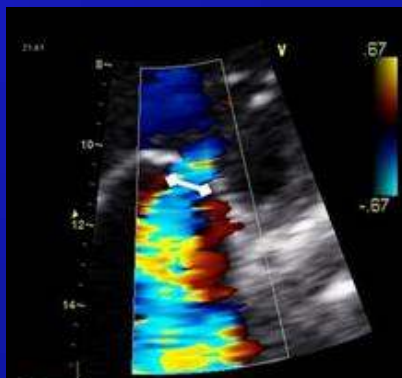
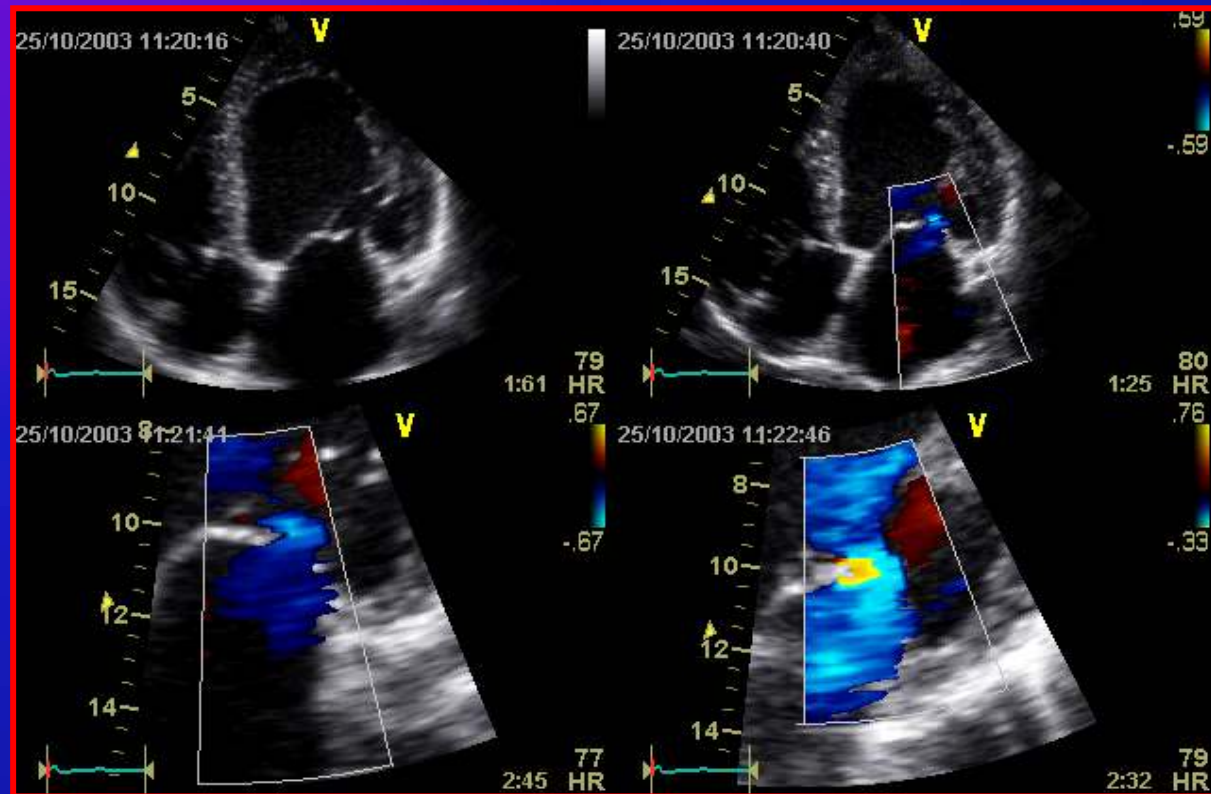
Undersizing ring is at least
two sizes smaller

Anterior Surface Area = Classic Ring Size

TTE markers of MVR failure or Adverse LV remodeling

- Valve deformation
 - Coaptation height ≥ 1 cm
 - Tenting > 2.5 -3 cm²
 - Symmetric pattern, Central jet or Complex jets
 - **PLA $> 45^\circ$**
- Local LV remodeling
 - Interpapillary muscle distance > 20 mm
 - Posterior leaflet tethering > 40 mm
 - Lateral WMA
- Global LV remodeling
 - EDD > 65 mm, ESD > 51 mm (ESV > 140 ml)
 - Systolic sphericity index > 0.7

MR SEVERITY



VC width = 0.61 cm

$$ERO = \frac{6.28 \times (0.79)^2 \times 33}{5.8}$$

$$ERO = 22 \text{ mm}^2$$

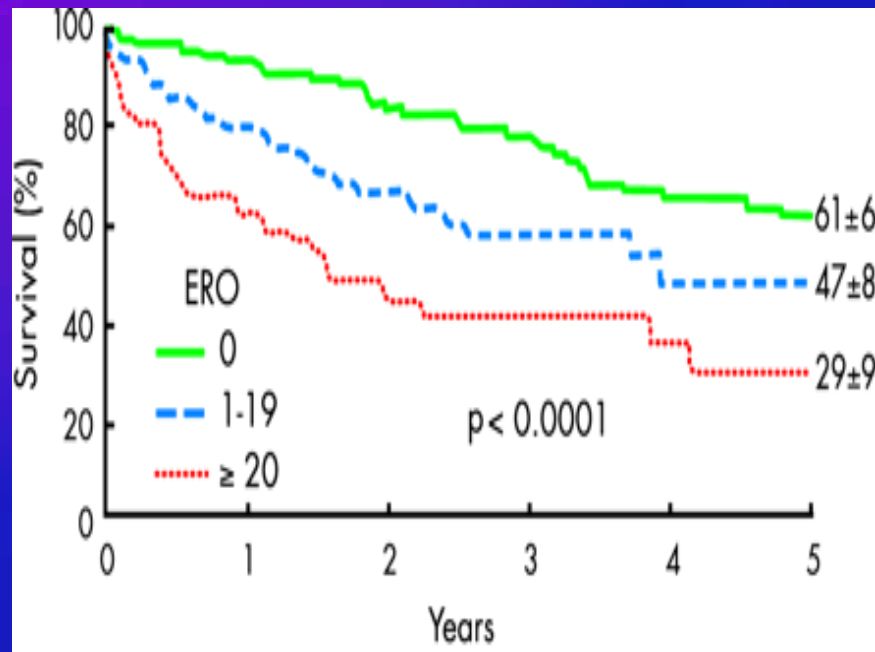
$$RV = 22 \times 1.85 = 41 \text{ ml}$$

European Association of Echocardiography recommendations for the assessment of valvular regurgitation. Part 2: mitral and tricuspid regurgitation (native valve disease)

**Patrizio Lancellotti (Chair)^{1*}, Luis Moura², Luc A Pierard¹, Eustachio Agricola³,
Bogdan A. Popescu⁴, Christophe Tribouilloy⁵, Andreas Hagendorff⁶, Jean-Luc Monin⁷,
and Luigi Badano⁸, and Jose L. Zamorano⁹ on behalf of the European Association of
Echocardiography**

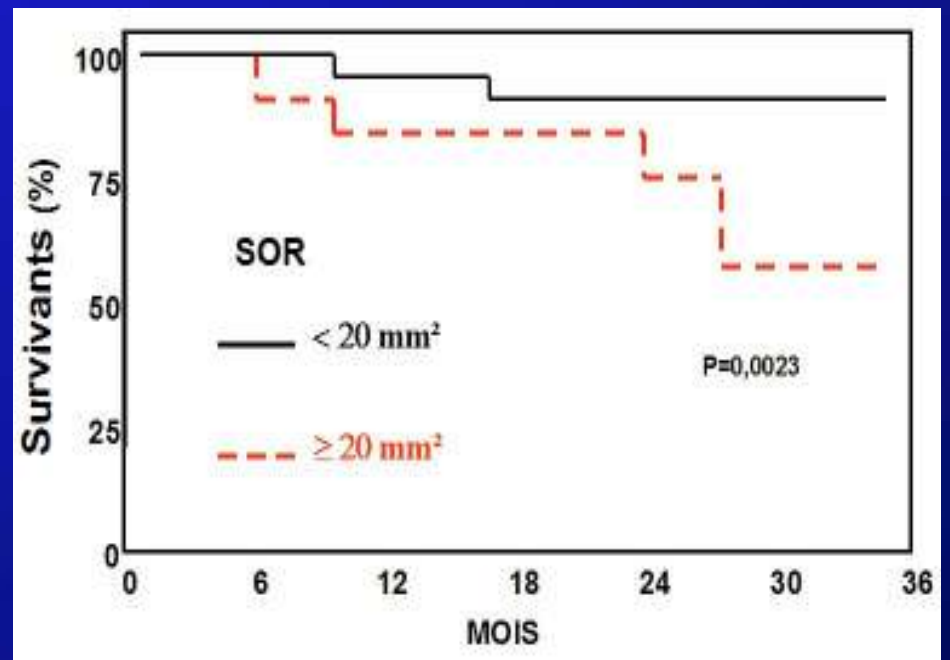
Lancellotti et al, Eur J of Echocardiogr 2010; 11, 307–332

PROGNOSIS OF FMR



MI > 16 days
NYHA Class IV

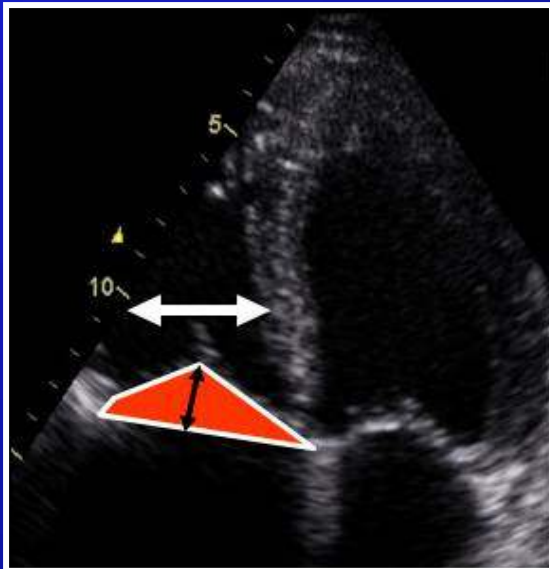
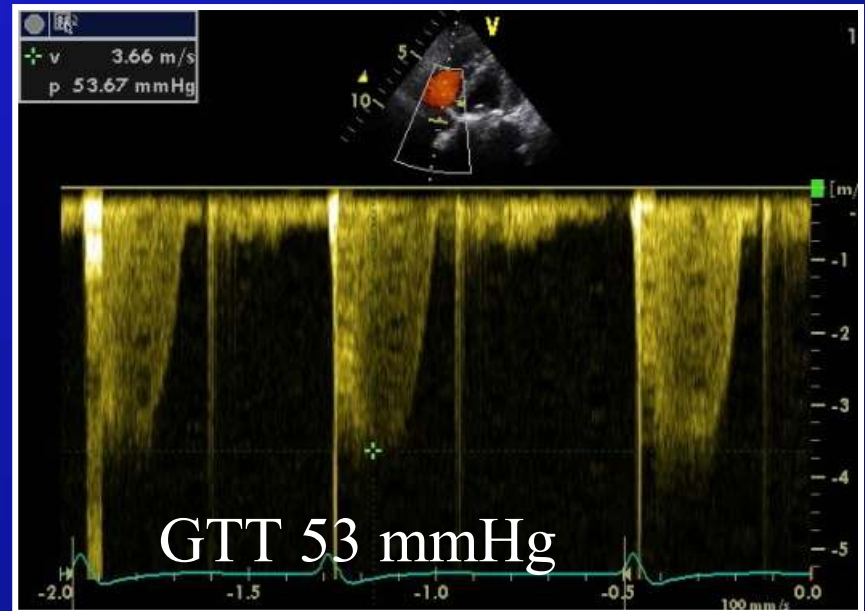
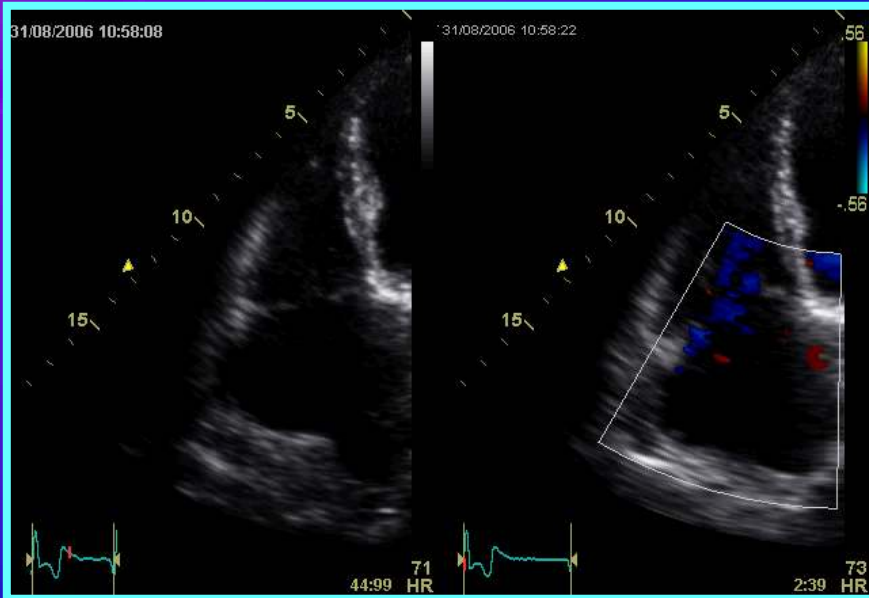
Grigioni et al Circulation 2001, 103; 1759



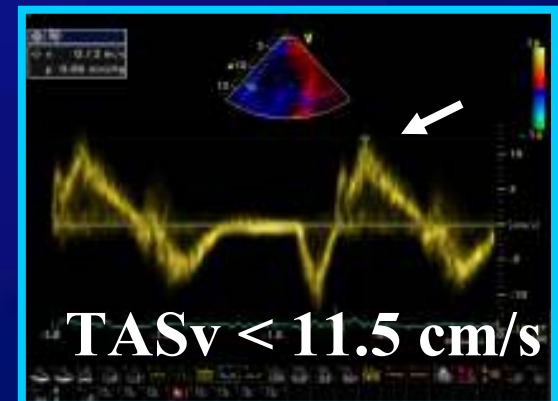
MI > 6 months
No NYHA IV

Lancellotti et al Circulation 2003, 108:1713

MR CONSEQUENCES

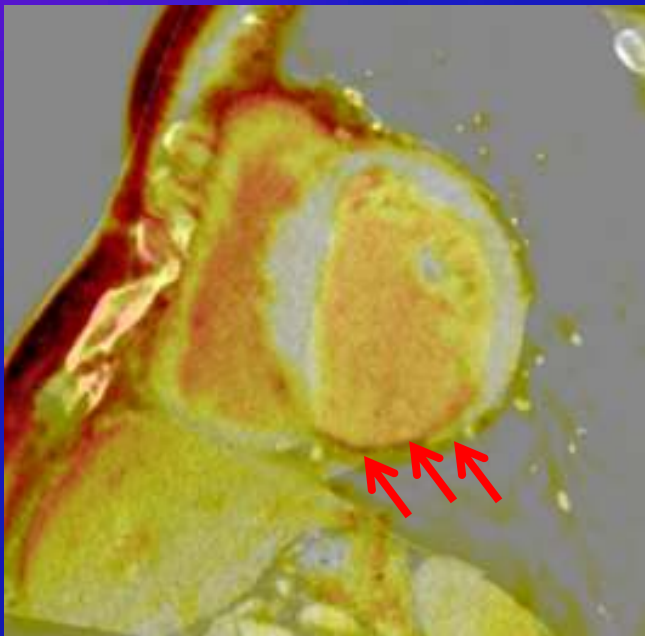


- Tenting area $> 1.63 \text{ cm}^2$
- Coap distance $> 0.76 \text{ cm}$
- Tr An Diameter $> 40 \text{ mm}$



Is Myocardial Necrosis Transmural?

Delayed enhancement **Thin myocardium** **Microvascular damage**



Cardiac MR

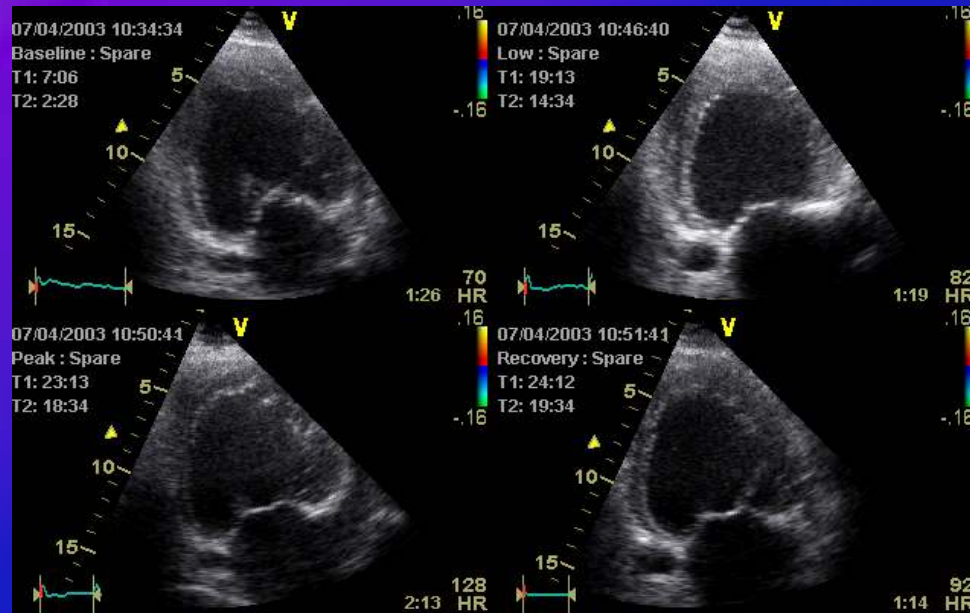


Resting echo



Contrast echo

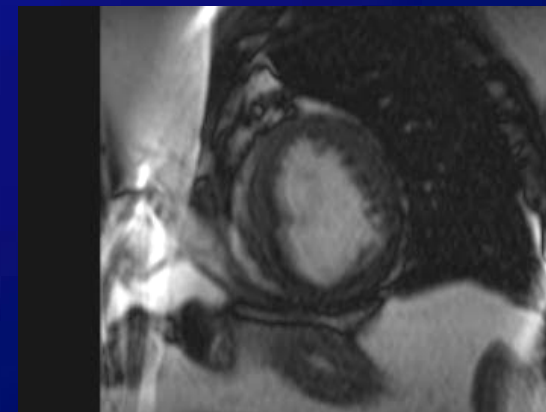
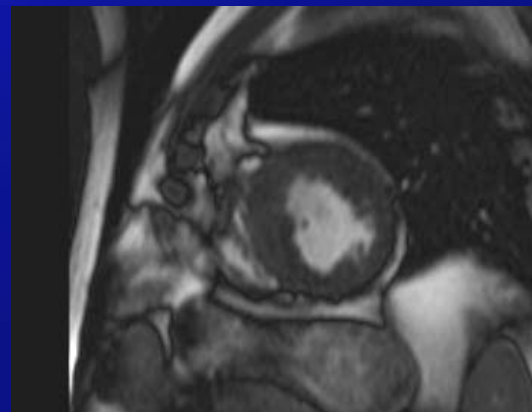
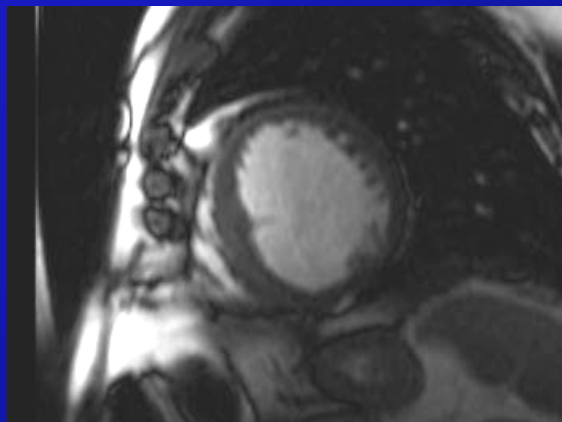
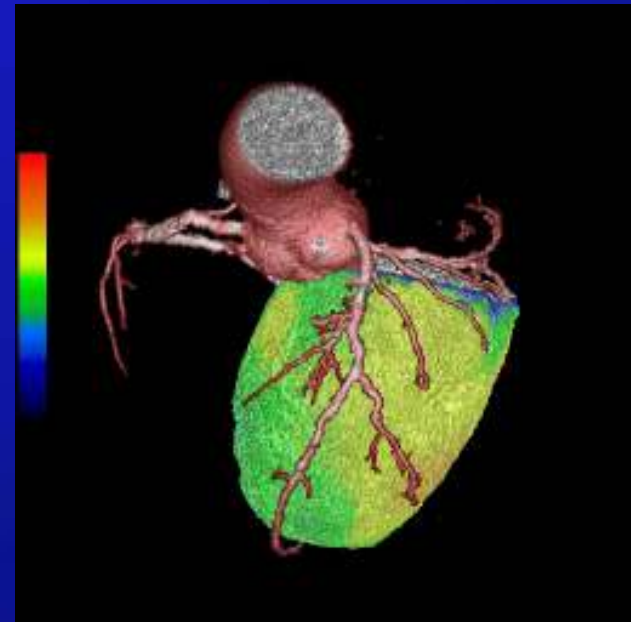
DES → Biphasic response

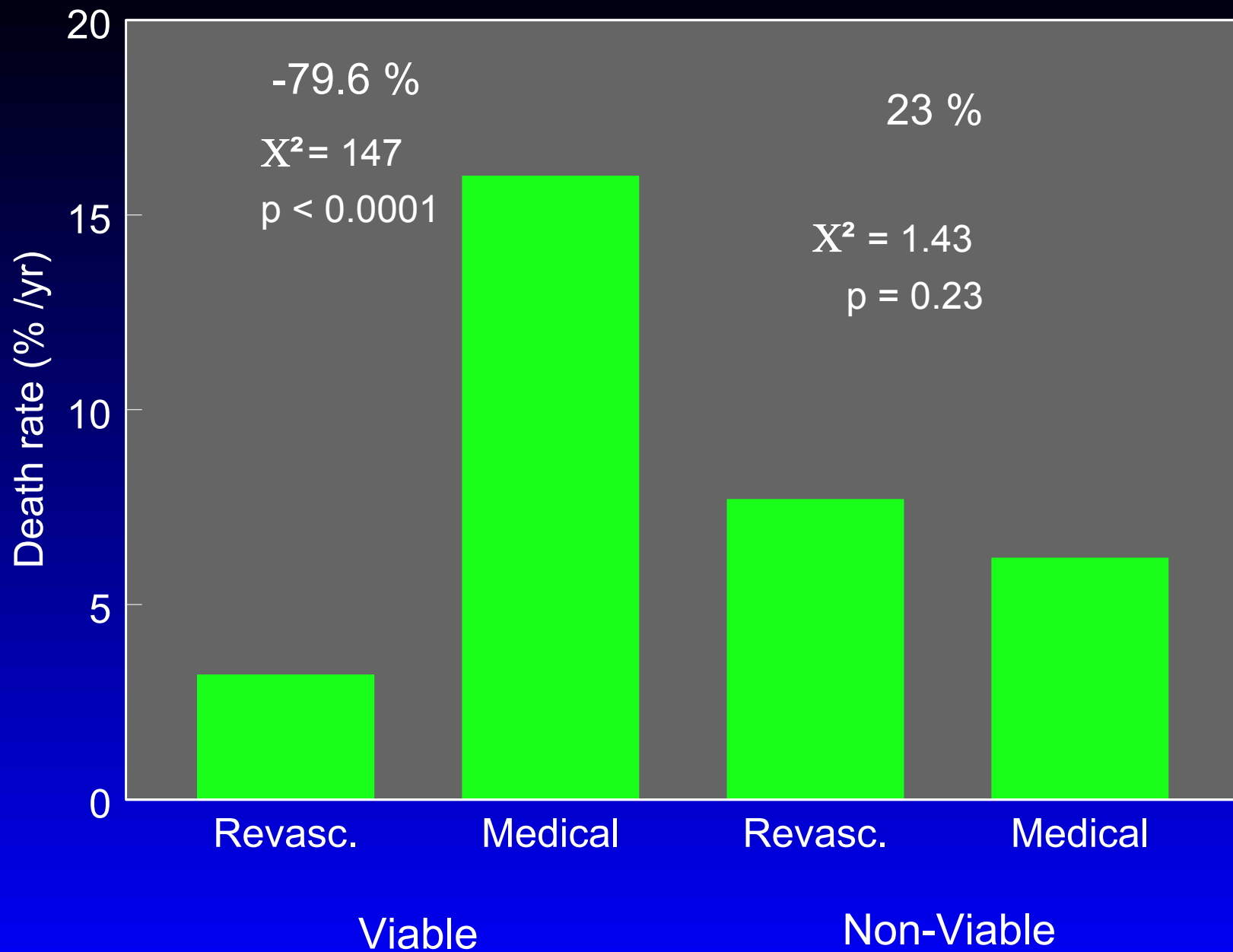


REST

Low

High





Allman et al. JACC, 2002

Severely depressed LV
+ Severe MR



Dynamic

+ if viability **MV Surgery**

+ if no viability

Changes of shape

↑ in afterload

↓ Wall stress

↑ LV dysfunction

↑ Myocardial
performance

DYNAMIC MR

REST

DOBU 20 μ g



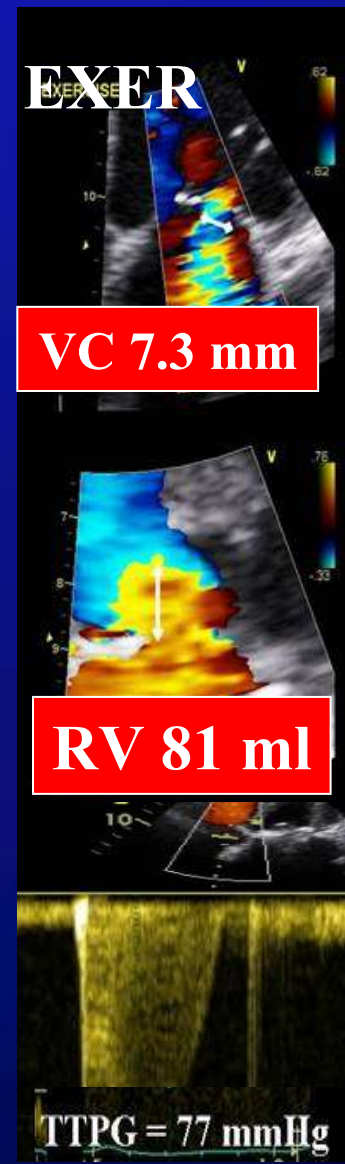
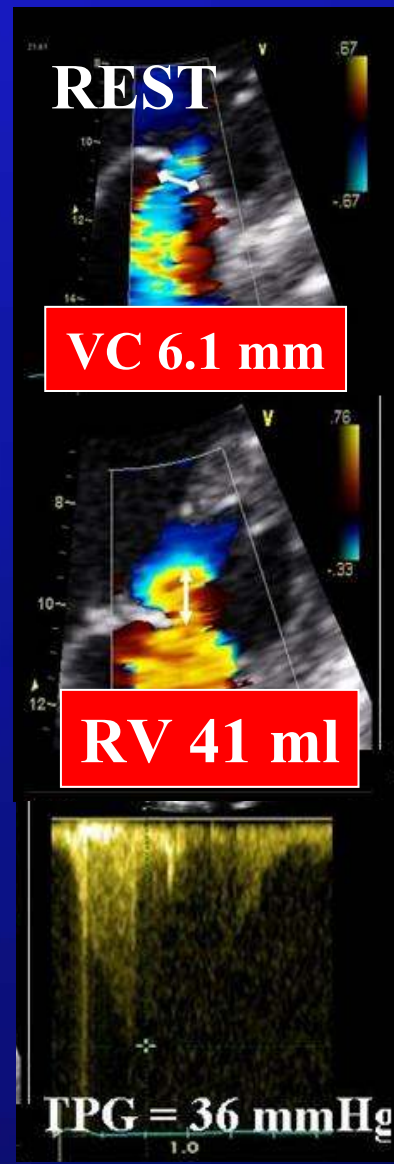
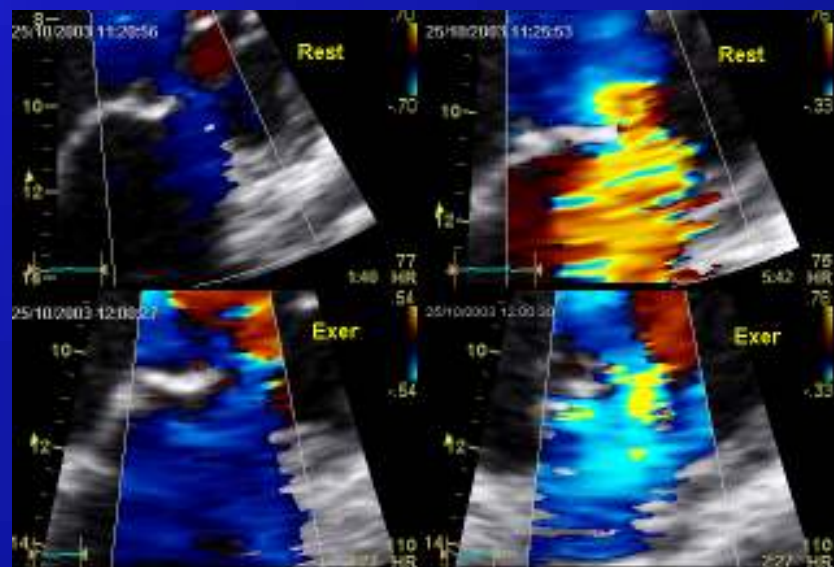
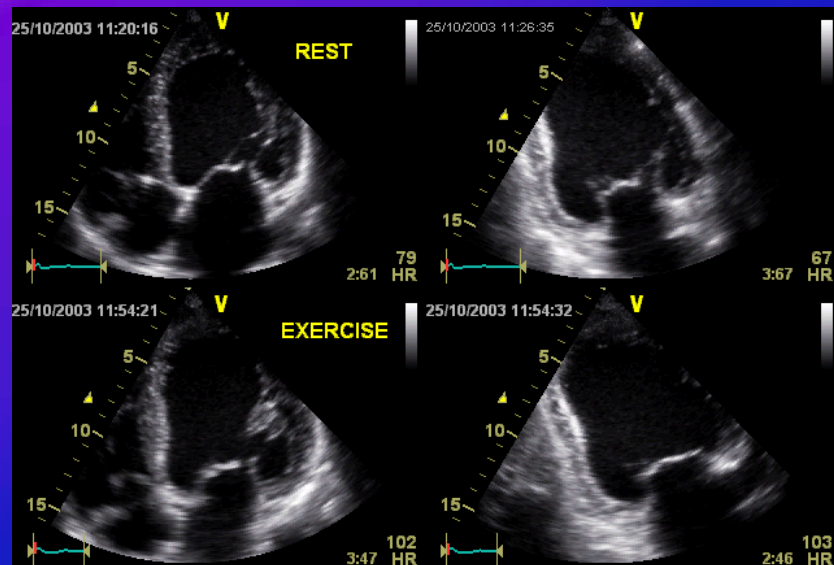
- $\downarrow$ PRELOAD, $\downarrow$ AFTERLOAD, $\uparrow$ INOTROPY
→ $\downarrow$ MITRAL ORIFICE SIZE & $\downarrow$ REGURG VOLUME

DYNAMIC MR → EXERCISE ECHO



CASE 1

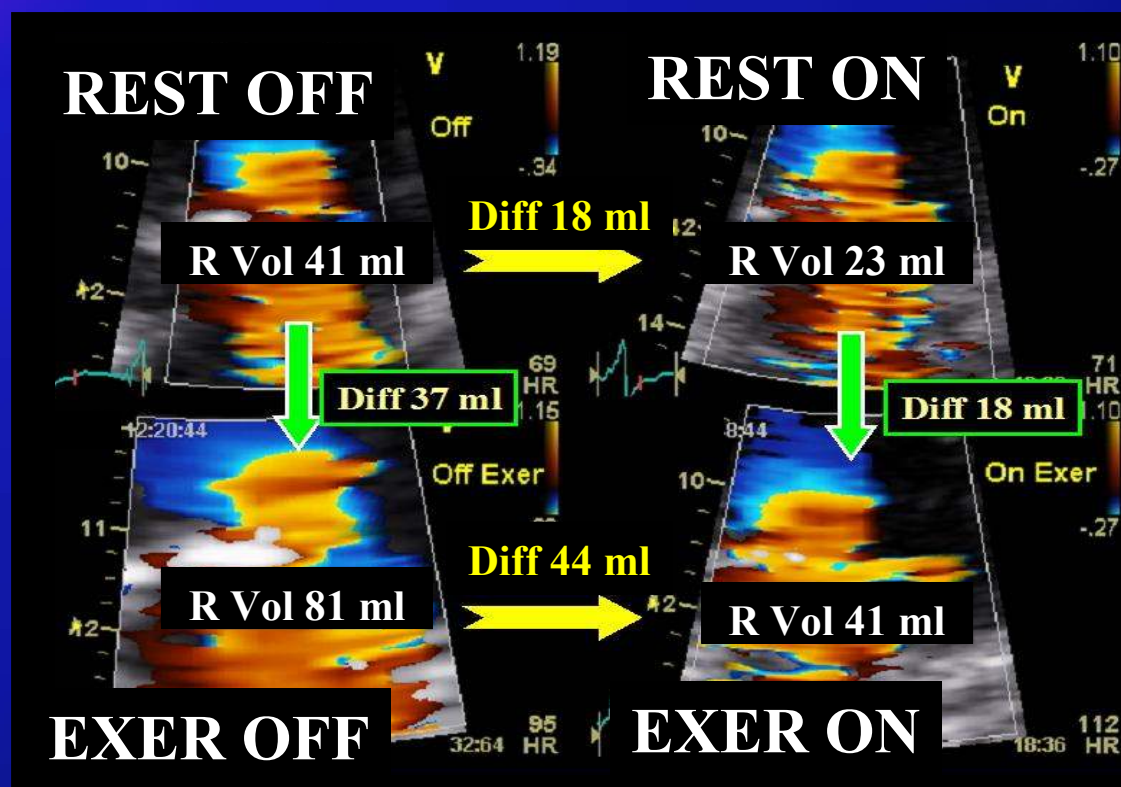
Man of 52 y old , History of inferior MI, PCMK
NYHA III, Episodes of acute dyspnea



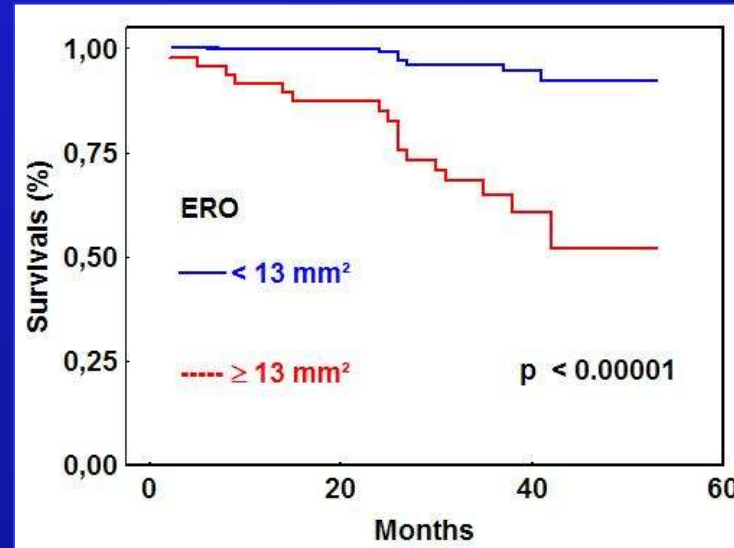
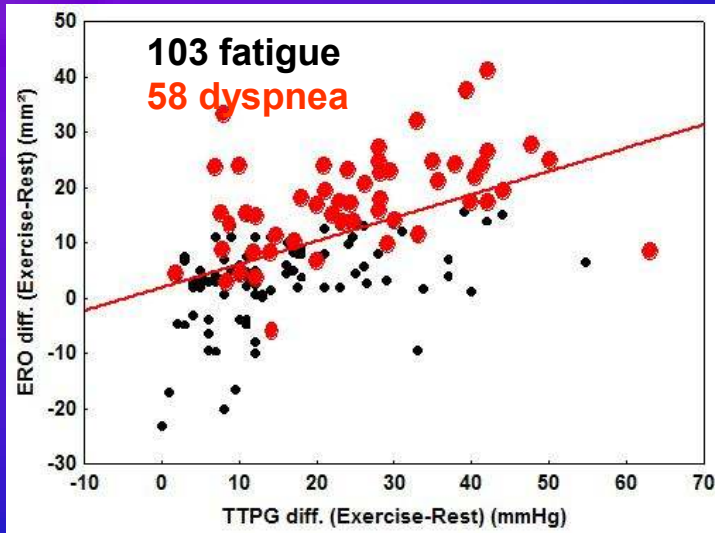
CASE 1

- QRS > 130 ms
- Angio: no significant stenosis

--> Upgrade to CRT

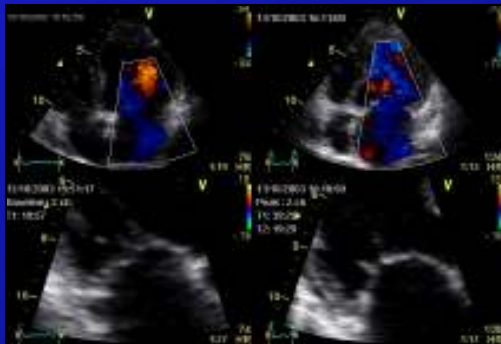


WHY TO LOOK FOR ?



Lancellotti et al Circulation 2003; Eur Heart J 2005, N Engl J Med 2004, 2006

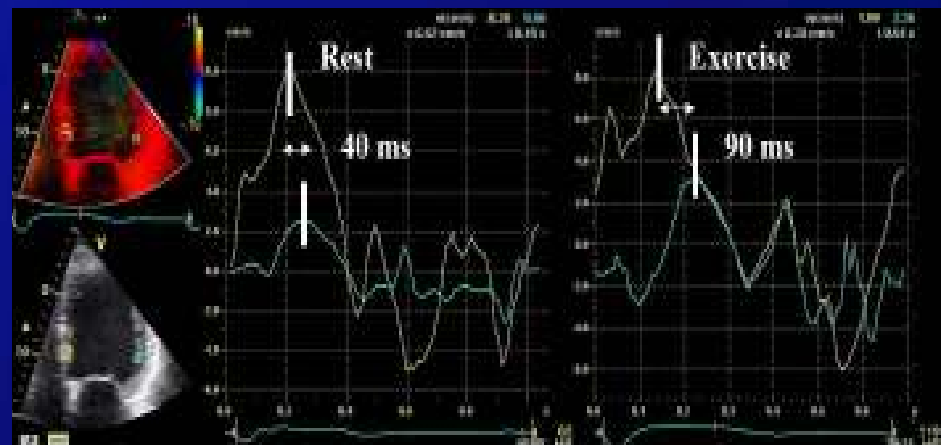
TENTING AREA



Lancellotti et al, JACC 2003

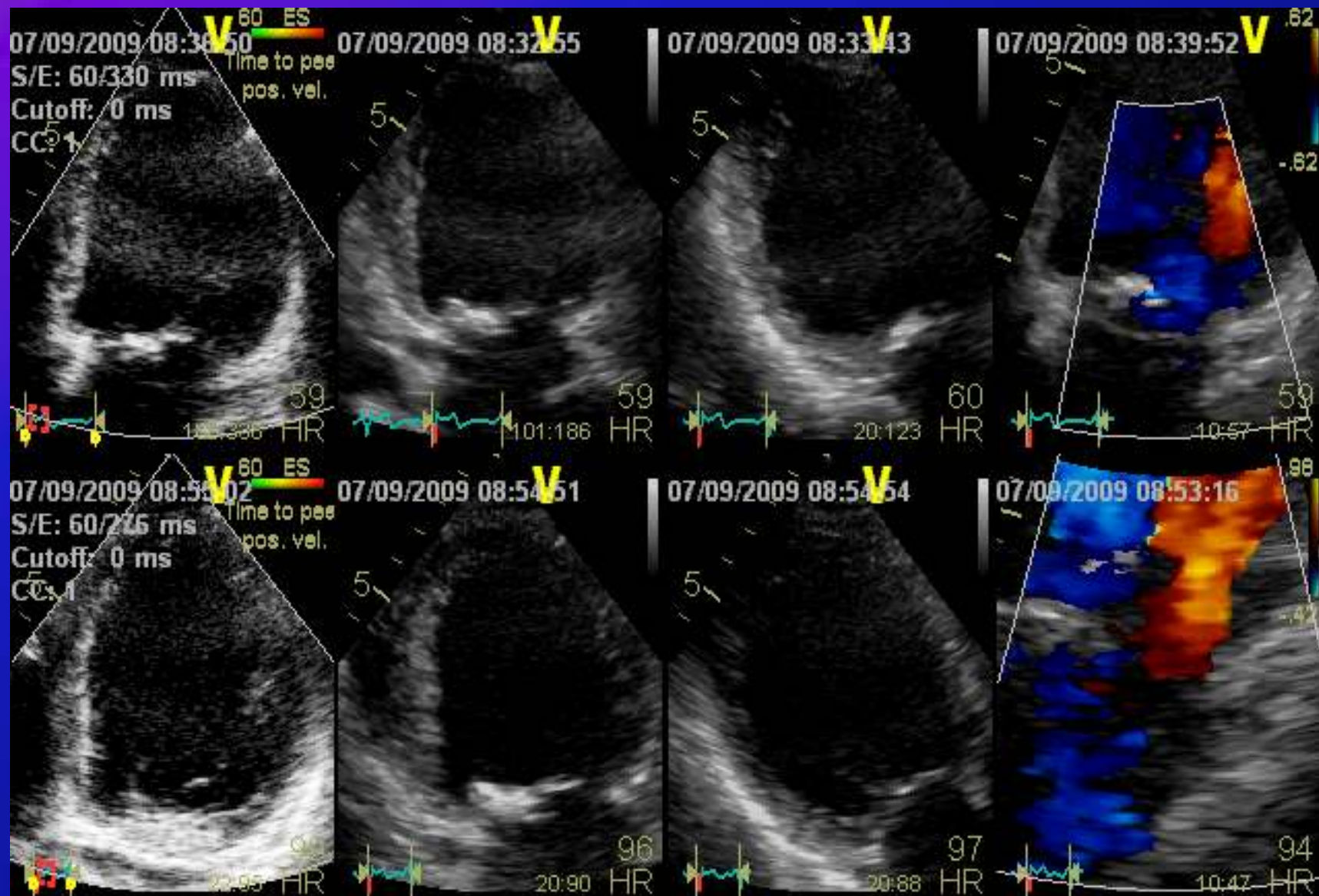
Giga et al, Eur HJ 2005

DYNAMIC DYSSYNCHRONY

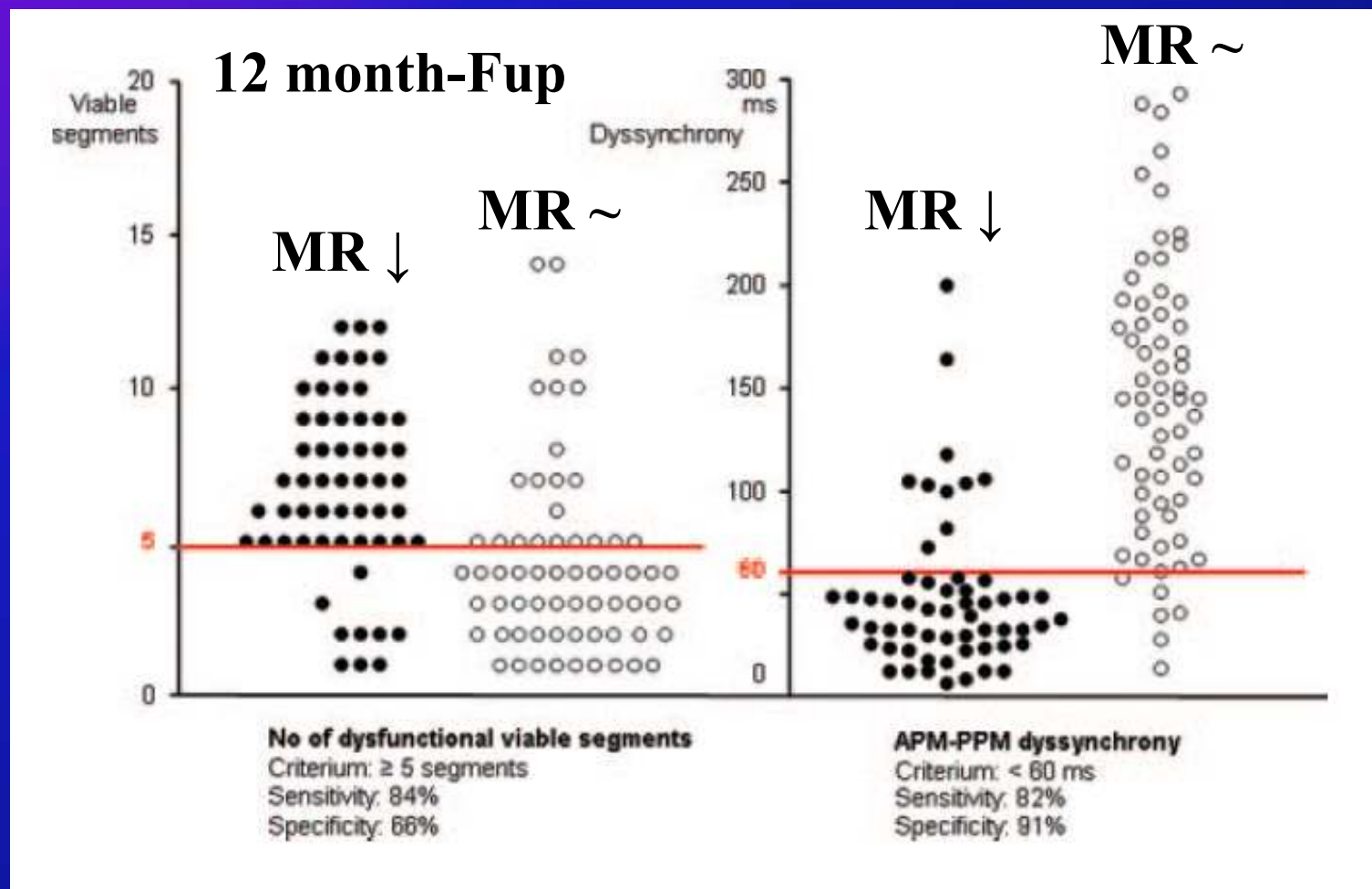


Lancellotti et al Am J Cardiol 2005,96:1304

CASE 2 NYHA II, Episodes of acute dyspnea



Predictors of Improvement of Unrepaired Moderate Ischemic Mitral Regurgitation in Patients Undergoing Elective Isolated Coronary Artery Bypass Graft Surgery



MR ↓ in 47% of patients

Penicka et al Circulation 2009

CASE 3

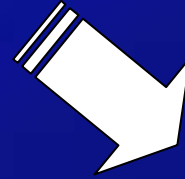
2000

NYHA II
Pulmonary edema
History of MI



2001

NYHA III
HF admissions



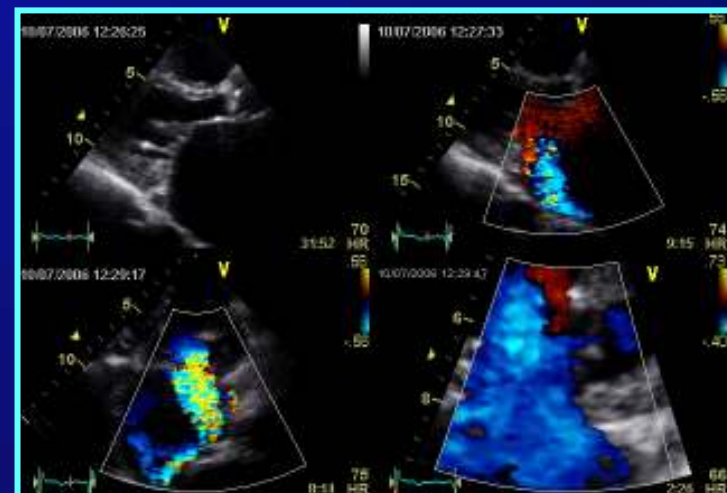
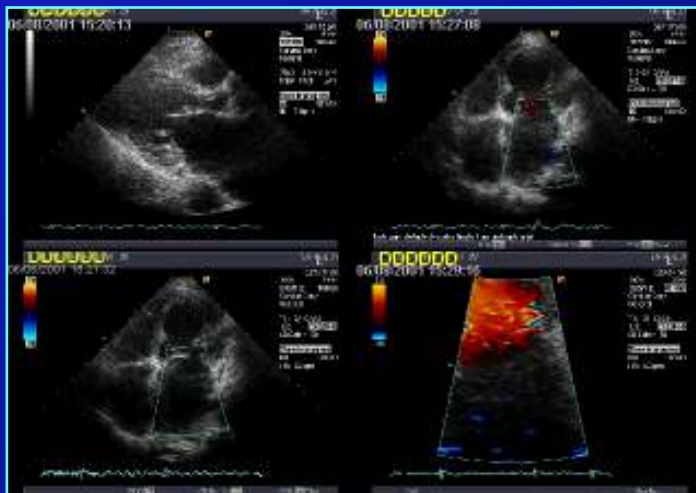
2006

NYHA IV
AMBULATORY
No pulmonary edema

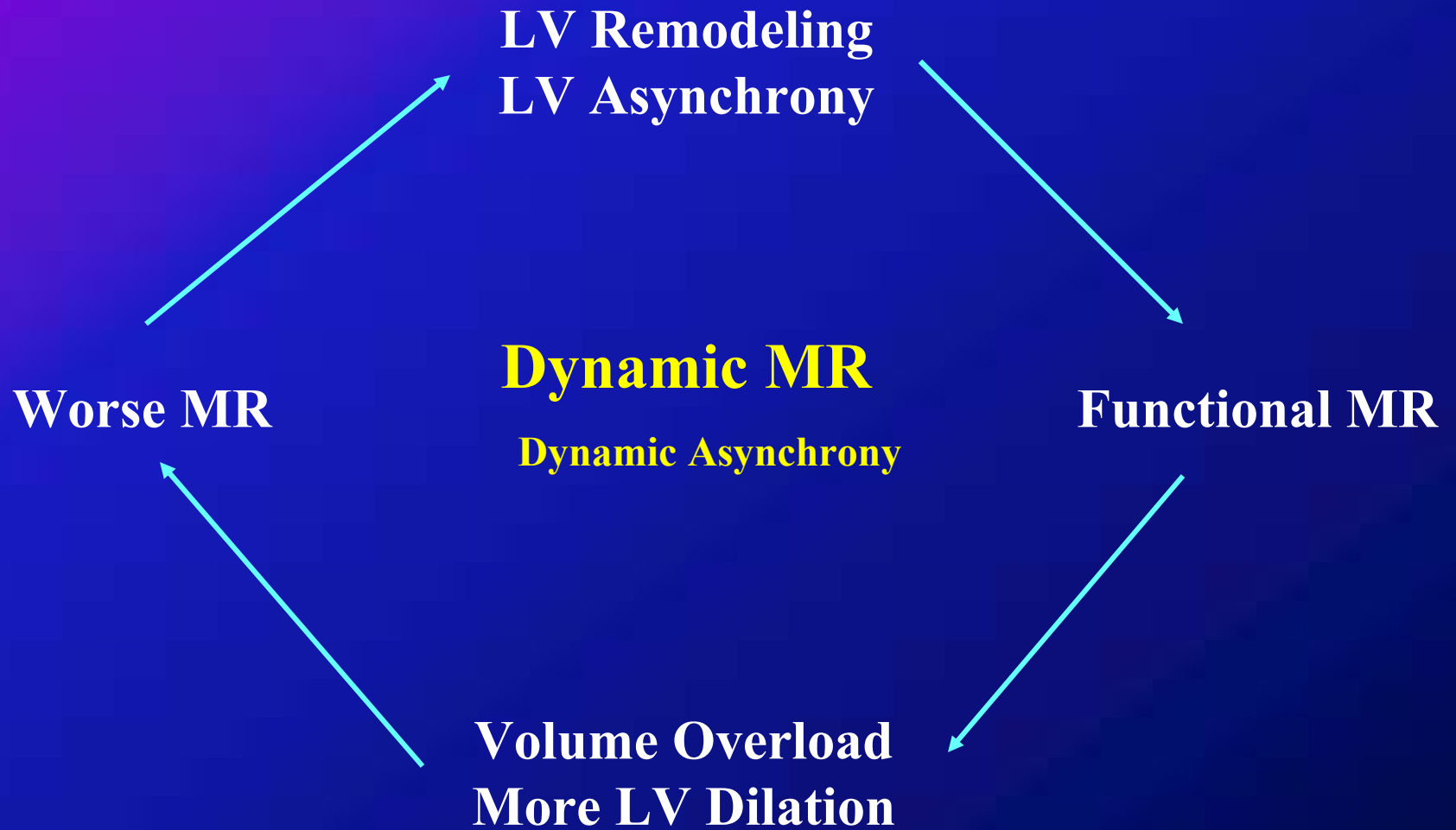
EVOLUTION

Dynamic MR+ progressive LV remodeling

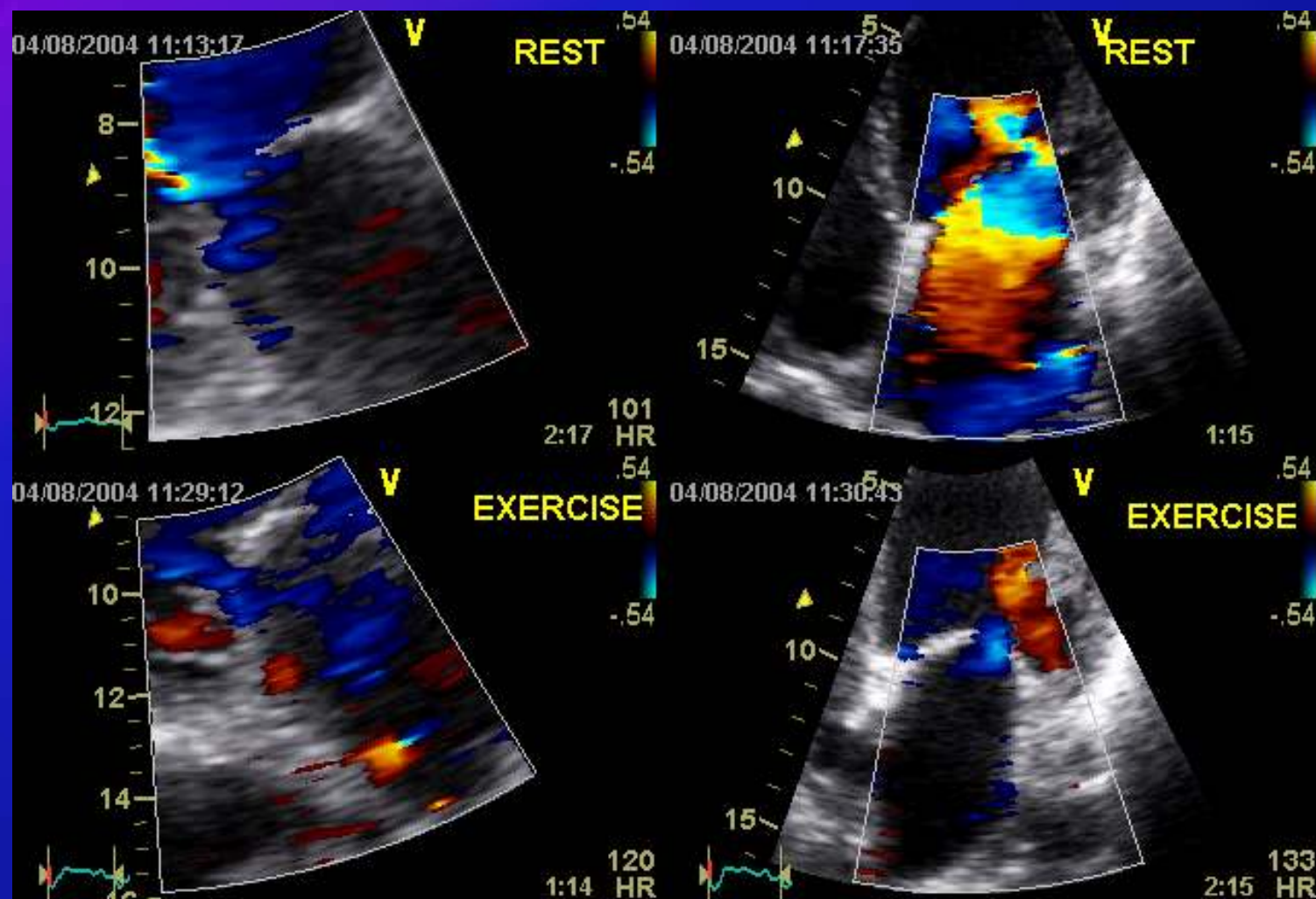
	2001	2004	2005	2006
	Rest/Exer	Rest/Exer	Rest/Exer	Rest
MAD (cm)	4.6/4.4	4.8/5.7	4.9	5.1
ERO (mm ²)	18/31	35/52	36/50	50
R Vol (ml)	34/53	68/87	63/59	79
EDV (ml)	168	197	247	262



Deleterious vicious circle

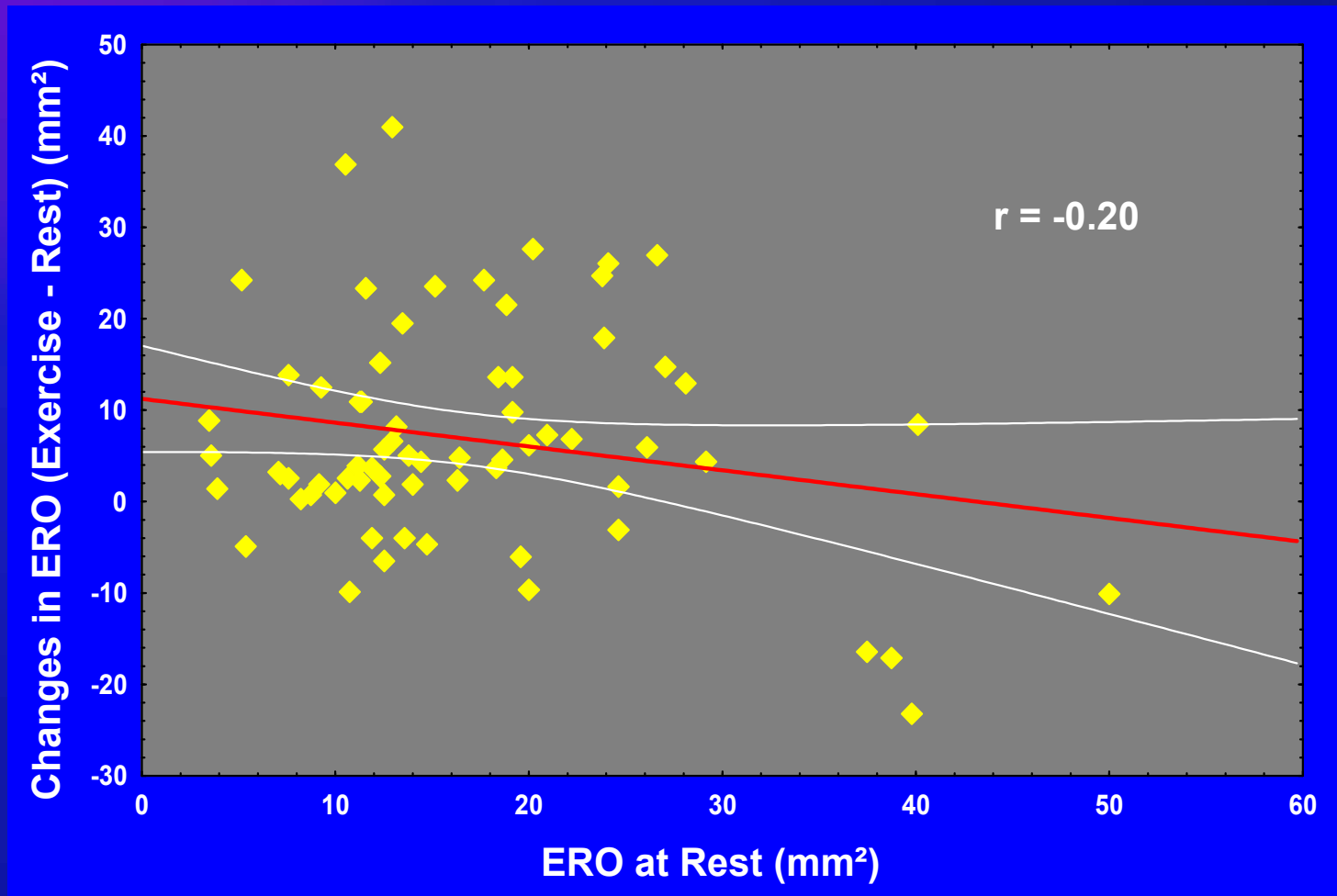


CASE 4 NYHA II



Lancellotti et al JACC 2003, 42,1921

EXERCISE-INDUCED CHANGES IN MR ?



Lancellotti et al JACC 2003, 42,1921

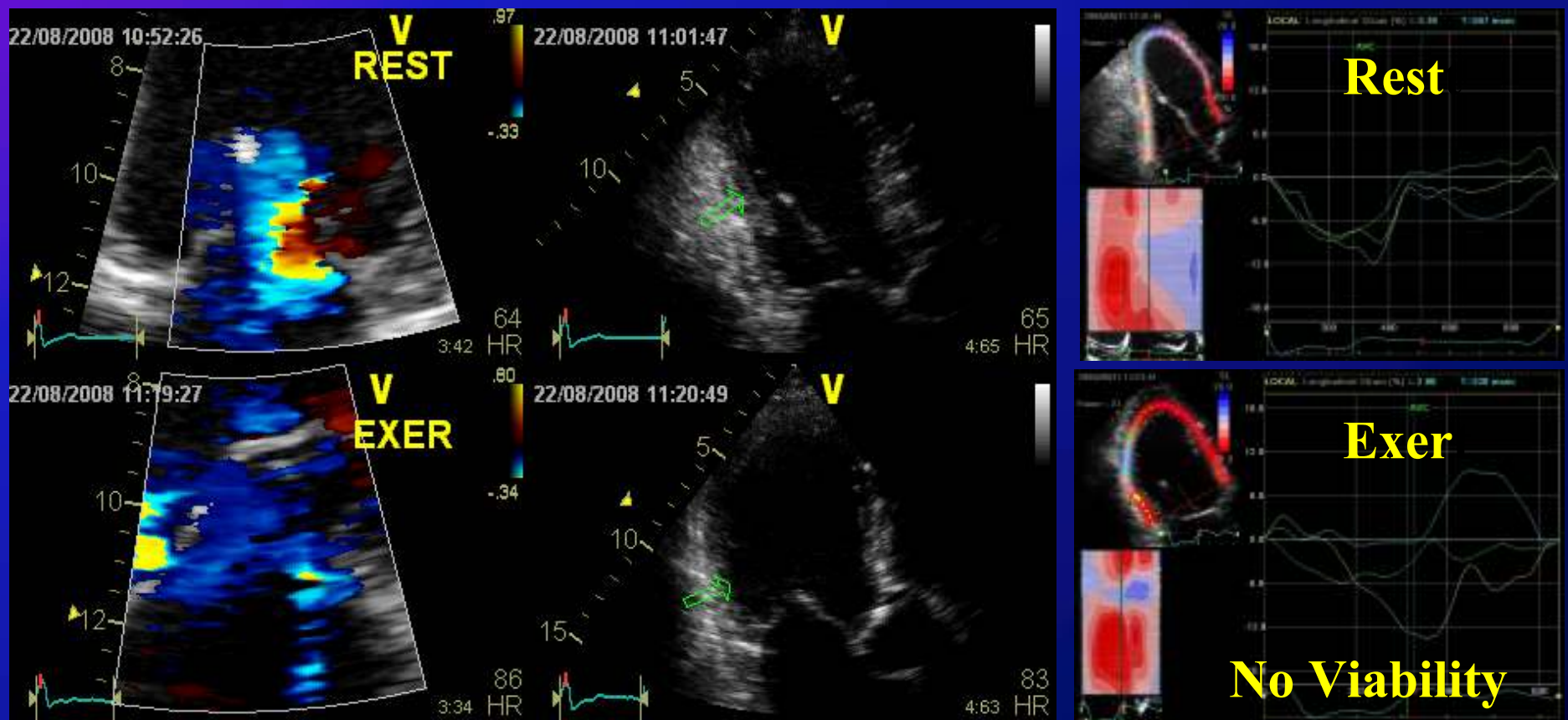
EXERCISE-INDUCED CHANGES IN MR



About 30 % have dynamic MR

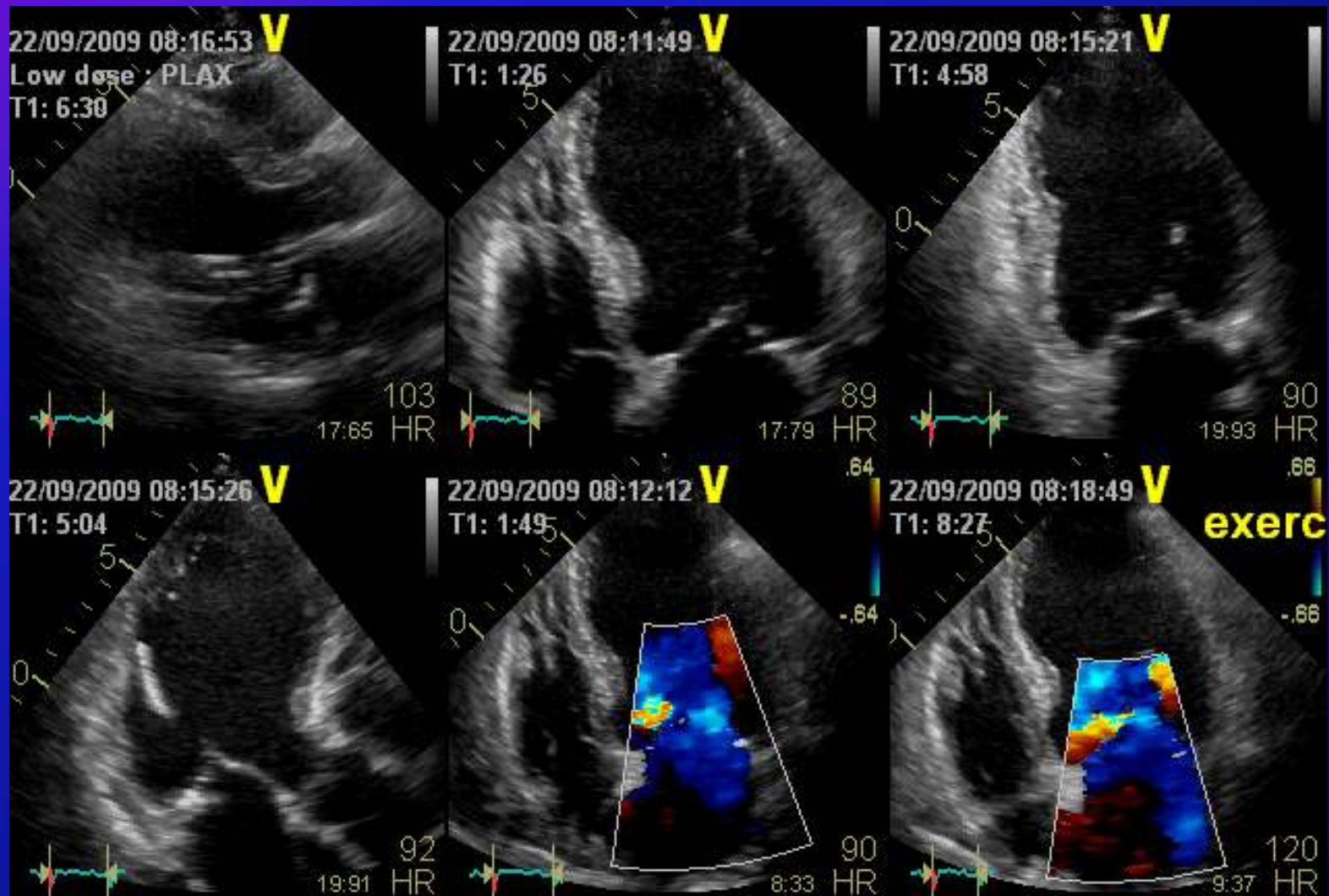
CASE 5 Man of 72 y old who was in NYHA III, QRS 122 ms,
No significant coronary stenosis

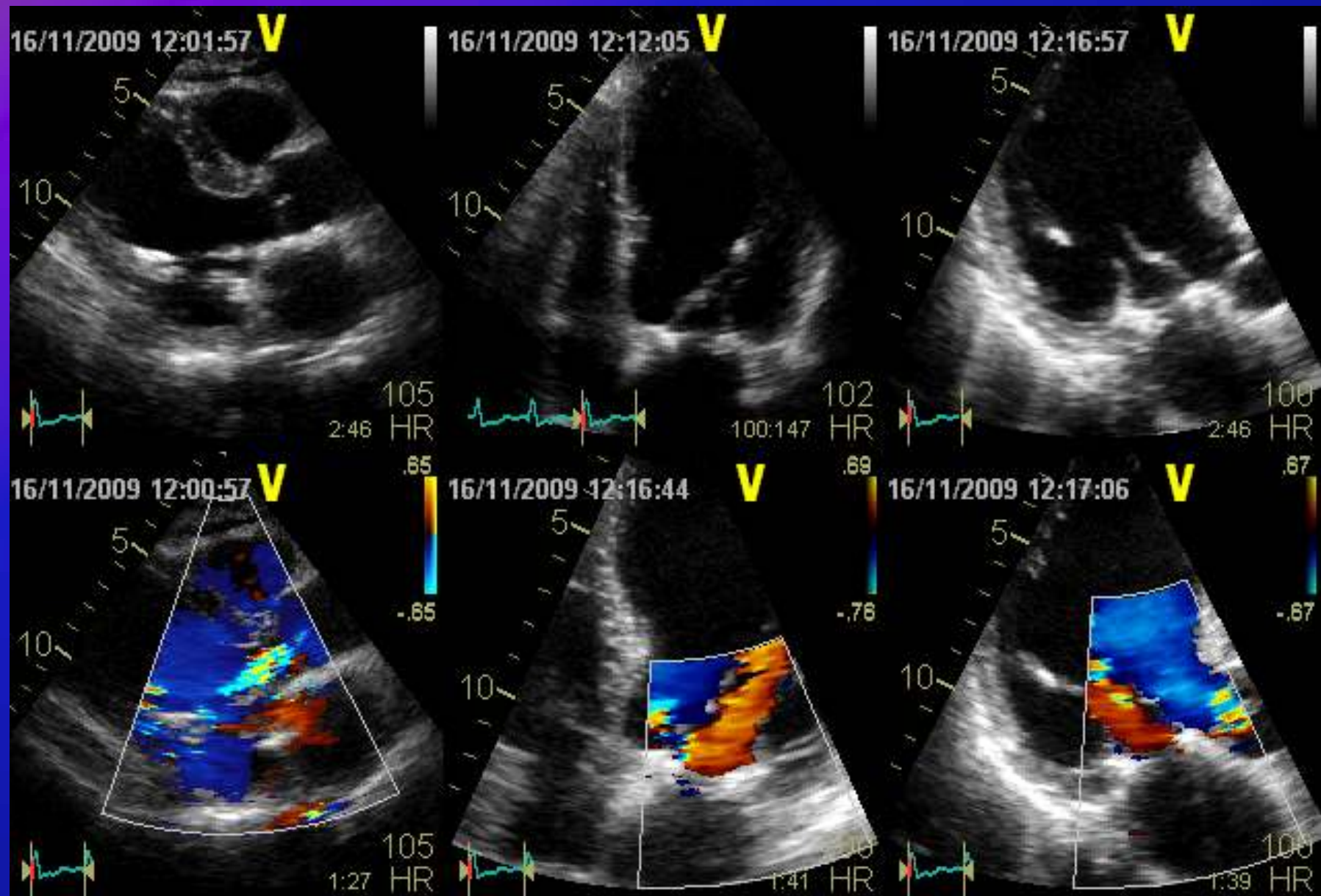
Mechanisms of dyspnea ? + CRT ?,



Lancellotti et al. Heart 2008;94:1497-1502

CASE 6 Man of 51 y old, NYHA III, APE, Renal Failure





PERSISTENT DYNAMIC MR AFTER CABG ALONE

Grade MR	At rest	CABG group	Under exercise	CABG+MVR group	At rest
			N° Pts		
No MR	-		-	39	42
				3 Pts (7%) stop for fatigue	
Trivial	2	→	2	3	3
		10 pts (80%) Asymptomatic			
Mild	17	→	10	-	-
		7 pts (40%) stop symptoms			
moderate	12	→	10	-	-
		3 pts (25%) Asymptomatic			
Moderate-to-severe	17	→	9	-	-
		8 pts (76%) stop symptoms			

Fattouch K, JTCS 2009

EXERCISE ECHO : IN WHOM ?

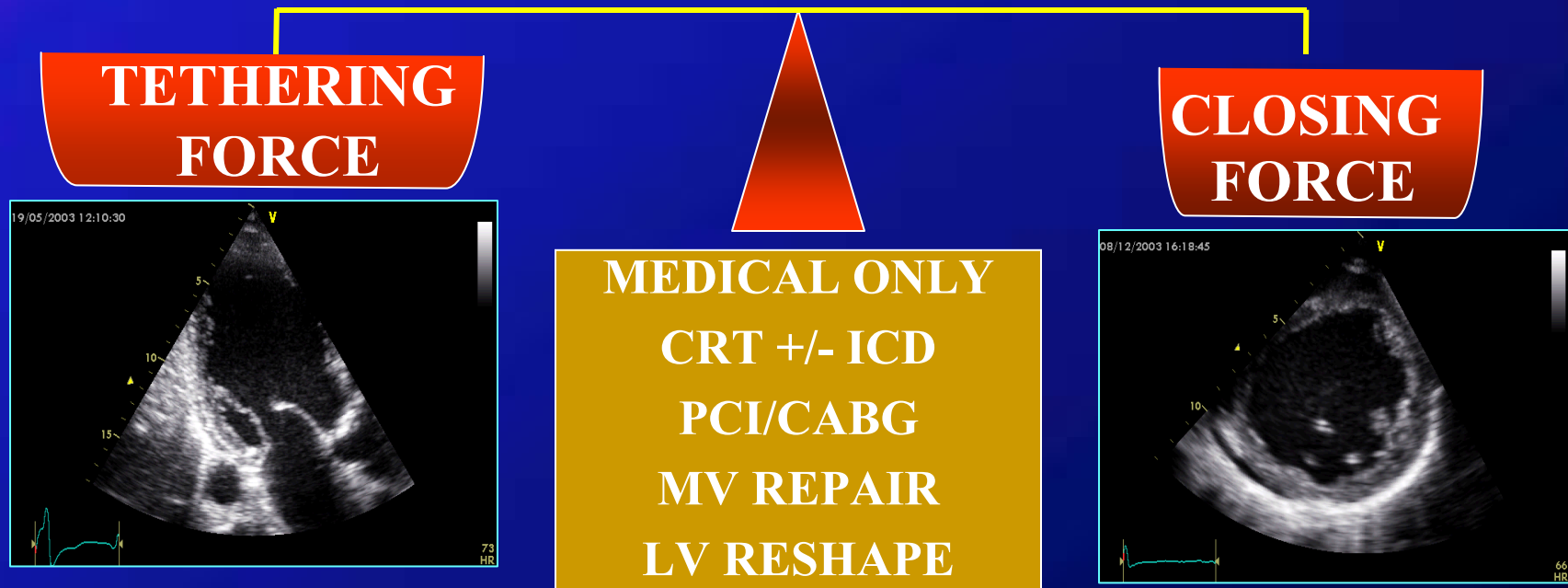
- Unexplained (LV systolic dysfunction)
 - Dyspnea
 - Acute pulmonary edema
- Risk stratification
- Before bypass grafting in pts with moderate MR

MANAGEMENT OF ISCHEMIC MR

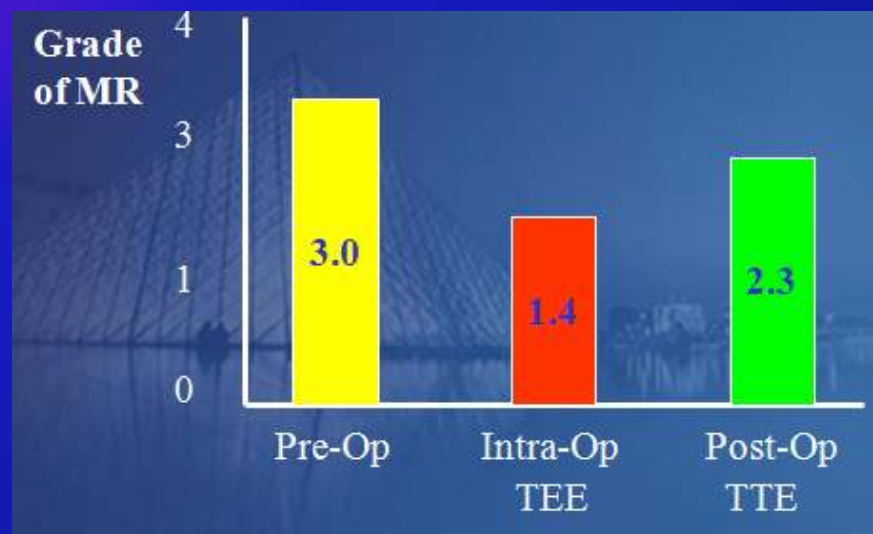
Clinical : HF symptoms, Decompensated HF, Comorbid factors

Echo : ERO $> 20 \text{ mm}^2$, Dynamic MR (MR $> 13 \text{ mm}^2$ at exercise) LV remodeling and sphericity, LV asynchrony

Viability +/- Ischemia (stress echo or MRI)



Intraoperative TEE Downgrades Functional MR



Possible methods :

Intraoperative TEE

+ preload and afterload challenges

rapid volume loading until PCWP 15 to 18 mmHg

IV phenylephrine until mean arterial P = 100 mmHg

ROLE OF IMAGING IN ISCHEMIC MR

- Diagnosis, severity and repercussion
- Risk stratification
 - Rest : $ERO \geq 20 \text{ mm}^2$
 - Dynamic MR at exercise: $\geq 13 \text{ mm}^2$
 - Viability/Ischemia
 - LV Remodeling
- Help to management
 - Patient selection for CRT
 - Patient selection for surgery
 - Identify markers of MV annuloplasty failure



Magritte: La clairvoyance

